



Ministry of Sciences, Research and Technology
Sport Sciences Research Institute of IRAN

وزارت علوم تحقیقات و فناوری
پژوهشگاه تربیت بدنی و علوم ورزشی



به پژوهشگاه ملی
تربیت بدنی
و علوم ورزشی
خوش آمدید
National Sports
Research Institute

- ▶ Message from the President
- ▶ Introduction
- ▶ Books
- ▶ Journals
- ▶ Conferences
- ▶ Library





Message from the President

Research is an organized activity to achieve facts or scientific realities. In today's world no science has developed without research. Physical education & sports sciences as a branch of science, is no exception. In this field, which has human's body and soul as its tools; the development of sports sciences needs expanding research in sports.

Meanwhile, the roadmap and goals of scientific research in the coming years are determined by the demands of the government in achieving the following goals: promoting products and technologies through basic research and redoubling efforts to make these researches applicable and commercialized.

Sports Science Research Institute of Iran , which is under the direct supervision of the Ministry of Science, Research and Technology, as the only national organization in charge of scientific research in the field of Physical Education and Sports Sciences is trying to meet research needs in this area. It has very close and constructive cooperation with two other agencies:

Department of Physical Education in the Ministry of Science, Research and Technology, and the National Federation of University Sports. Also, cooperation with the Ministry of Youth and Sports and National Olympic Committee is on its agenda.

Furthermore, to promote qualitative and quantitative research, the institute tries to develop international scientific cooperation to extend scientific, research and training capacities for domestic and international researchers.

Eventually, I appreciate the senior officials of the Ministry of Science, faculty members and staff, educational institutions and research institutes inside Iran and overseas who supported us & have tried sympathetically to develop Iran's sport research and I hope they would continue to assist us in advancing our research goals too.

Dr. Mahdi Talebpour,

SSRI President

Institute's Objectives:

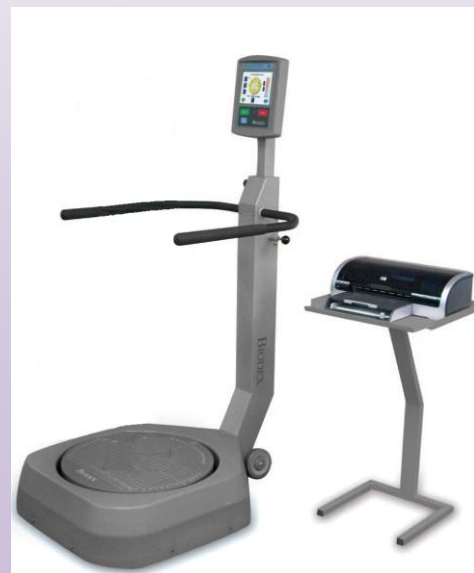
1. Policy making in the physical education researches of the universities and sport organizations.
2. Surveying and identifying research needs.
3. Conducting applied developmental and fundamental research projects.
4. Providing necessary facilities which are suitable for research activities.
5. Planning for the development of research activities in universities and organizations associated with sport, sport federations and clubs.

The Laboratory:

The laboratory is the most equipped one in the country which was established with the aim of providing services in the field of physical education to researchers, professors and university students. This laboratory with having more than 50 types of applied devices in different fields of sport sciences is ready to give service for implementation of the university students' thesis and research projects.

Some of the Lab Equipments:

Vienna psychology Device, Motor Function Measurement, Two Hand Coordination Device, Multiple reaction measurement Test, The Speed Estimate Device, Different kinds of dynamometers, Electro Cardiograph Device, The Polar Watch, The Body Composition Analyzer, The OMRON M 4 blood pressure measurement Device, The ZAN 600 Ergo spirometer Device, The ANALUX Device (Biochemical analysis of blood), Monark Bike Device (Model:E894), Monark Bike Device (Model:E839), Monark Stationary bike (Model:E884), Monark Stationary bike (Model:E891), The Caliper, Rodents Treadmill, Ergo Jump, Spinal Mouse Device, Digital potentiometer Device, The Biodex Balance System, Biodex Isokinetic System ,EMG Portable System 16 channels, SECA Digital Scale, *Force Plates*. Treadmill, Motion analyser, Whole body vibration.



