

Turning information and insight into actionable business outcomes.

# **Ground-breaking Clinical Research with Predictive Analytics**

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A scientific program of data acquisition and reporting, for the improvement of healthcare

# Background: Metro Spinal Clinic

IBM. 🕸

- Specialist medical facility established in 1988
- Musculoskeletal disorders involving;
  - Spine, muscles/joints, headaches, neck pain to low back pain and disc pain to more complex conditions
- Employs approx 30 staff, including 3 founding partners and 6 other physicians.



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# Treatment of pain is a complex challenge



#### Requires

- accurate diagnosis
- precise understanding of location and intensity

#### No objective external way to measure pain;

- the patient must be carefully questioned





#### Building accurate measurements into clinical processes

#### Quantification is important

- Difficult to measure the success of treatments
- Many clinical decisions based on anecdotal evidence
- Amass a body of data that would be hugely valuable in assessing the effectiveness of different treatment methods.



#### Initial Data Collection Choices

#### Mail

• cheapest, wide coverage, standardised, low response rate

#### **Telephone**

 medium cost, wide coverage, medium response rate, standardisation depends on interviewer

#### Face to face

• most expensive, coverage depends on personal contact, highest response rate

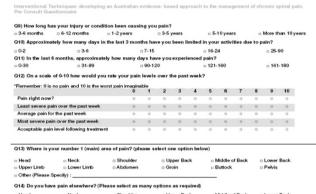


# Paper Questionnaires

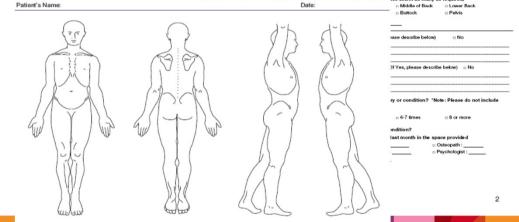
#### **Difficulties**

- Struggles with the volume of paper
- Imprecise and difficult to interpret
- High postage costs >\$10/Qx
- Data entry costs, subject to human error
- Incomplete forms
- Follow up rate of 60-80%

Needed to find a better solution



Groin



n Lower Limb

a Abdomen

□ Upper Limb

□ Other (Please Specify) :



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from "The Lowbackpain CD ROM - A Guide for the General Practitioner"

This sheet may be reproduce



# Electronic vs. Paper Data Collection

#### Why use electronic instead of paper?

- · Standardised,
- Structured instrument,
- Focus on closed ended questions,
- Administered in a standard way
- Ability to filter questions
- Randomise order of responses
- Mandatory questions

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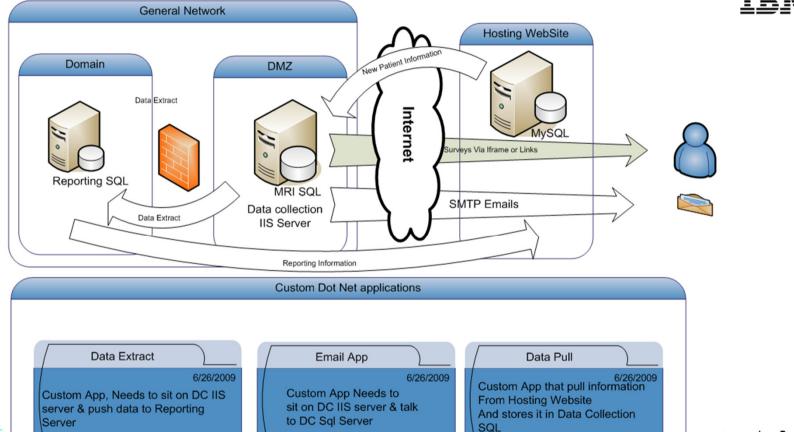
#### Brief to SPSS

- Allow client to determine surveys for patient using a .Net front end
- Allow clients online access report screens and printed reports for patients
- Calculate scores for patients in real time
- Patients to automatically receive personalised email links to on-line surveys
- Allow building of customised reports

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# Proposed Data Acquisition and Reporting System

