



THE WIRE



Honor Bound To Defend Freedom

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15 Minutes of Fame, pg. 11

Patience the virtue at Camps Two and Three

By *Spc. Jeshua Nace*

JTF-GTMO Public Affairs Office

Patience is a virtue that Navy Petty Officer 3rd Class Brandon Budlong and Petty Officer 3rd Class Nicholas Waters have learned the hard way. These Troopers are masters at arms (MA) for Camps Two and Three inside Camp Delta. They are part of the Naval Provisional Guard Battalion (NPGB) that is running operations inside “the wire.”

NPGB MAs come from all parts of the world, and they had detention operations training from the Army before reporting here.

“We flew to Fort Lewis for three weeks to receive training by the U.S. Army in detainee operations. After that we were divided into companies to cover the varying stages of the five camps,” said the commander for Camps Two and Three.

“The mission came down the pipe practically a month before we had to be here. We jumped on a plane, trained, and came here,” said Waters.

The training they received at Fort Lewis was very serious and in-depth. The Navy doesn’t usually train for detainee operations, so some of the training was new for the MAs.

“We trained exactly for the mission we are doing here: for block operations. We trained for every contingency. Training with the Army was very interesting. They showed us a lot of respect ... We definitely got to see how it is from both sides of the

house,” said Waters.

The formal training was complemented with on-the-job “right seat, left seat” training. The current guards not only show new guards their responsibility, but stay with them until they are comfortable with their position.

Most people could never understand what these young men go through on a daily basis; Camps Two and Three are for detainees who have been non-compliant. For that, the best of the MAs are needed.

“We work with the most dangerous detainees. With that comes certain challenges we’ve had to face and overcome. We treat them very humanely; when we have to use force, we use the minimal amount necessary. Very seldom do we have to use physical force; we deal with a lot of very bad people here, keeping in mind that some of these detainees are trained al-Qaida fighters...They have their training just like we have our training,” said the commander of Camps Two and Three.

“The people I’ve worked with in Camps Two and Three are the finest Sailors I’ve worked with in my career so far...They turn the other cheek and do their jobs. They never take anything out on a detainee,” said Waters.

Going to college and being in the military are both life experiences and give people things that make them wiser in their old age. Many Troopers here feel that being a part of something so important, like JTF-GTMO, is going to give them a newfound



Photo by Spc. Jeshua Nace

Petty Officer 3rd Class Brandon Budlong, Petty Officer 3rd Class Nicholas Waters and the commander of Camps Two and Three walk into Camp Delta for their morning duty. These Troopers are part of the Naval Provisional Guard Battalion here.

wisdom.

“I’m positive that a 2-year-old would be no problem now. I questioned my ability to be patient at one point with children. Now I know that there is nothing on earth that a child could do to rile me up. I’m going to leave with the knowledge that I’m going to be a better MA; I’m going to be a better Sailor when I leave this place. I now have a broader take on the Global War on Terror, and there is no question in my mind that we are doing the right thing,” said Waters. ■

The JTF mission

By Brig. Gen. John Gong

JTF-GTMO Deputy Commander

Like many of you, the JTF-GTMO 6 Troopers have now been here awhile—at least several weeks, if not several months. I want to take this opportunity to thank each and every one of you for contributing to the success of the JTF mission. We have approximately 2,000 Troopers in the JTF, and the assignments are multi-faceted. A great number of you are either assigned to detention or intelligence gathering; and in between these two large groups, there are a number of you that are assigned to specialty positions considered equally critical to the JTF mission. Immediately coming to mind are the many separate JTF HQ's staff positions. Still others work in the Joint Aid Stations (JAS), providing medical care for our hard working Troopers, and of course, there is the Coast Guard providing for maritime security in and around Guantanamo Bay. Although all of you add immeasurably to the success of the JTF, I am not certain that we have adequately given you sufficient details concerning the importance of the JTF mission. In this article, I will try to fill in some of the gaps that I think you might find informative.