The Library and Information Center:

The library was established with the goal of dissemination of information to provide scientific achievements on the topic of physical education for researchers, professors and students of sport majors. For this purpose the library is trying to identify, organize and collect documents and resources which are related to physical education. These documents contain specialized English and Persian books, specialized journals, audio visual materials, educational software and online websites. The library has one of the richest resources in the field of physical education all over the country.

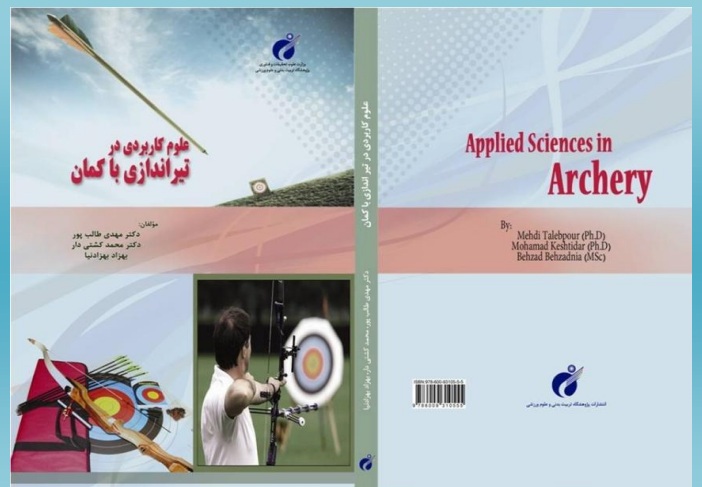
Searching the library's resources is provided through the website in order to facilitate the access to information. In addition, it is possible to search through the resources of the related libraries such as the Library of National Olympic Academy and some university libraries. It is free for researchers, students and professors of all universities to use

The library's resources. Also, we warmly accept any comments or suggestions from physical education experts.




Books:

The institute publishes the outstanding scientific works of university professors and researchers both in compilation and translation forms after evaluating by related scientific groups.



Journals

The journals are published quarterly in Farsi and the articles' abstracts are in English , in different branches of sport sciences including *Sports Physiology, Motor Behavior, Sport Management and Sports Medicine*. The journals are indexed in the Islamic world science citation center (ISC) according to regional library of science and technology certification at October 2007. Also the regional library of science and technology has certified that the journals obtained the impact factor (IF) of the library on March 2010.



Motor Behavior

Research on Sport Sciences

ISSN: 1735-7314

Research on Sport Sciences
NO: 9
Vol: 3
Autumn & Winter
2011-2012

Optimizing Practice Condition Via Bandwidth Modeling	7
S. Bakouyeh, A. Bakou, S. Farzipoor, F. Ghafar	
The effect of different levels of cognitive load on the learning of inconsistent anticipation timing task in implicit and explicit learning conditions	8
H. Akhlagi, A. Farzi, H. Ravanmehr	
The Effect of Attentional Focus Distraction on Rhythmic and Accuracy of Short-Duration Learning of the Skill in Novices	9
F. Houshian, M.A. Attardo, A. Farzi, M. Shajari	
The Comparison effects of self-control feedback and error estimation on acquisition and retention balance task in children and adults	10
M. Sadrizadeh, B. Akhlagi, M.A. Attardo, A. Farzi	
The Observation and Measurement of Velocity and Reliability of Count and Fine Movement of Diver II for 3-6 Year- old Children in Akum	11
H. Jahani, A. Farzi, F. Shariyat	
A profile of general health in middle-aged active women in health clubs of Hamadan	12
M. Alizadeh, F. Nazari, B. Khatami	
The study of current status, satisfaction and developing talent identification indexes	13
A. Farzi	