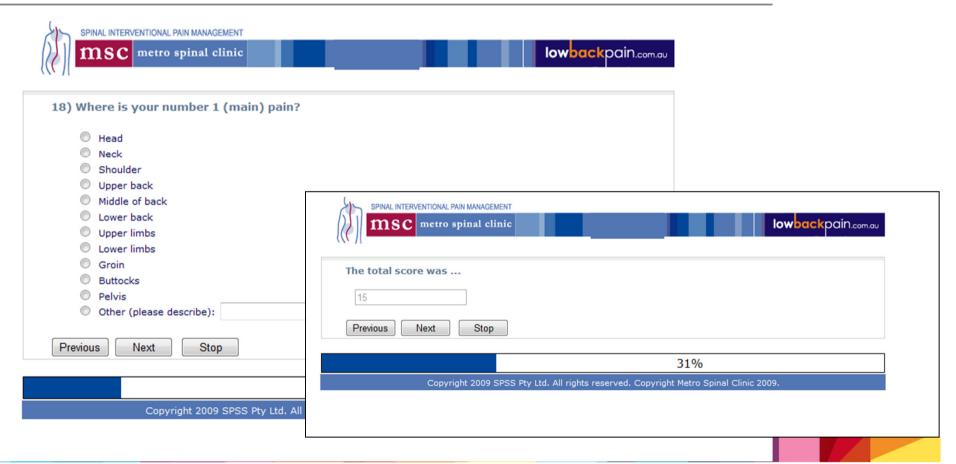




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# Proposed Solution – IBM SPSS Data Collection







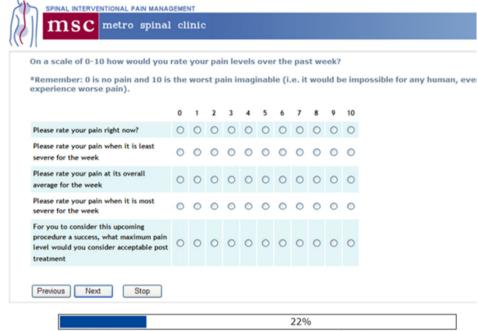


IBM SPSS Statistics

#### Intuitive online patient data system

- To increase efficiency
- Increase rates of patient compliance
- · Easy access, analysis and reporting





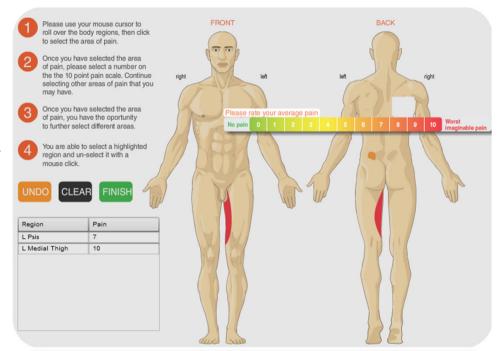
Please don't hesitate to contact the clinic on 03 9595 6111 if you have any questions.



# Data Collection: Body Image



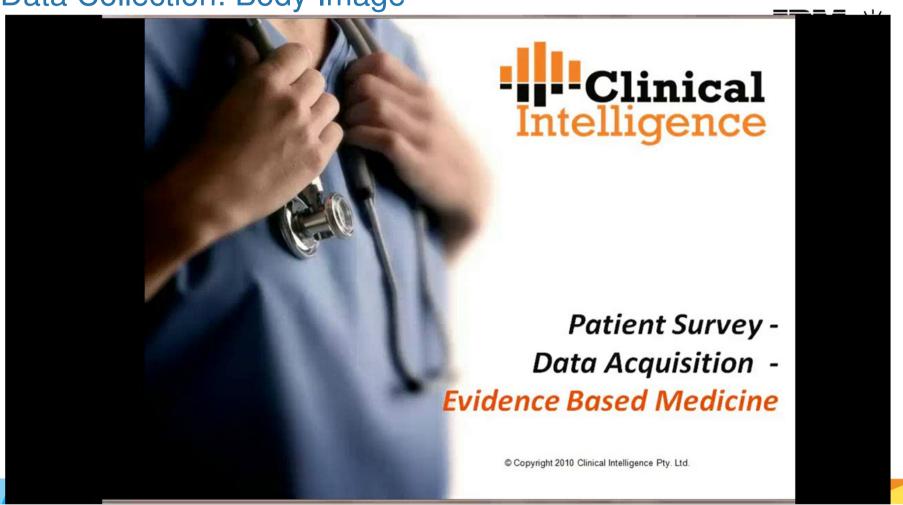
- Select defined areas of pain
- Individually rate the severity of the pain
- Qualitative analysis of pain condition over time



