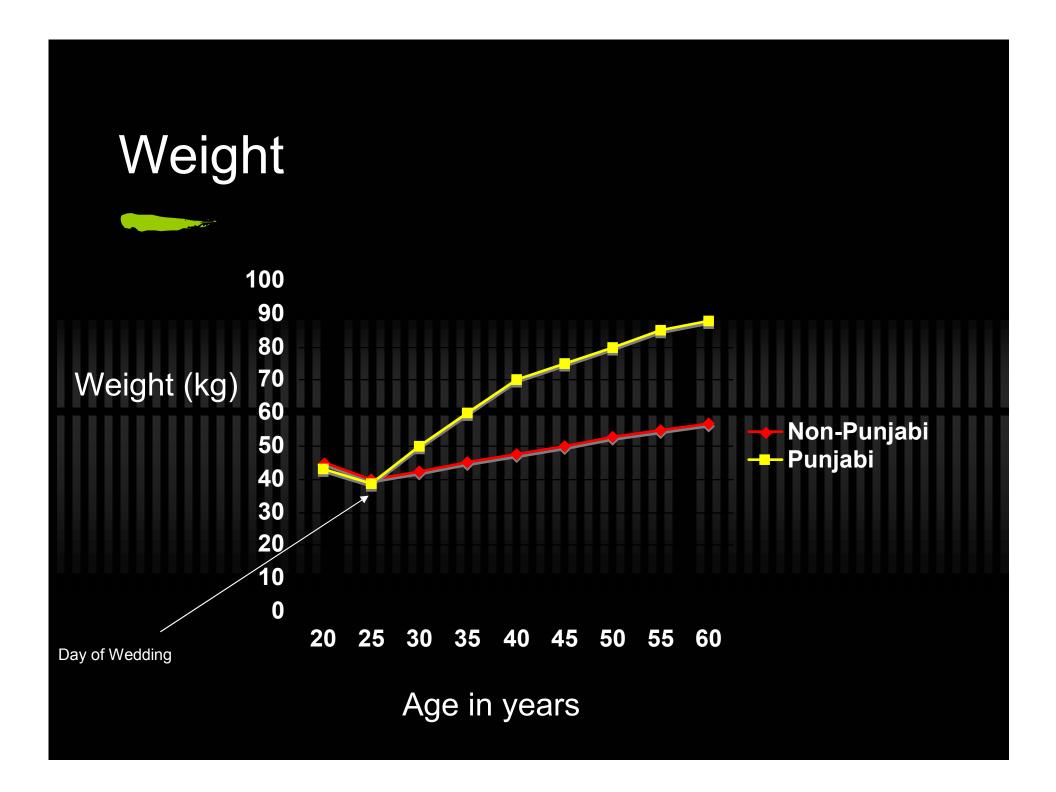
Welcome to IBM PCTY 2010

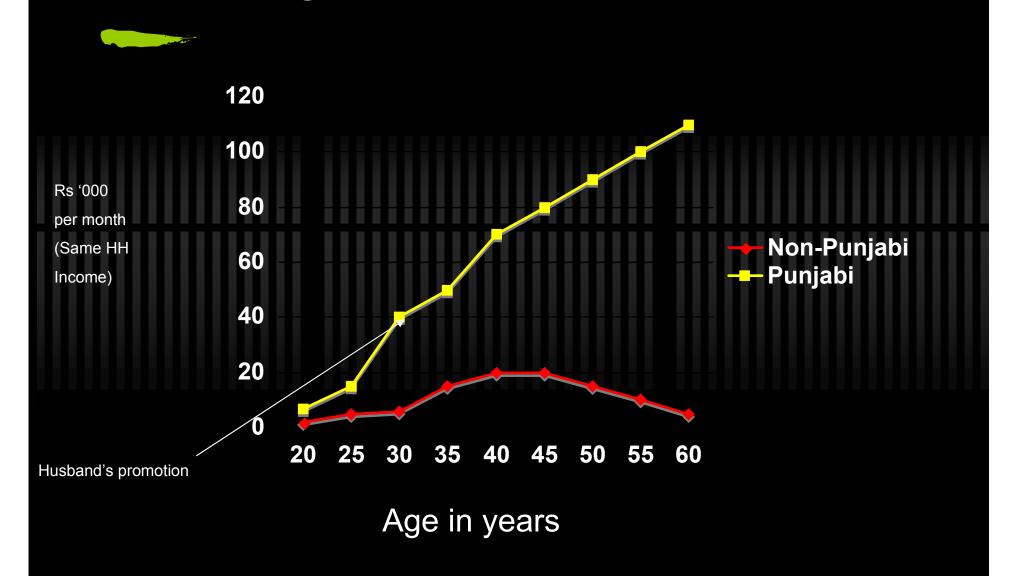
Riding Highs and Lows
Chetan Bhagat

Why Non-Punjabi Girls are better than Punjabi Girls

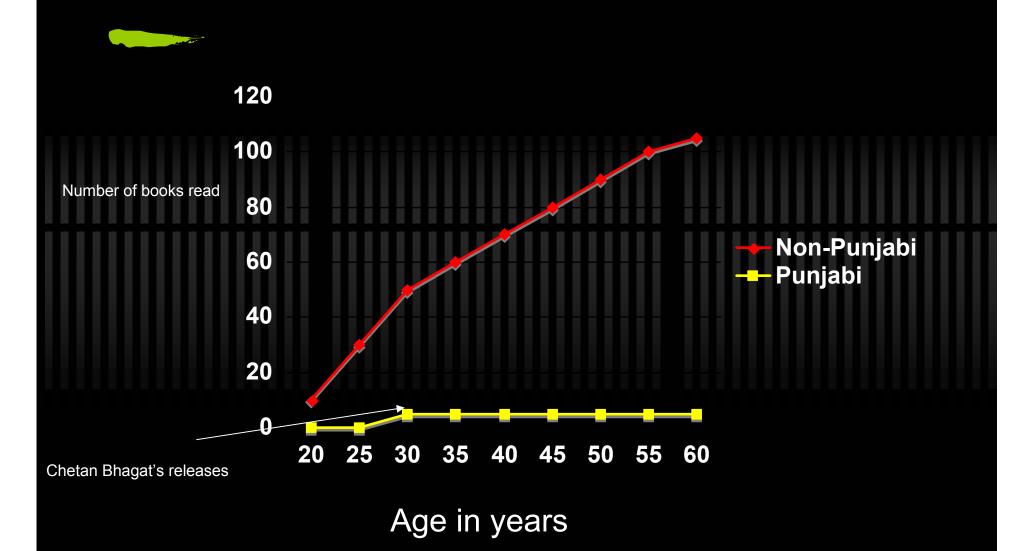
- a scientific study for my mother



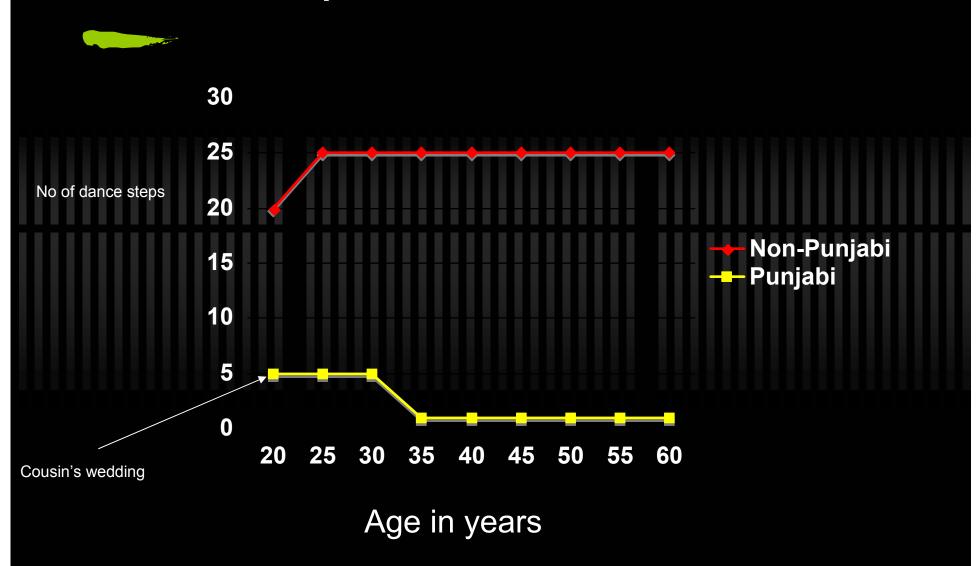
Shopping Expenses



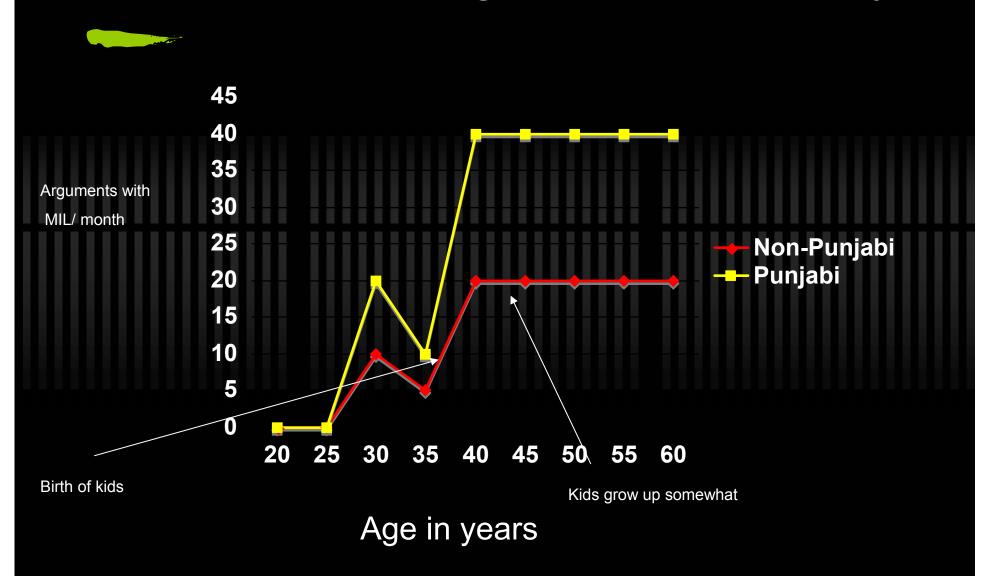
Books Read



Dance steps known



Mother-in-law argument frequency