Sport Management Review

Research on Sport Sciences

ISSN: 1735-7314

Research on Sport Sciences
NO: 12
Vol: 3
Winter 2012

Iran's University Sport: Its Vision and Developmental Strategies	7
M. Davidi, A.S. Farzi, H. Akhlagi, M. Davidi	
A Profile of Talent Identification Factors of the Iranian Female Taekwondo Athletes	8
E. Akhlagi, M.A. Attardo, M. Taheri, M. Sazeh	
The Comparison of Managerial Job Stressors and Personal Coping Resources in Iran Oil Company Executives	9
A. Farzi, H. Akhlagi, N. Saeedi	
Study of Effective Factors on Investment Absorption in Sport of Khuzestan Province	10
M. Adami, S. Bayatpour	
Description of Knowledge Management (KM) in General Administrations of Physical Education of Ilam and Kordestan Provinces and its Relation with Organizational Culture	11
M. Nazari, F. Ghafar, F. Tondar, H. Bayati	
Recreational Sport and Sport for All Situations in South Provinces of Iran: A Model for Future Planning	12
F. Ghafar	
A Survey: Entrepreneurship Goals and Strategies in Sport of Iran According to SWOT Strategic Analysis	13
E. Akhlagi, F. Ghafar	
Study of the Relation between Innovation and Entrepreneurship in Successful Sport Federations	14
M. Ghasemi, A. Farzi, M.A. Attardo	
Investigation and Selection of the Appropriate Promotion Mix for the Iranian Football Fans: A Case Study of the Football	15
N. Houshian, M. Khatami, M.A. Attardo, S. Bakouyeh, S. Jorjani	
The Relationship between Learning Organization and Organizational Readiness: Case Study of Payvand Education Organization in Iran	16
A. Farzi, G.A. Rajai, B. Houshian	
Sources of Sport Confidence Predictable in Young Wrestlers: Participating Country Championship	17
J. Akhlagi, H. Akhlagi, H. Taheri, M. Saeedi	



Sport Physiology

Research on Sport Sciences

ISSN: 1735-7314

Research on Sport Sciences
NO: 10
Vol: 3
Summer 2011

Evaluation of Physical Activity Levels by Using of Daily Energy Expenditure in 8-16 Year Old Boys of the North West Section of Iran	
Effects of Moderate Intensity Training on Malondialdehyde and Brain Derived Neurotrophic Factor in Hippocampus of Rats Exposed to Lead Acetate	
Effects of Endurance, Resistance and Combined Training on Calcitonin gene-related peptide Content in Sciatic Nerve of Rats	
The Influence of Music Tempo on Anaerobic Performance of Male Physical Education Students	
Effect of a Period of High-Intensity Interval Training on Selected Aerobic and Anaerobic Performance and Hematological Indices in Athletes	
Effects of Aerobic Training on Brain n, Adiponectin and Insulin Resistance Index in Type 2 Diabetic Men	
The Effect of a Low Impact Rhythmic Aerobic Exercise on C-Reactive Protein in Elderly Women	
Effect of 8 Weeks of Endurance Training at Different Distances on Serum Brain Derived Neurotrophic Factor (BDNF) in Male rats	
The Effects of Aerobic training and Caloric Restriction on ICAM-1 and VCAM-1 in Healthy Obese Women	
A Comparison of Angiogenic Potentials in Active and Non-Active Men in Response to Sub-maximal Exercise	



Sport Medicine

Research on Sport Sciences

ISSN: 1735-7314

Research on Sport Sciences
NO: 8
Vol: 2
Winter 2011

National Norm of Backpack Weight for Iranian Boy's School Students	
Correlation between Thoracic kyphosis Curvature, Scapula Protraction and Endurance of Posterior Shoulder Girdle Muscles	
The comparison of Nictitular Drop and Genu Recurvatum values in Athletes with and without History of Anterior Cruciate Ligament Injury	
The Comparison of Bone Density of Lumbar Spine and Femoral Neck between Professional Cyclists and Non-athletes	
Effect of Massage on Delayed Onset Muscle Soreness (DOMS) in Non-athlete Young Men	
Effect of Patellar Taping on Pain and Dynamic Postural Control in Futsalist Women with Patellofemoral Pain Syndrome	
The Effects of Pinking Exercise on the Lumbar Hypertordosis of Non-athlete Females	
Comparison of Ground reaction force in Vertical Jumping for Heading the Football in Flatfoot and Healthy Male Student	
The Effect of Training in Water on Balance in Elderly Men	
The Effect of Eight Weeks Corrective Exercise on Musculoskeletal Abnormalities among Workers of Leather Industry	

Conferences:

The sport sciences research institute has held over than 19 national and international conferences from 2008.