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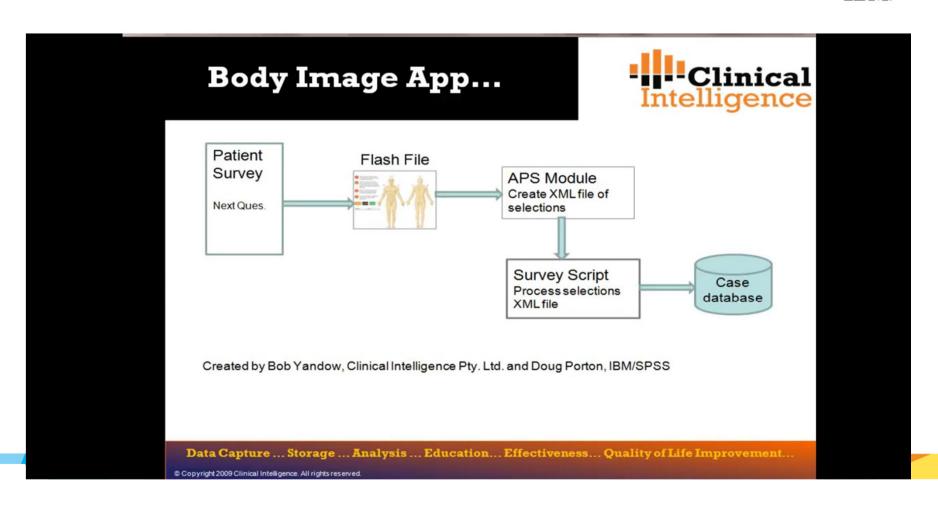
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# Data Collection: Body Image



# **Data Collection: Body Image**

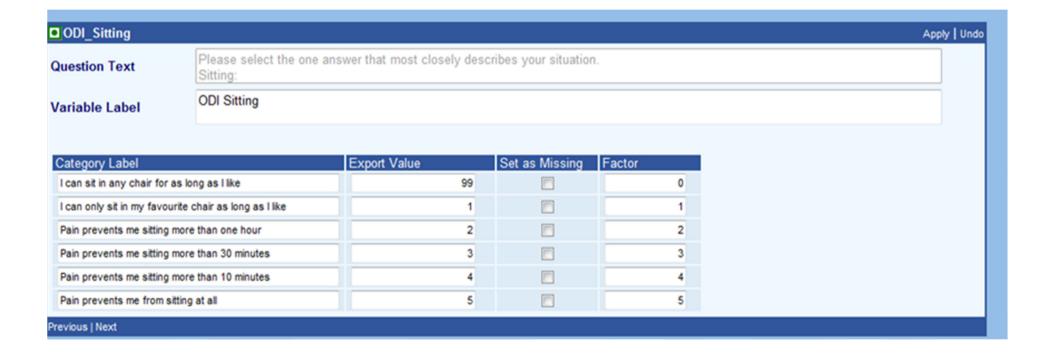
IBM,



### Data Export and Storage



- Questionnaire variables weighted and exportable .SAV and .XLS
- Storage –SQL database, offsite server



# IBM SPSS and Clinical Intelligence



#### Collaboration Benefits

- Reduced survey administration time by 75%
- Eliminated majority of printing and posting expenses
- Cost per survey has reduced by 89%

#### Clinical Intelligence Benefits

- Qx can be completed in-clinic on a touch pad, or on a home PC
- Improved follow up rates 85-100%

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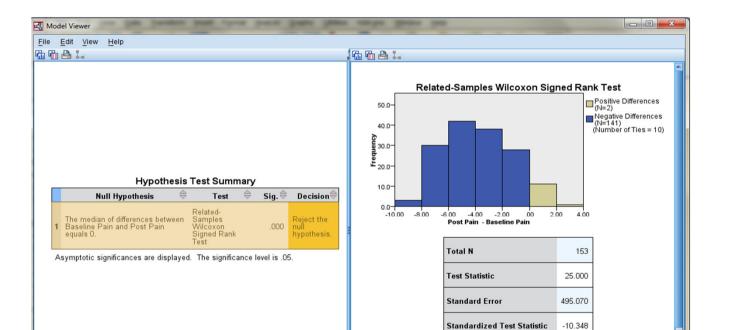
### Types of analysis done with SPSS Statistics

- Non-parametric means testing

Field Filter: --SHOW ALL-- ▼ View: Hypothesis Summary View ▼ Reset

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■ Statistical change in clinically meaningful variables – Pre & Post Pain



