

## Donkey Work Made Easy

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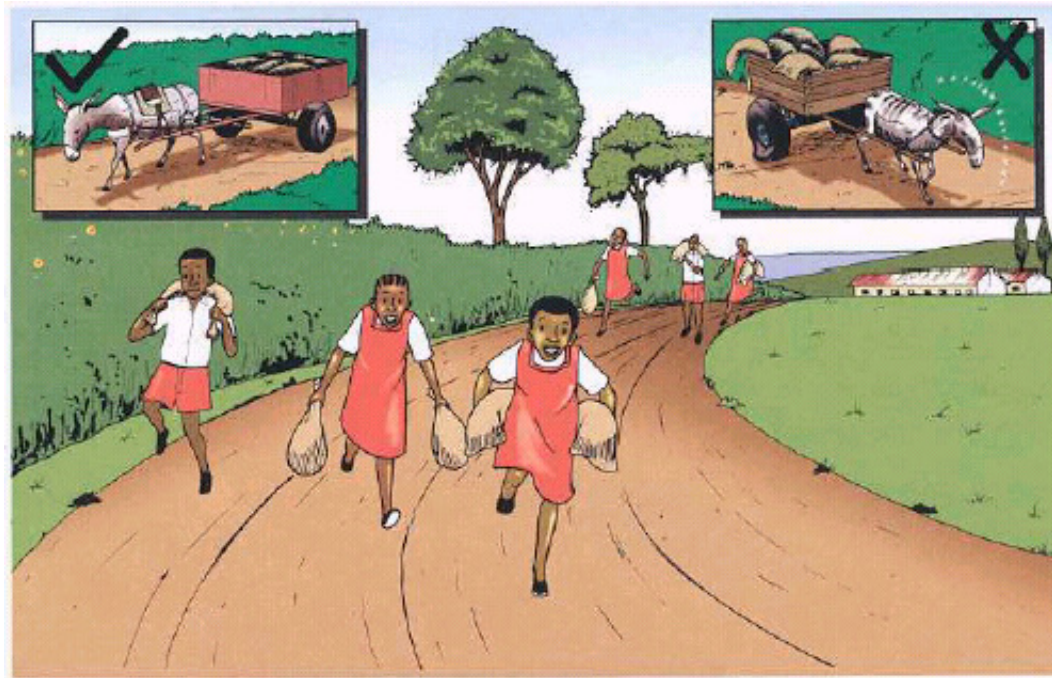
**Design by: Development Communications Ltd, Nairobi,  
Kenya**