Welcome to IBM

Riding Highs and Lows
Chetan Bhagat

"Indians don't read books."

- Leading Indian Publisher #1, June 2002

"We publish a book if we feel it will sell 1,000 copies.

Yours won't."

- Leading Indian Publisher #2, Sep 2002

"You are a techie, why don't you write a textbook?"

- Leading Indian Publisher #4, May 2003

"No."

- Leading Indian Publisher #5-#9, June-Dec 2003

"Ok, we can give it a try."

- Local Indian Publisher, Jan 2004

Five Point Someone



- ✓ Released May 2004
- ✓ Sold 1,000,000 copies to date
- ✓ 100x the industry norm of a bestseller
- 3 Idiots

"Five Point Someone has transformed Indian Publishing forever"

Leading Indian Publishers #1-#9, various dates

2005 - 2010

one night @ the call center the 3 mistakes of my life

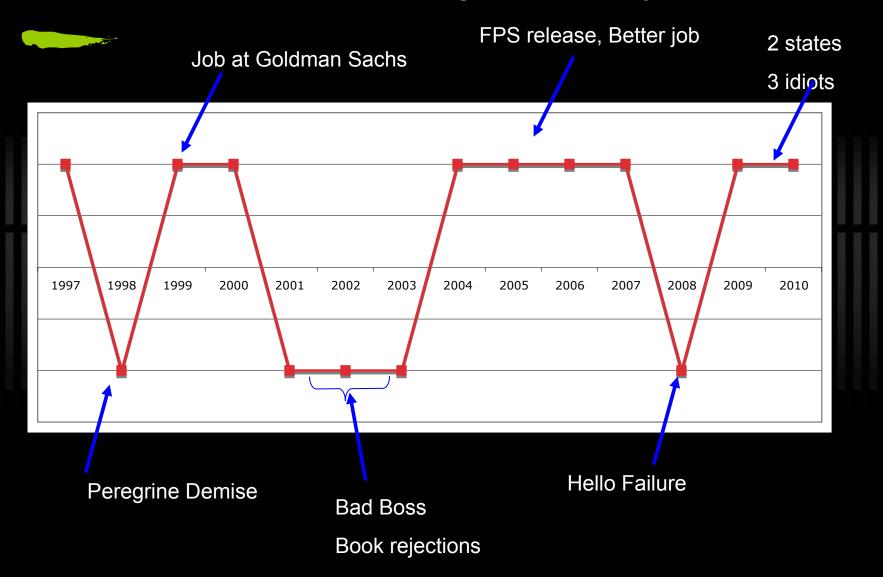
hello

2 states

3 idiots

+columns +talks

The ups and downs graph of your life



Current Snapshot



Where is CB now?