The mission of JTF-GTMO can be divided into two main components: detention operations and intelligence gathering. The detention component entails providing for the safe, secure, and humane custody of enemy combatants held here at Guantanamo Bay. Most of them were captured in Afghanistan fighting for the Taliban or al-Qaida shortly after the Sept. 11, 2001 attacks on the United States. The intelligence-gathering component involves collecting and exploiting information gathered from the detainees considered vital to the success of the Global War on Terrorism. In this effort, the JTF also supports the law enforcement and war crimes investigations of other agencies, such as the FBI (Federal Bureau of Investigations) and CITF (Criminal Investigation Task Force).

Our intelligence gathering efforts on these detainees have paid off with an unprecedented amount of information that has helped us to better understand al-Qaida and other terrorist groups. We now have a much more accurate assessment and understanding of their leadership structure, their training camps and programs, their recruiting practices, their finance methods, as well as some of their plans for attacking the United States and other countries. As you can imagine, many of the detainees are highly trained, dangerous members of al-Qaida or members of the former Taliban regime. Some of them were trainers in al-Qaida training camps specializing in making improvised explosive devices (IEDs) and in the use of various poisons. Still others have provided information on individuals connected with the al-Qaida network in pursuit of chemical, biological, and nuclear weapons. Many possess college degrees; and some have even attended college in the U.S. Among this group of detainees are medical doctors, pilots, engineers, and lawyers.

Detainees here at Guantanamo Bay continue to be prime candidates for numerous source-directed requirements for intelligence from U.S. Combatant Commanders and other government agencies. Some detainees have provided invaluable information about other al-Qaida operatives who are still at large, to include a number of al-Qaida, Taliban, and other anti-coalition militia groups that are active in Central Asia, Europe, and the U.S. As a result, coalition forces in Afghanistan and elsewhere continue to capture al-Qaida, Taliban, and anti-coalition fighters. Moreover, the information gathered has already helped to prevent further terrorist attacks against the U.S. and its allies.

As to what will eventually become of the detention center here at Guantanamo Bay is up to the policy makers and the courts to decide. However, it is my firm belief that as long as this nation and other freedom-loving countries around the world continue to prosecute the War on Terror, the JTF-GTMO mission will remain a critically important one. As Troopers of this task force, whether you are directly or indirectly working with detainees on a daily basis, you should be proud of that fact that the American flag flying over Camp Delta not only represents the resolve of this great nation against terrorism, but also represents each and every one of you, and the contribution you have made to ensuring the continued success of this mission. Like you, I am proud to be serving in this task force.

Honor Bound to Defend Freedom! ■



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Annual review boards continue

OARDEC teams review detainee status

By Spc. Jeshua Nace

JTF-GTMO Public Affairs Office

An order established by Former Deputy Secretary of Defense Paul Wolfowitz in May of last year called for an immediate implementation of an Annual Review Board for detainees here. The review process assesses whether each detainee held by the Department of Defense at Guantanamo should be released, transferred or should continue to be detained.

The order specifies that each enemy combatant being detained will have a formal opportunity to explain why he believes he should be released. The ARB is comprised of at least three military officers, and each detainee is provided with a military officer to assist him in his appearance at the board.

The reviewing board considers written information from the family and the national government of the enemy combatant. The recommendation will be based upon all this information, with additional submissions by other U.S. government agencies.

The initial assessment of detainees comes directly from military officers in the field, and/or foreign nations that took custody of the detainees.

The conduct of ARBs is the responsibility of the Office for Administrative Review of the Detention of Enemy Combatants (OARDEC).

“OARDEC was established about a year ago by the Secretary of Defense, who

at that time, determined that there needs to be a review process for all the detainees at Guantanamo to determine which ones here still constitute a threat,” said Navy Capt. Eric Kaniut, officer in charge of OARDEC boards.

The law of war permits the detention of enemy combatants until the end of an armed conflict. It permits the detention to prevent the enemy from rejoining the conflict.

Since the War on Terrorism is an unconventional war, with its leaders in shadows and its organization underground, the end of the conflict is a gray area.

“Last summer the Supreme Court made several rulings that determined that we had to stop doing the review boards and start a process to determine if they were enemy combatants or non-enemy combatants. In July we had to notify all the detainees present at the time that they were all going to a tribunal to determine if they were an enemy combatant or not. Through that, we determined that a number of those held were enemy combatants. By that definition, either they were Taliban or al-Qaida; or they carried a weapon against U.S. forces somewhere,” said Kanuit.