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**For information on equine harnessing: International League  
for the Protection of Horses (ILPH), Anne Colvin House,  
Snetterton, Norwich, Norfolk NR16 2LR, UK.**

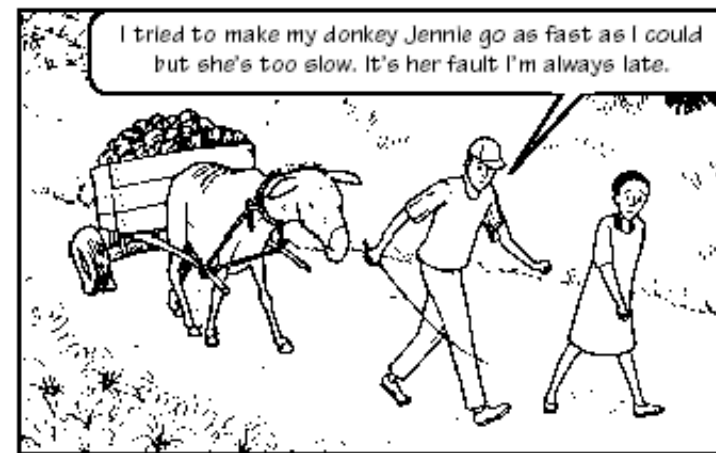
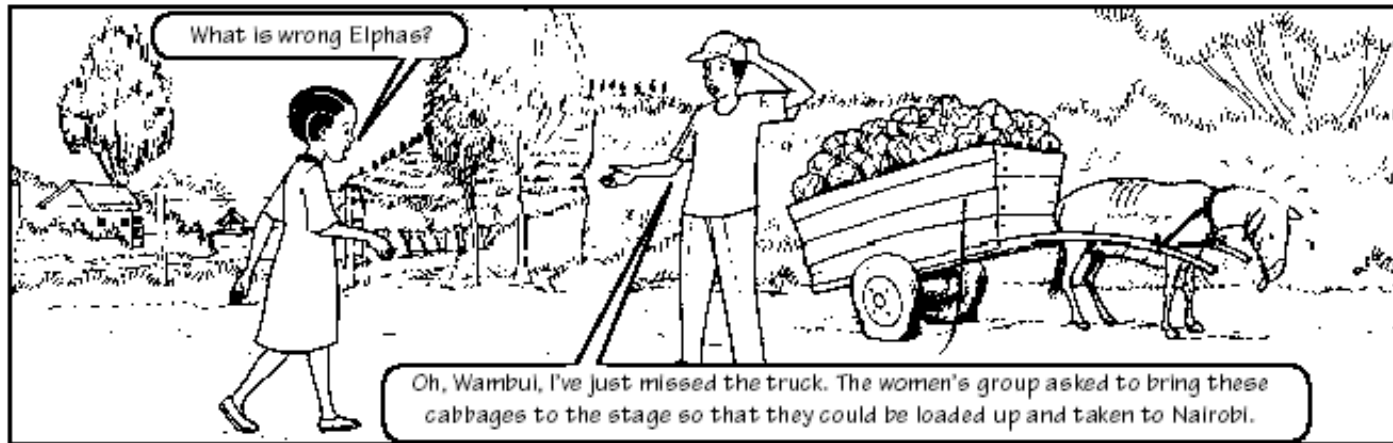
**Email: [hq@ilph.org](mailto:hq@ilph.org)**

**12pp**



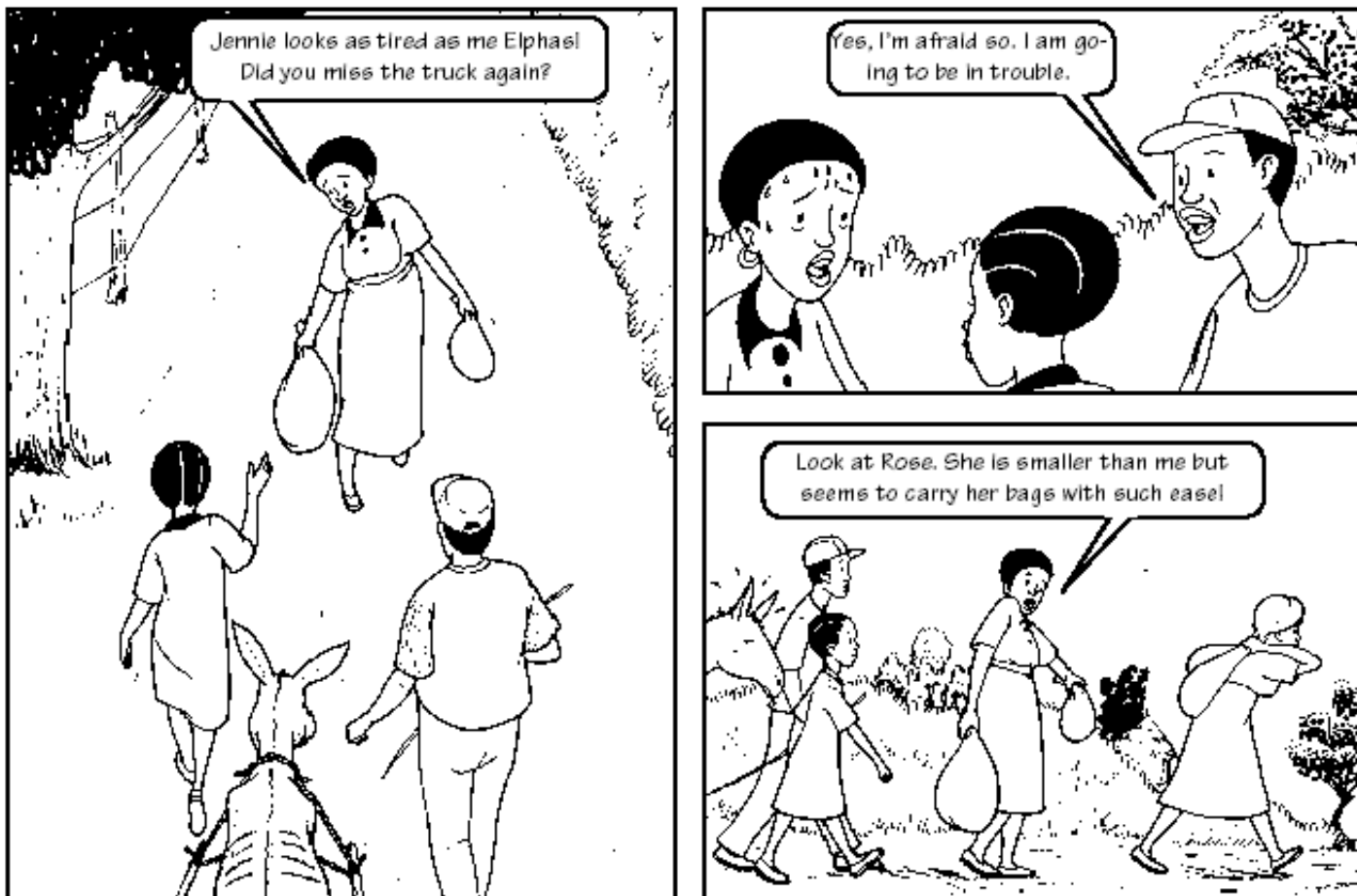