Asymptotic Sig. (2-sided test)

View: Related Samples Test View ▼ Test: Wilcoxon Signed Rank ▼

Field(s): Post Pain - Baseline Pain(Test 1)

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#### Types of analysis done with SPSS Statistics



- Bivariate Correlations
- Correlation between improved pain relief and;
  - Increased capacity for paid employment, decrease in analgesic use and patient satisfaction
- Non smokers are more likely to achieve greater pain relief

#### Correlations

[DataSet1] P:\Clinical Intelligence\Deidentified PNFS patient data for IBM Modeler.sav

Correlations							
		PainRelief	Changes to capacity for paid employment	Changes to analgesic use	Patient satisfaction	Smoker	
PainRelief	Pearson Correlation	1	.385*	.418 <sup>**</sup>	.565**	272 <sup>*</sup>	
	Sig. (2-tailed)		.011	.000	.000	.016	
	N	153	43	83	81	78	
Changes to capacity for paid employment	Pearson Correlation	.385*	1	.542**	.376*	.252	
	Sig. (2-tailed)	.011		.001	.024	.245	
	N	43	43	33	36	23	
Changes to analgesic use	Pearson Correlation	.418**	.542**	1	.539**	.089	
	Sig. (2-tailed)	.000	.001		.000	.594	
	N	83	33	83	58	38	
Patient satisfaction	Pearson Correlation	.565**	.376*	.539**	1	.092	
	Sig. (2-tailed)	.000	.024	.000		.562	
	N	81	36	58	81	42	
Smoker	Pearson Correlation	272 <sup>*</sup>	.252	.089	.092	1	
	Sig. (2-tailed)	.016	.245	.594	.562		
	N	78	23	38	42	78	

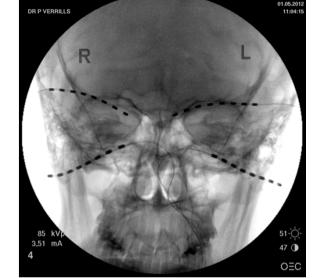
<sup>\*,</sup> Correlation is significant at the 0.05 level (2-tailed).
\*\*. Correlation is significant at the 0.01 level (2-tailed).

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#### **Better Decision Making**

- Reducing lead migration rates
- Treatment: Occipital nerve stimulation for intractable headache disorders
- Complication: Lead Migration
- Cause: Predictive analytics and regression models identify possible related factors.
- Result: improvements to clinical practice;
  - Most complications occurred within the first year
  - length of implant time was not found to be a factor
  - Introduced new suturing techniques and the use of anchors to maintain lead placement
  - Of the 172 patients implanted over the past 4 years, steadily reduced lead migration rates;

2008	2009	2010	2011
4 cases	2 cases	1 case	1 case



# Harnessing the power of IBM SPSS & Clinical Intelligence

- Recently published results of a major clinical study
- Results of 100 consecutive cases where we'd used these implants



# Peripheral Nerve Field Stimulation for Chronic Pain: 100 Cases and Review of the Literature

Paul Verrills, MD, David Vivian, MD, Bruce Mitchell, MD, and Adele Barnard, PhD

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#### Abstract

Objective. To evaluate the clinical outcomes of 100 consecutive patients receiving peripheral nerve consecutive patients receiving periphera nerve field stimulation (PNFS) for the treatment of chronic

Design. Prospective, observational study.

Setting. A private interventional pain specialty

Patients. One hundred consecutive private practice Patients. One number consecutive private practice patients receiving PNFS for the treatment of chronic parients receiving Fiars for the deadness of chronic craniofacial, thorax, lumbosacral, abdominal, pelvic,

Outcome Measures. Pain (11-point numerical rating scale), complications, changes to analgesic use and employment status, disability (Oswestry or and emproyment status, disability (Contestly of Neck Disability Indexes), depression (Zung Depression)

Results. We demonstrate an average pain reduction of 4.2 ± 2.5 pain scale points on an 11-point ea

PNFS has the potential to fundamentally change the

Key Words, Peripheral Nerve Field Stimulation; Chronic Pain; Neuromodulation; Subcutaneous Lead Stimulation; Craniofacial Pain; Low Back Pain