“If the reviewing board found that they were no longer enemy combatants, their names were given to the State Department. The State Department contacted their



Photo by Spc. Jeshua Nace

Navy Capt. Eric G. Kaniut is the officer in charge of OARDEC boards.

home countries to get them back,” said Kaniut. “If the home country accepts them back, we ask if they can guarantee the detainee won’t be tortured or abused in anyway. If that country can’t guarantee that, we won’t release them. We will have to find someone else who can guarantee that.”

The board will have to assess the current and potential threat posed by the detainee, then recommend to a high-level Department of Defense official whether the detainee will remain under the custody of the Joint Task Force.

Acting Deputy Secretary of Defense and Secretary of the Navy, Gordon R. England has been named as the official for the Annual Review Boards.

England has put together teams that are comprised

of civilian and military employees that will develop an in-depth and comprehensive process to accelerate the review of detainee records.

“The reviewing board looks over one detainee at a time, and our mandate is to get all that are eligible done this year. Right now we are over 120 completed. Because of the tribunals, we couldn’t start until the beginning of April. Our goal is to complete 12 reviews a week. We currently have three teams set up right now. If we need four, five, or six teams, then we’ll go in that direction,” said Kaniut.

“This is a tribute to America, JTF, and our country as a whole, that we even consider doing this,” said Kaniut. ■

Mosquitoes: Fight the Bite!

By Army Capt. Alyson McInerney

JTF-GTMO and NAVBASE Hospital

It seems like you can't even walk outside lately without those pesky little biting nuisances surrounding you. With all the rainfall we've had recently, mosquitoes are wreaking havoc on our quality of life here. But by using these simple tips, you can help keep yourself bite-free. So, whether you're just out for a walk, working on the block, out at the beach, or barbecuing on the back patio, the following suggestions will help optimize your personal protection:

1. Military uniforms can be treated with Permethrin repellents: aerosol spray, one application lasts five to six washes, NSN 6840-01-278-1336; or impregnation kit, one application lasts the life of the uniform, NSN 6840-01-345-0237.

2. Standard military skin repellent with 33 percent DEET, one application lasts up to 12 hours, NSN 6840-01-284-3982. Commercial alternatives include Deep Woods Off® (23.8 percent DEET) or Off!

Skintastic® (6.65 percent DEET) which are available at the NEX.

3. Adult mosquitoes rest on weeds and other vegetation. Reduce the number of areas that mosquitoes rest by removing brushy areas and mowing the lawn regularly.

The most effective way to control mosquitoes around your home is to find and eliminate the breeding sites. All mosquitoes must have water for them to develop from an egg to an adult. You can take the following steps to prevent mosquitoes from breeding on your property:

1. Remove standing water that may accumulate in flowerpots, plastic containers, tin cans, old tires, children's pools, pet water dishes, or any other object that can hold water.

2. Clean debris from rain gutters and remove any standing water under or around structures or on flat roofs.

3. Ensure garbage cans have tight-fitting lids.

4. Make sure door and window screens do not have holes.

Remember, Vitamin B, ultrasonic devices, and 'bug zappers' are *not* effective in preventing mosquito bites, so make outside life bearable by protecting yourself with the official cologne of Guantanamo Bay – DEET. ■

(Part Two will feature information on how the Preventive Medicine Department is working to reduce the mosquito population)



Detention hospital change of charge



Photo by Army Sgt. Todd Lamonica

Joint Task Force Commander Brig. Gen. Jay Hood presents Navy Capt. John Gibson with a Defense Meritorious Service Medal during the change of charge ceremony at the Camp Delta Detention Hospital.

SOUTHCOM Chief visits



Photo by Sgt. 1st Class Sheila Tunney

During his first visit to Guantanamo Bay, Marine Brig. Gen. Kenneth Glueck (right), newly appointed U.S. Southern Command Chief of Staff, rides to the windward side on a Coast Guard Viper boat with his JTF-GTMO counterpart, Army Col. John Hadjis.