Wambui finds out...

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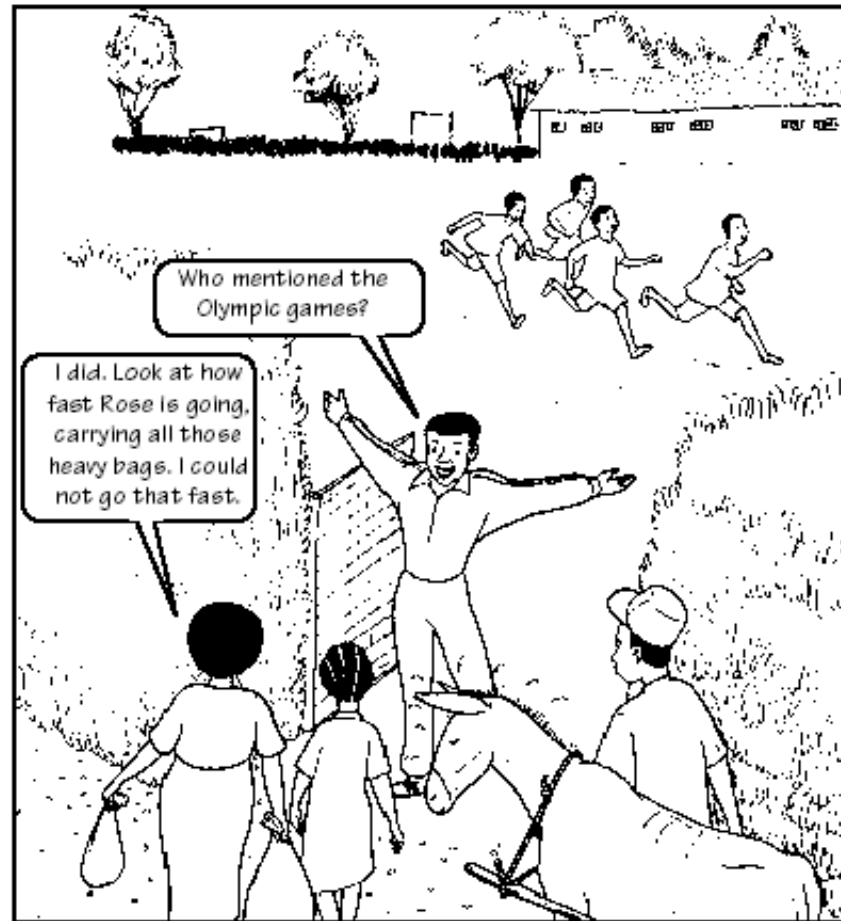
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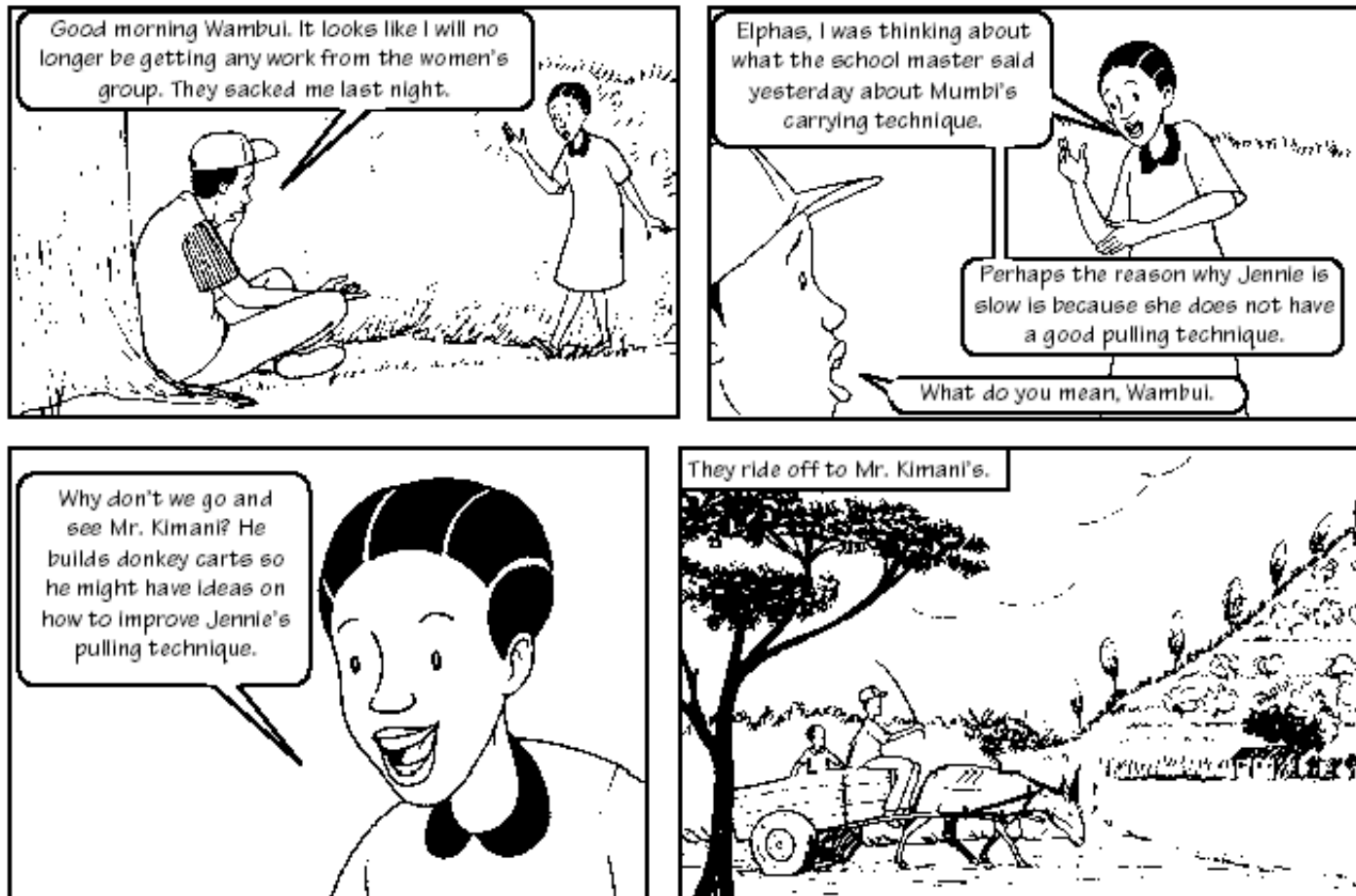