#### Introduction

Neuromodulation generally involves the selective application of a programmable pulse waveform through a series of electrodes within a lead to stimulate afferent herve fibers or electrones with in a reduce the perception of pain [1]. This and subsequently, recare the perceptual of perilip. The treatment is most indicated in cases of severe localized pain, intractable to analgesics, and other conventional therapies. The use of electrical stimulation for the treatment of pain dates back to the late 1800s When Julius Althous applied alternating current electrotherapy to peripheral nerves for pain relief [1]. However, it was not perprieral nerves for pain rener [1], noverver, it was not until the publications by Melcack and Wal [2] and Shealy and colleagues [3] did neuromodulation in the form of spinal cord stimulation (SCS) become a noted alternative

Historically, SCS has primarily been used for widespread leg, buttock, and to some extent back pain, particularly, eg, currock, and to some extent cark pain, parucularly, following failed back surgery [4–14]. In some cases, SCS becomes ineffective over time with some contributing factors postulated to stem from criginal lead placement, lead migration, and changes in pain patterns [15,16]. Traditionally, SCS stimulation has not adequately covered and diminished axial back pain. In addition, it has falled to address pain in key regions such as the [17]. This led to individual

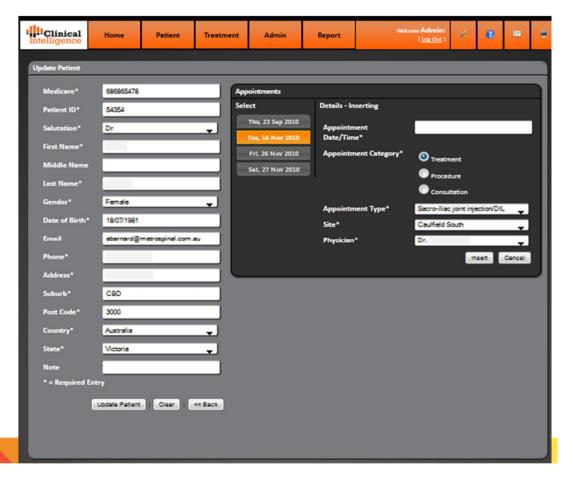


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# Participant Management System



- Appointment/treatment tracking
- Programed to seamlessly send out follow up questionnaires, based on appointments
- Significantly reducing admin overheads



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# Dashboard Interface -**Patient View**

- Respondent management
- Real-time access to individual outcome data over time
- Clinical interpretations



### Dashboard Interface -**Treatment Cohort**

- Real-time access to cohort data
- Data mining filters without the need to access complicated stat programs

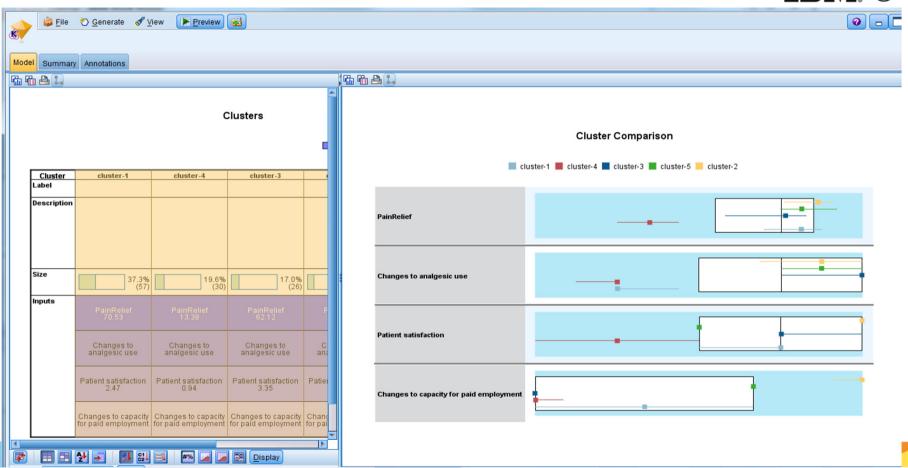




What's Next.....