Boots ON THE GROUND

*Spc. Timothy Book asked Troopers around JTF-GTMO...
What is your favorite online buying site?*



◀ "I like aafes.com. They ship overseas anywhere without a problem. I usually get whatever I order in no more than two weeks, usually less. They don't charge for shipping, and I can get whatever I want."

— Army Sgt. Jason Lawson, 525th MP Battalion

▶ "I buy most of what I need here at the NEX. They have most of what I need here. But, I do check out navy-nex.com. I can find anything I need there, including clothing and uniform items. They have regular shipping, which only takes around 10 days, and they also have express and a global overnight. They do charge extra for those, of course. I also use walmart.com. That's almost like being home..."

— Navy Chief Petty Officer Charles Mobley, Navy Provisional Guard Battalion



◀ "I'd have to say amazon.com. They have a great selection of books. I've been able to find books there that I couldn't find at other places. I've ordered from them three times since I came down here in February. Their prices are reasonable and shipping usually takes under two weeks."

— Navy Petty Officer 3rd Class Brandi Yoder, JDOG



▶ I've been using aafes.com to send gifts back home. I ordered my Mother's Day gift and my Father's Day gift and had both sent directly to them. I use it for myself to get what I can't find here at the NEX. I go online, order, and it's here in a week or two.

— Senior Airman Robert Chapman, J-3



THE D2 Movie Review

THE AMITYVILLE HORROR

DAVE

There are a few movies I thought I'd never want to see remade, and "The Amityville Horror" was one of them. The book scared the hell out of me, and the original 1979 movie gave me nightmares. I didn't think it could be improved upon...I was wrong.

Though the new "Amityville Horror" is not a hit with most critics--horror movies rarely are--I think it is a must see for true horror fans. To give you an idea of what I mean, Lou Lumenick of the *New York Post* gave this movie an "F." He also called "The Incredibles" emotionally satisfying. I'm not really sure what that means.

Let me give you some real advice. This was the best horror flick I've seen in 20 years. Take it from a true horror buff, you don't want to miss this one...but don't watch it alone.

DEAN

★★★★★

I believe when someone remakes a classic film it loses something. In this case I was wrong. "The Amityville Horror" this time around was by no means just another remake.

It delved into the real horror of this house. By the time you understand the relationship between the house and the characters, you pretty much need a diaper because of all the disturbing images.

I felt this remake made the original look like a comedy, and the original, by all means, *wasn't* funny. If you're faint of heart, this movie is not for you, but the rest of you thrill seekers should check it out, and soon.

★★★★★

- ★★★★★ Better than a 4-day pass
- ★★★★★ Good flick
- ★★★★ Beats working
- ★★★ If you're really bored
- ★★ Not worth price of admission



In sickness and in

By Spc. Seth Myers

JTF-GTMO Public Affairs Office

Everyone knows about sick call, the service provided by the JAS for when you just are not feeling up to par. However, many do not know of the multitude of other services provided by the Joint Aid Station (JAS).

The combat lifesaver course here is one of the many things provided by the JAS. The course is 40-hours of hands-on training and two written tests.

"TVs are the main focus [in the class]. It also [covers] health and respiration assessment. We teach control measures for bleeding, such as pressure bandages and the tourniquet. Splinting techniques are taught along with different carries for patients. It familiarizes them with what they were taught in basic training and gives them a bit more," said Army Staff Sgt. Celecia Kalili, the NCOIC of the Kittery Beach JAS.

When a unit goes to the range, the JAS also sends someone along for medical support in case of an emergency.

"[Range coverage] is very important because it is a safety issue. It is safe to have a medic there during your M16 or [machine gun qualification], just in case anything happens. It all adds to the health care of everybody, which conserves the fighting strength," said Kalili.

Another service, which many do not know is done by the JAS, is the wet-bulb readings. Whenever that colored flag is raised up to show what the current heat level is, that level was determined by the JAS, based on the web-bulb readings. Three different temperatures are detected by the wet-bulb, dry-bulb, and globe portions of the wet-bulb device. Calculations are made based on these temperatures to determine what the current flag level should be.