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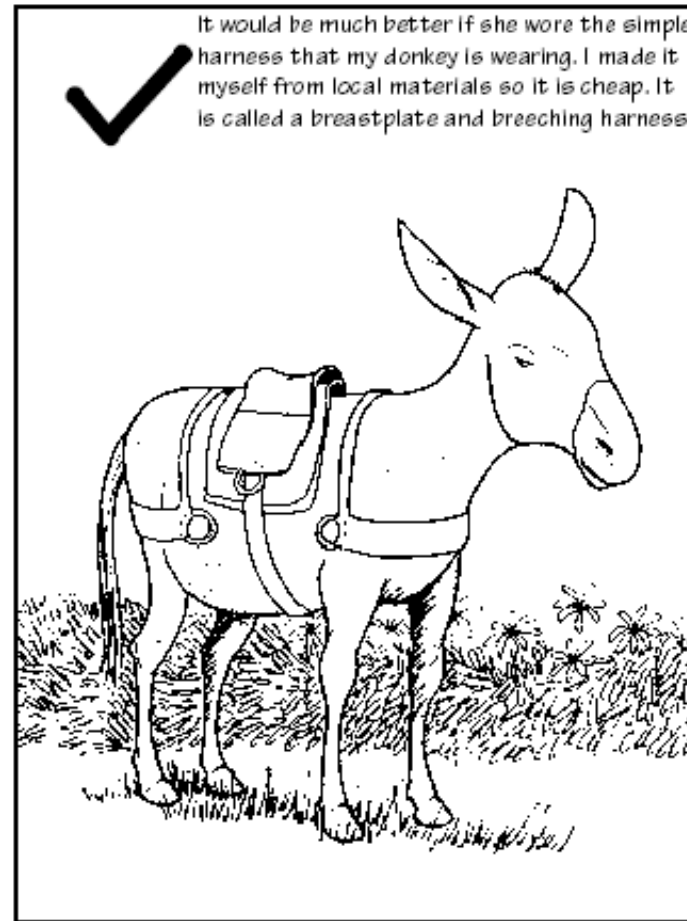
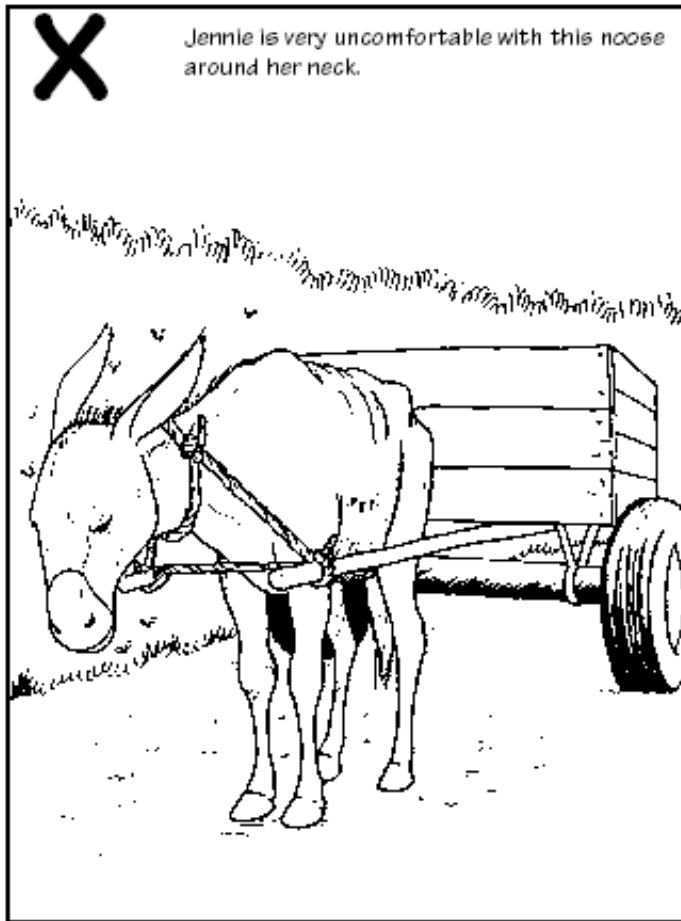
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