# Data mining – clusters with similar results?

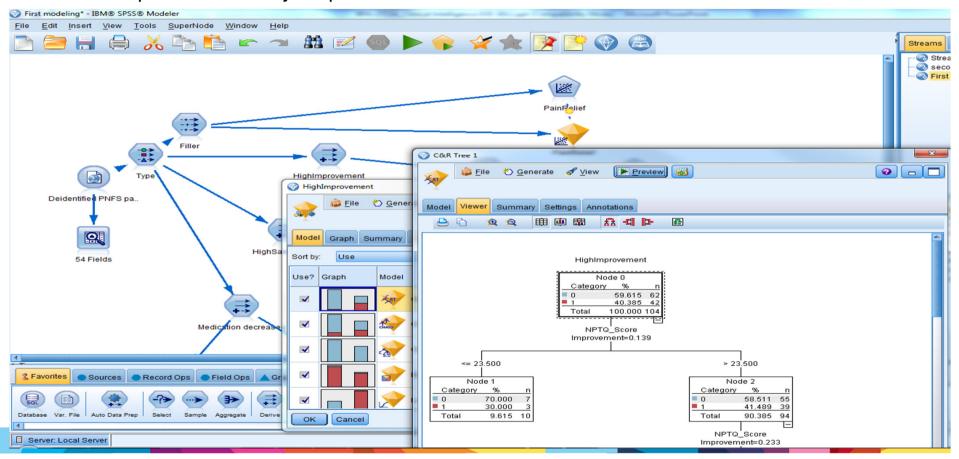




#### Predict outcomes

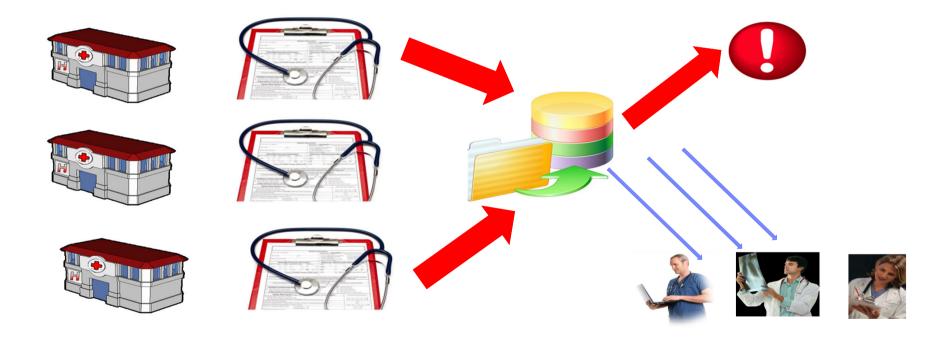


Can we predict who may respond better to certain treatments



# Collaborative analytics and deployment





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 ${\bf Smarter} \textbf{Analytics}$ 

# Predict psychological counselling treatment pathways

Chronic pain is debilitating condition, often confounded by certain psychological states.

- 1. Using a combination of psychometric questionnaires and predictive analytics
- 2. Red-flag patients who may benefit from psychological counselling prior to seeking treatment
  - High depression and/or state anxiety
  - Unrealistic treatment expectations
- 3. Identify at-need patients earlier in the treatment continuum
- 4. Shown to improve patient outcomes following treatments

#### Improving patient treatment



**SmarterAnalytics** 

- Clinical Intelligence provides ways to automate and integrate analytical processes into your clinical decision making.
  - Make more informed decisions
  - Improve patient outcomes through evidence based medicine
  - Deploy statistically valid clinical models based on questionnaire scores
  - Enable standardisation amongst physicians
  - Generate your own best practice clinical models based on your unique patient and treatment pool.
  - Treatment pathways triggered by preceding outcome data and results
  - Confidence in results

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# Benefits of IBM Analytics and Clinical Intelligence



- Our Clinical Intelligence systems provide an efficient tool for longitudinal and vertical health measurement.
- IBM analytics has made the process intelligent.

It's a smarter way of doing medicine.





# Let's Get Technical!

We will be showcasing our solutions through scheduled demos at our dedicated "Demo Zone". The demos are held throughout the breaks at the following times:

Time	Demonstration		
Morning Tea			
10:55am - 11:10am	Australian Open - Big Data and Analytics		
Lunch			
12:40pm - 12:55pm	Faster, Smarter Data Exploration and Visualisation		
1:00pm - 1:15pm	Social Media Analytics		
1:15pm - 1:30pm	Trusted Information for Analytics		
Afternoon Tea			
3:00pm - 3:15pm	Intelligent Investigation Manager		





# IBM Table Talk!

# Got questions?

Ask an IBM expert here today.

#### Continue the conversation with the IBM team

For more information on the solutions covered during this session, visit the IBM Table Talk zone in the pre-function area. Our subject matter experts are on-hand to answer your questions throughout the day.







# Become part of the dialogue.

Join us on: #SALive2013 @ibmbaanz

Tweet your questions for the panel discussion this afternoon.