The JAS also helps with the demobilization process for Reserve Troopers.

"We make sure every person has a packet, and do the health care screening [for their demobilization]. If they need it, we also do their immunizations," said Kalili.

Your unit can coordinate with the JAS to get the shots administered to a group of people. If only a few people need shots, individual appointments can be made through sick call. The yellow shot cards must be

brought to the appointment.

For those who need physical therapy, it is offered by the JAS. A provider must inform them that the therapy is needed first, though. The JAS also does some dental work, weigh-in upon request, physicals, and has a chaplain for counseling if necessary.

The staff regularly trains to ensure a high quality of service. In fact, they train every Wednesday. Recently, the JAS went through a back exam and neurology course. This was part of the sick call screeners' course, which is done to increase the number of certified providers in the JAS.

"Our quality [of service] is excellent. Our providers are very well educated. Our corpsmen and medics are really up to par... There are excellent people here," said Kalili.

So whether a Trooper needs to go on sick call, get some shots, be aware of the heat level, or train to become a combat lifesaver, the JAS will be there to keep Troopers healthy and safe, thus preserving the fighting strength. ■

► **Army Capt. Jeff Tyler demonstrates one of the ways to check for possible back problems to JTF medical personnel in the back exam and neurology course.**



health

◀Navy Seaman Michael Brown pours water into the wet portion of the wet-bulb device to ensure the readings are accurate.



▲Army Capt. Jeff Tyler points out different portions of the spine during the back exam and neurology course at the Kittery Beach JAS.

◀Navy Petty Officer 2nd Class Daniel White applies one of the techniques he learned in the back exam and neurology course to Navy Seaman Michael Brown during the practical exercise portion of the class.



New addition to KB JAS

Construction is nearly complete for an addition to the Kittery Beach Joint Aid Station.

KB JAS is tasked as the first response team for destructive weather and mass casualty emergencies. The new building, expected to be completed by the end of June, will be used exclusively for storing equipment and supplies for that mission, said Army Staff Sgt. Celecia Kalili of the JAS.

The addition comes at a good time. June 1 is the official first day of hurricane season, according to the National Oceanic and Atmospheric Administration.

Miami can't stand the Heat: Phoenix fades

Commentary by Spc. Ian Shay

JTF-GTMO Public Affairs Office

Well, the Detroit Pistons have done it again; they have reached "the promised land," the NBA Finals. The defending champion Pistons took charge in game seven by advancing to the finals with an 88-82 road victory on Monday night, but when they meet up with the San Antonio Spurs on June 9, Detroit will be the underdogs.

There are a few reasons why the defending champions are being labeled the underdogs in the finals. First off, the Spurs eliminated their competition in five games, second, the Western Conference is supposedly more competitive than the Eastern Conference, and lastly, the Heat looked to take the Pistons out if not for all of Miami's starters being injured. But do not think this year's finals will be decided in less than six or seven games, because it's going to be a battle.

This year was a crazy season for Detroit; they went from being the dominant defending NBA Champions, to having their season lose all control when Ben Wallace (Detroit) shoved Ron Artest (Indiana), which ended up being the biggest brawl in NBA history when Detroit fans starting throwing beer, food, and even a chair at the Indiana Pacers players. Artest, followed by several other Pacers, proceeded to climb into the stands and strike back at the fans, assaulting them. Fans and players were both in the stands and on the court--a line that should never be crossed. Because of that brawl on Nov. 19, 2004, Detroit lost all of the respect they had gained the previous year. It was like starting from scratch, they had to re-earn the respect they lost on that crazy day in November, but re-earn it they did.

Detroit was down one game heading into game six, but their defense was too solid for Miami's injured starters to handle. Miami was the team to beat, but when your two biggest stars are hurt, you have to hope the bench picks up the slack. But it's hard to do that



Heat starters Shaquille O'Neal and Dwyane Wade looking beat up and worn out after a hard fought game seven.

against one of the best defenses in the NBA.