- ✓ A full time writer with reasonable brand value
- Next book, movie anticipated
- Widely read columns
- Doing ok

Areas to think about

- Delivering to expectations
- Health
- ✓ CB in 2020?

Highs and Lows of Show Business



Especially pronounced - visible success and failure

- ✓ Imran Khan
 - ✓ JTYJN, Kidnap, Luck, IHLS
- Hrithik Roshan
- Himesh Reshammiya
- Amitabh Bachchan
- Almost anybody

How to cope?

How to come out of it stronger?

Highs and Lows of Corporate Life



Highs

- Promotions
- Raises
- Responsibilities
- Challenge
- Recognition

Highs and Lows of Corporate Life



Lows

- Stagnation
- Suffocation
- ✓ Boredom
- Political Backstabs
- ✓ Lack of Challenge

Identify the exact high and lows on your timeline

What lows can do to you?



- ✓ Kill your spark
- ✓ Bitterness
- Disillusionment
- Energy Drained
- Quitting/ Rationalizing

Or, it can be the alarm bell for action



- 1. Positive side activity
- 2. The support group
- Networking
- 4. Self-belief
- 5. Open-mindedness



- 1. Positive side activity The gym factor
 - Gives something to do
 - ✓ Increases self-worth
 - Infuses more energy



- 2. The support group same-boat people
 - Friends who actually understand
 - Swapping strategies
 - ✓ Talking about it helps



- 3. Networking being out there
 - ✓ Now is the time to meet people
 - No shame in marketing yourself
 - ✓ Networking X Capability = Opportunities



- 4. Self-belief things will get better
 - Long term outlook
 - Humans discount future opportunities, amplify future threats



- 5. Open-mindedness Innovation
 - ✓ Life is never what you plan it to be
 - But unplanned doesn't mean it isn't good
 - What else is out there?

The Black Swan Moments



- Few critical events shape life
- Positive or Negative
- Mind exaggerates the negatives
- Train mind to not avoid black swans
- Innovation in every field, pulls you through