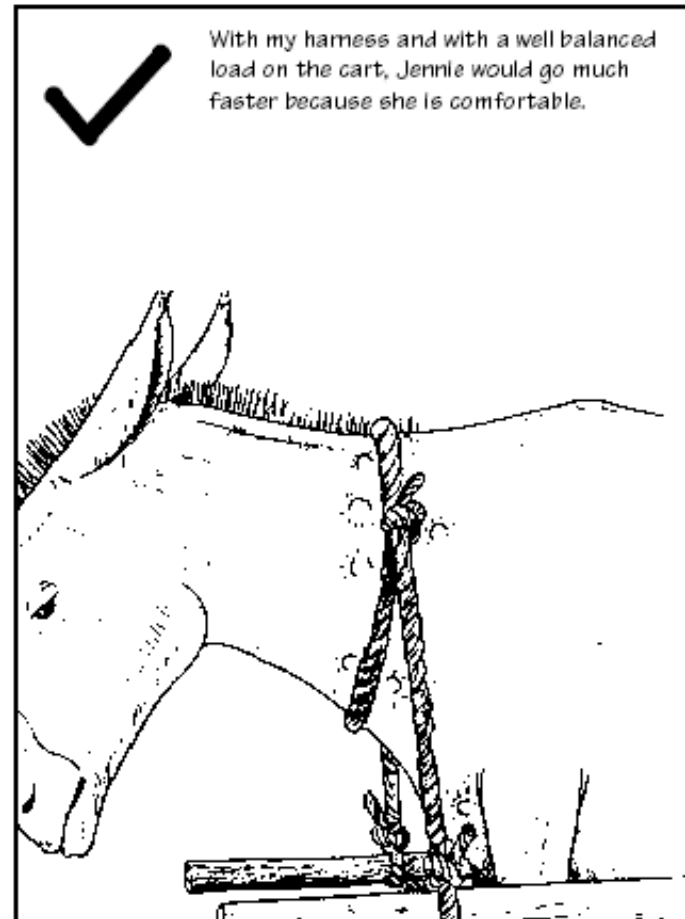
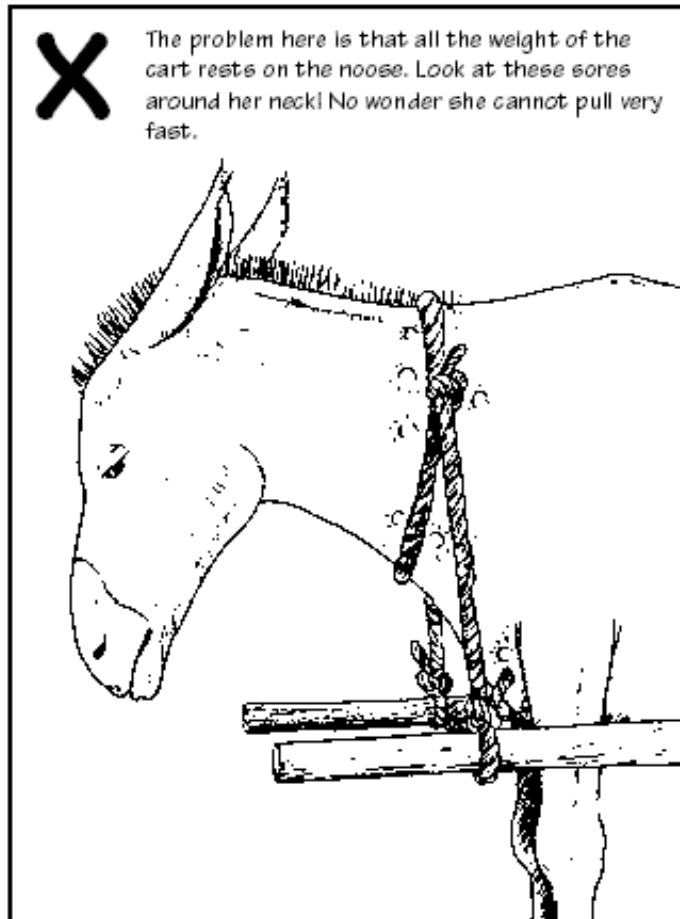
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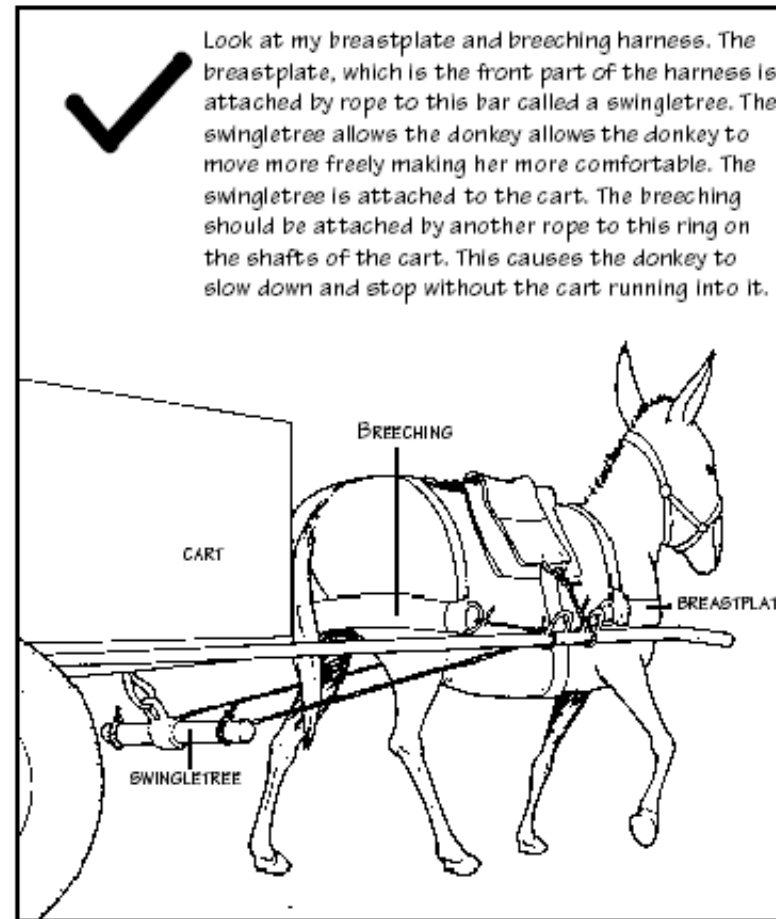