Basically, Heat starters Shaquille O'Neal and Dwyane Wade's untimely injuries lead to Miami missing the finals. O'Neal who is always battling injuries, including his arthritic toe, and Wade's strained right rib muscle, were too much for the stars to handle. So then, whom does the Heat turn to? Damon Jones, who sprained his ankle in the first quarter of game seven and did not return, or maybe Eddie Jones who was also injured and could only muster a 4-for-12 showing. That was the problem: the Heat were just beat up and there wasn't a pain killer injection that could save them.

The San Antonio Spurs are another story. They dominated the Phoenix Suns for the entire series, even though Phoenix had the NBA's most valuable player, Steve Nash, and Amare Stoudemire who scored his career playoff-high of 42 points in game five, against the best defense in the Western Conference.

San Antonio's 12-4 record in the post season will grant the Spurs home-court advantage for the first two games of the NBA finals against Detroit. So we're now looking at the two best defenses in the NBA going head to head in the finals, which is familiar territory for both teams. The Spurs are the 1999 and 2003 NBA Champions and almost claimed it last year, and you can be sure Tim Duncan and Manu Ginobili are going to play their hearts out in order to re-claim that title.

In order for Detroit to win they have to find an answer for Duncan and Ginobili, who have been red hot this entire post season, and in order for San Antonio to win, they have to play better defense than Detroit and shutdown the best bench in basketball. ■



Detroit's Rasheed Wallace (right) will have another chance to shutdown San Antonio's Tim Duncan (left) during the NBA finals.

Digital cameras: What's right for you?

By Sgt. 1st Class Dave Zerbe

JTF-GTMO Public Affairs Office

It can be intimidating trying to figure out which digital camera is right for you, especially here where the choices are so limited. But there is an alternative to making that choice and that is through the Internet. Keep in mind though, there are still many factors in finding the right digital camera.

Before I get into finding the right digital camera for you, there is a five-letter word that needs to be followed. That word is "OPSEC" (Operational Security), which is covered under General Order # 2 and explains the use of photographic devices while at Guantanamo Bay. Read it first and become very familiar with the limitations of taking photographs here to safeguard our force protection. As Lorie and Wendy, our OPSEC resident experts say, "If there is a 'no photography' sign, don't take the photo. And if it is against all common sense, don't take the photo." Take all this into consideration, and you will be taking home lasting memories of all the beautiful and exciting scenes around Guantanamo Bay.

The following are some helpful tips that will give you the most bang for your buck and the quality you desire.

- Determine how much money you want to spend. Setting a budget, or at least a budget range, will help you avoid cameras that cost an arm and a leg.

- Carefully consider what you will usually be photographing. Will it be your fellow troopers? Will you be taking it on leave? Shooting landscapes? Taking underwater photos while scuba diving? Look for cameras with the best features for your needs. For instance, if you typically shoot sports and action, find a camera that can shoot at high speeds.

- What is your experience level? If you are a beginner, look for models that seem easy to use. Go to the stores and handle the cameras personally. Find a camera that is automated for flash, aperture, etc. If you are more experienced, you will want a camera that gives the user more control.

- Figure out what your photo printing needs are. For casual use and simply sharing snapshots with your buddies, a basic two-mega pixel model is perfectly fine. If you plan to make larger prints, and make them frequently, you will need more mega pixels.

- How do you plan to store your images? If you have a computer with very little memory available and no CD burner, I don't recommend getting that hot, cool seven-mega pixel camera, even if your budget allows it. The images will be too large to store. If you do have a way to convert images to CDs or have a huge hard drive, go for it.

- Do you already have digital devices that use one type of memory card? This may be a major deciding factor when purchasing a digital camera, since memory cards can be a bit pricy. Why spend so much money on multiple styles of memory cards, when you can use the same card with all those gadgets and put the money towards upgrading to a better camera.

- Will you be shooting a lot of close-ups or frequently taking photos from a distance? Find a camera with a powerful optical zoom, at least 3x. Be sure to select a model with a good LCD screen, even if you don't think you need one. At the store, examine the screen in the light and be sure you can see the images well. Almost every camera has an LCD screen, so you shouldn't pay more to get it. But it's a good idea to be sure it's large, easy to see and shows good detail.

- Determine what type of batteries the camera uses. If you are a fre-



quent shooter and it takes AAA batteries, you will blow through them. A rechargeable battery may be a better choice.