The Multiplier



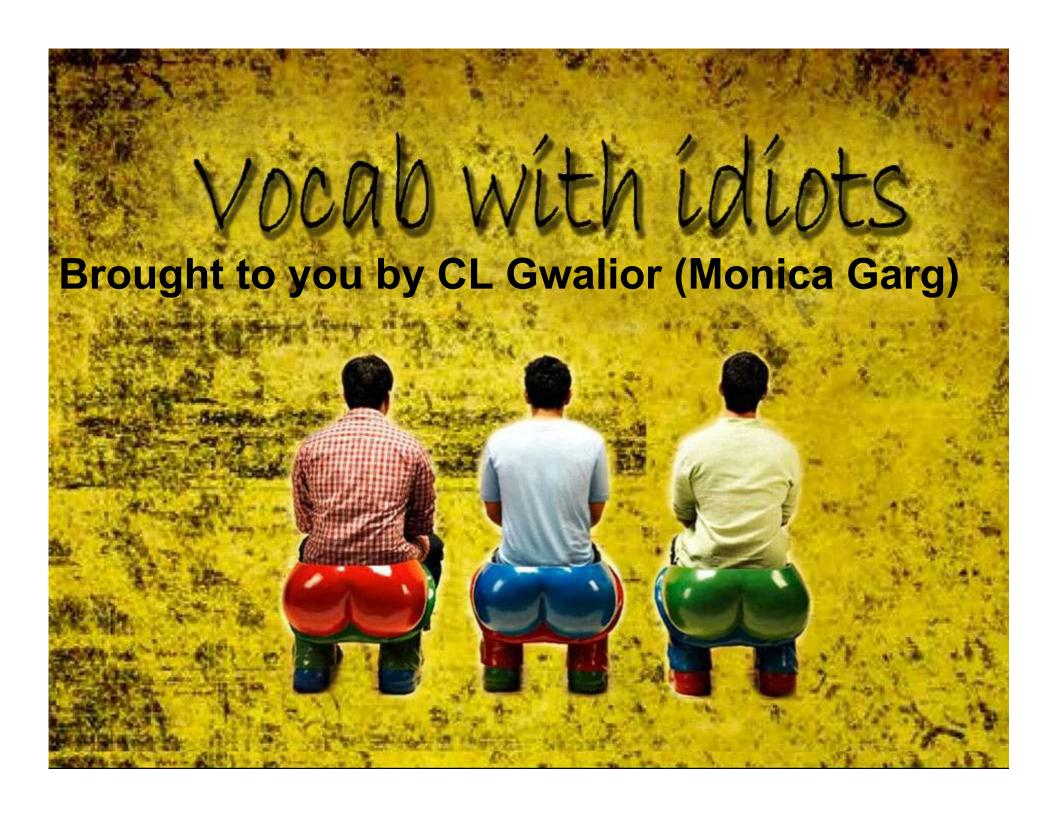
If I, E or M is zero

A = 0

Balance it out

Blossom your ideas, then trim them

More ideas X Less execution < Less ideas X More Execution







Camaraderie

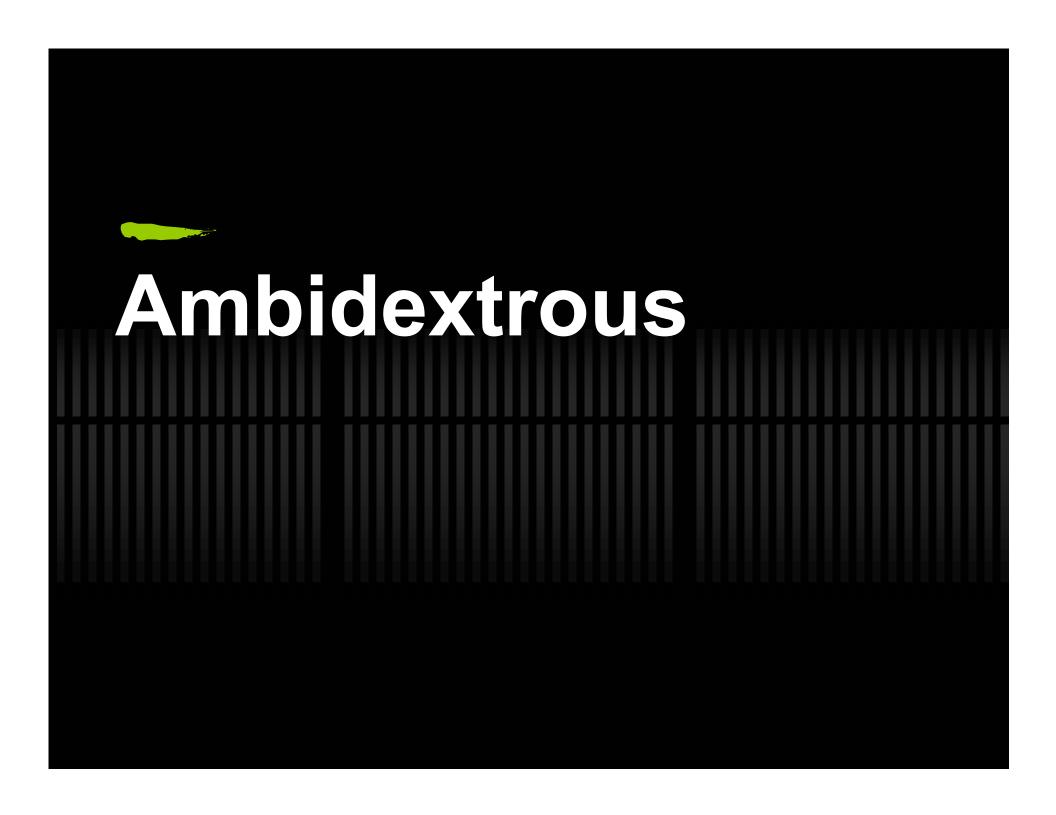
Goodwill or light hearted rapport among friends





Dogmatic

- **√**Rigid
- ✓ Narrow-minded





Ambidextrous

✓ Can write equally well with both the hands





Malapropism

Act of misusing words ridiculously esp. words that are similar in sound

✓ If we are lucky, we may live another 50 years. And 50 years is just 2,500 weekends. Do we really need to get so worked up? We are like a prepaid card with limited validity.

Don't be serious, be sincere.