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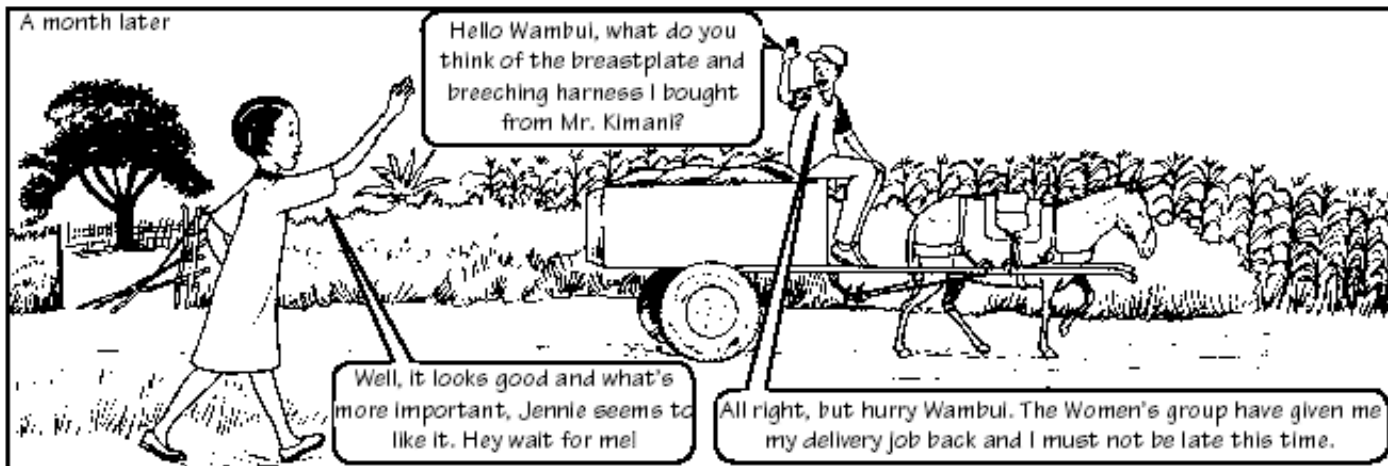
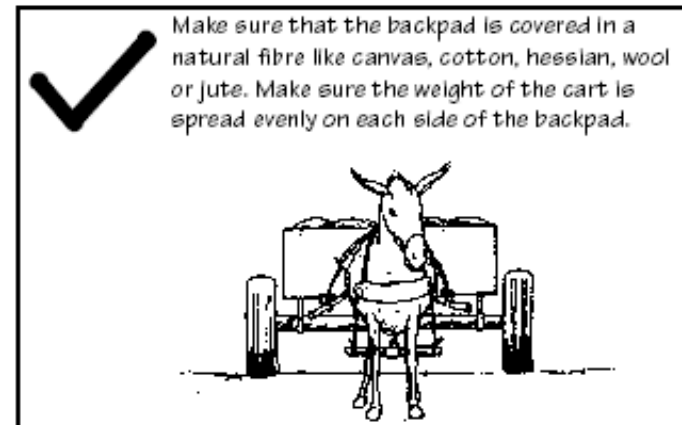
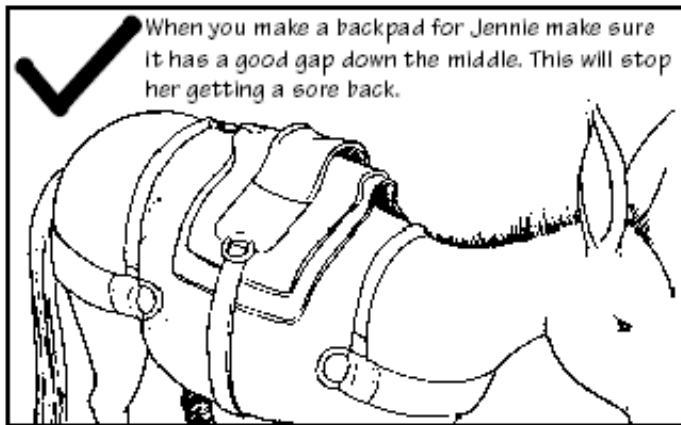
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Next time you have a sports lesson try a race where some of you carry unbalanced loads and others carry balanced loads. See who moves fastest and who gets tired first.