- Ask friends and family what digital cameras they have, and what they like or don't like about theirs. This is one of the best ways to get real feedback on a model.

- Choose about two or three of the above features, and determine which is most important. This will help you quickly narrow down models to a few that are a good fit. For example, if you need to spend less than \$300 but must print quality images, find the cameras offering the most mega pixels for that amount.

- Do some online research to compare the handful of models you have selected. Many sites offer digital camera searches by features, or offer side-by-side comparisons. Know all the specs and details before you even hit the NEX (where in a frenzy, you may be tempted to buy prematurely).

- Once you are down to two or three models you like, visit the NEX and handle the cameras (even if you plan to buy online). Be sure the NEX has working models, so you can play with the features and see the quality of the LCD screen. Pay attention to how it feels in your hands. Odds are, there won't be a memory card inside to allow you to take a picture, but pretend anyway to see if it's comfortable.

- Now that you are down to one model, shop around for the best price, either at the NEX or visit web sites selling digital cameras. You could save hundreds by shopping around for the best price. Of course, especially when it comes to the web, cheapest is not always best. Do some homework on the seller as well.

- Before you buy, decide if you want to purchase an optional warranty on the camera. Look at the vendor's site, because the factory warranty may be sufficient.

- But don't forget to save your receipt, the camera's box and all related warranty papers. Register your purchase with the manufacturer. This will make it easier to make a warranty claim, as many camera-makers require documentation to honor a warranty.

Whatever camera you buy, I hope you will have fun using it and find that it expands the possibilities of photography for you. Being able to see what you are doing immediately after exposure makes such a difference. Knowing that you can delete the images that don't work out gives a new freedom to experiment. Whatever you want to do with a camera, I'm convinced it is possible with digital, and that you can both enjoy photography more and produce better results. ■

Editors note: Sgt. 1st Class Dave Zerbe and his wife have owned and operated the Dave Zerbe Studio in Pennsylvania for over 20 years.

Duty Day with God

By Sgt. 1st Class Sheila Tunney

JTF-GTMO Public Affairs Office

More than 30 Troopers from Guantanamo Bay took a break from their normal duties and participated in a "Duty Day with God" last week.

During the six-hour session, Troopers focused on answering questions posed in the Rick Warren book, "The Purpose Driven Life," using passages from the Bible.

Summary presentations of the first seven chapters of the book were followed by small group discussions and reported back to the entire group. The Troopers were encouraged to finish the rest of the book.

"The Purpose Driven Life" has been on the *New York Times'* advice books bestseller list for more than two years.

"We used it because of its broad acceptance by many religious groups," said Chaplain (Army Lt. Col.) Stephen Molnar who organized the session. Chaplains (Army Lt. Col) Robert Palmer and (Navy Lt.) Bruce Crouterfield, along with Molnar, were facilitators for the discussions.

Described as a "manifesto for life" on the website, www.purposedrivenlife.com, the book promotes five purposes that God has for Christians in a "a lifestyle based on eternal purposes, not cul-



Photo by Sgt. 1st Class Sheila Tunney

Chaplain (Navy Lt.) Bruce Crouterfield led Troopers in exploring the themes of the Rick Warren Book, "The Purpose Driven Life," during Duty Way with God.

tural values." They are:

We were planned for God's pleasure, so your first purpose is to offer real worship.

We were formed for God's family, so your second purpose is to enjoy real fellowship.

We were created to become like Christ, so your third purpose is to learn real discipleship.

We were shaped for serving God, so your fourth purpose is to practice real ministry.

We were made for a mission, so your fifth purpose is to live out real evangelism. ■

✠Chaplain's Leadership Journal✠ Self-control vs. self-indulgence

By Navy Lt. Bruce Crouterfield

JTF-GTMO Chaplain's Office

"Few are those who err on the side of self-restraint."

--Confucius

The word "control" comes from the Latin phrase *contra rotua*, meaning "against a roll." For example, the true measure of a sailor's control of his sailboat is the ability to tack upwind against the tide.

Self-control is the ability to maintain one's thoughts, actions and passions in a right direction, even when the pressure is "rolling" in another direction.