The national and international conferences are being held binannully in which internal and external reseachers have being invited to speak about last findings in sport sciences.

The institute has started to hold national specialized conferences to some sport fields such as corrective exercise and sports injury, biomechanics and sports technology, motor behavior and sports psychology, sports physiology and sports, management, etc.

هفتمین همایش بین المللی تربیت بدنی و علوم ورزشی
8th International Congress on Physical Education and Sport Sciences
 Feb. 27-28, 2013 • Tehran • Iran

- مدیریت ورزشی
- فیزیولوژی ورزشی
- روانشناسی ورزشی
- رفتار و کنترل حرکتی
- رسانه ها و ارتباطات ورزشی
- بیومکانیک و فناوری ورزشی
- بازاریابی و توریسم ورزشی
- فلسفه، تاریخ و جامعه شناسی ورزشی
- آسیب شناسی ورزشی و حرکات اصلاحی

زمان و مکان برگزاری همایش :
 ۹ و ۱۰ اسفند ماه ۱۳۹۱ - دانشکده تربیت بدنی و علوم ورزشی دانشگاه تهران
 مهلت ارسال مقالات : ۱۵ آبان ماه ۱۳۹۱
 جهت دریافت فراخوان و راهنمای همایش به آدرس www.ssric.ac.ir مراجعه فرمایید.

Logos: AIPS, ICSSPE, MIP, and others.

جهاد اقتصادی
 تالانس علمی
 توسعه ورزش

دومین همایش ملی تخصصی رفتار حرکتی و روانشناسی ورزشی
 ۲۱ و ۲۲ اردیبهشت ماه ۱۳۹۰ - دانشگاه فردوسی مشهد

دیرخانه علمی: پژوهشکده تربیت بدنی و علوم ورزشی www.ssric.ac.ir
 دیرخانه اجرایی: دانشکده تربیت بدنی و علوم ورزشی دانشگاه فردوسی مشهد تلفن: ۰۵۱۱-۸۸۴۶۵۸۱ www.um.ac.ir

Logos: AIPS, ICSSPE, MIP, and others.

سازمان
 اختراع الکترونی مصروف

هفتمین همایش بین المللی تربیت بدنی و علوم ورزشی
7th International Congress on Physical Education and Sport Sciences
 March 2010 اسفند ۱۳۸۸
www.ssric.ac.ir

Logos: AIPS, ICSSPE, MIP, and others.

Affiliated Committees

- 1- Motor Behavior Research Committee (chaired by **Prof. MEHDI Namazizadeh**)
 - 2- Sport psychology Research Committee (chaired by **Prof. MOHAMMADKAZEM Vaez Mousavi**)
 - 3-Corrective exercise and sports injury Research Committee (chaired by **Dr.NADER Rahnam**)
 - 4-Sport physiology Research Committee (chaired by **Dr.MINOO Basami**)
 - 5-Sports Biomechanics Research Committee (chaired by **Dr.MEHRDAD Anbarian**)
 - 6- Sport Management Committee (**Dr.GHOLAMREZA Shabanibahar**)
- Women's Studies in sport Research sub-Committee
 - Sport Marketing Research sub-Committee
 - Sport Tourism Research sub-Committee

Contact information

Adress: Ladan Blvd, Vakilabad St. Mashhad, Iran

Tel:+98(511)5014250/5014246

Email: sport.research_iri@yahoo.com

Website: ssrc.ac.ir

Contact person: Amin Gholami (pd.D) /gholamiemil@yahoo.com



Ministry of Sciences, Research and Technology
Sport Sciences Research Institute of IRAN