Self-control is moral restraint. It's the ability to keep our responsibilities and focus on what is right over self-gratification and selfish desires.

John Dillinger was on the FBI's "Most Wanted" list be-

cause he failed to restrain his desire for more. When Dillinger began his life of crime by stealing chickens, he wouldn't have dreamed of robbing banks. He said, "I didn't plan my life this way...It just happened." Dillinger's life of false freedom ended with a bullet at the age of 31.

Self-control is a key ingredient to a life of true freedom, health, savings, and independence. In the military, a lack of self-control often results in a thing we call "restriction"... there's little freedom in that. J.C. Nevin wrote, "One act of self-restraint is better than a hundred successful battles."

Let us exercise self-control so that we might enjoy the true blessings of life. ■

CAMP AMERICA WORSHIP SCHEDULE

Sunday	9 a.m.	Protestant Service	Troopers' Chapel
	6:00 p.m.	Confessions	Troopers' Chapel
	6:30 p.m.	Catholic Mass	Troopers' Chapel
	7:30 p.m.	Protestant Service	Building 3203
Tuesday	7 p.m.	Alpha	Building 3202
Wednesday	7:30 p.m.	Soul Survivor	Club Survivor
Saturday	3 p.m.	Saturday Vigil Mass	Troopers' Chapel

NAVAL BASE CHAPEL

Sunday	8 a.m.	Pentecostal Gospel	Sanctuary C
	9 a.m.	Catholic Mass	Main Chapel
	9 a.m.	Church of Jesus Christ of Latter-day Saints	Sanctuary A
Monday	9:30 a.m.	Protestant Sunday School	Main Chapel
	11 a.m.	Protestant Service	Main Chapel
	1 p.m.	Gospel Service	Main Chapel
	5 p.m.	Pentecostal Gospel	Sanctuary C
	7 p.m.	Prayer Group Fellowship	Fellowship Hall
Tues. to Fri.	7 p.m.	Family Home Evening	Room 8
	12 p.m.	Daily Mass	Cobre Chapel
Wednesday	7 p.m.	Men's Bible Study	Fellowship Hall
Friday	1 p.m.	Islamic Prayer	Room 12
Saturday	4:30 p.m.	Confessions	Main Chapel
	5:30 p.m.	Vigil Mass	Main Chapel

Jewish Services held every third Friday at 1930 in the NAVSTATION Chapel complex.

15 Minutes of Fame

with Lt. Cmdr. Daniel Brinson

By Army Sgt. Todd Lamonica

JTF-GTMO Public Affairs Office

How long have you been in the Navy?

30 years

Have you always been an officer?

No, I started my career as an enlisted Sailor. Upon moving up the ranks to E9, I decided to become a warrant officer. After achieving the highest rank in that structure, my next move was to become a limited duty officer.

What was your enlisted specialty in the Navy?

Aviation electricians mate was the first one. Then I went on to be an engineman. While working in this rate, the Navy determined that there were too many people in the rating, so they converted some of the enginemen to masters-at-arms.

What is your job at JTF-GTMO?

I work at the Joint Detention Operations Group S3 operations office. My job while here was to stand the nighttime field grade watch to relieve some of the pressure on Troopers who were on a 24-hour cycle.

Which unit are you assigned to?

Navy Provisional Guard Battalion

What are you going to miss most about the job?

The camaraderie with the troops and being able to mentor them.

How many different theatres of operation have you been to?

When I got in the Navy, my first deployment was to Vietnam during the embassy evacuation. Throughout the years I was deployed to various AORs such as Grenada, Haiti and the Persian Gulf.

Do you have any regrets?



Photo by Army Sgt. Todd Lamonica

JTF-GTMO Commander Brig. Gen. Jay Hood presents Navy Lt. Cmdr. Daniel Brinson with a Commander's coin. Brinson is retiring after 30 years of service.

No, not really, I've been to every continent in the world except Antarctica. It's been really great.

How does your family feel about your retirement?

They are looking forward to me spending more time at home.

What are your future plans?

The Merchant Marines is one option I may pursue, or I may get into a position relating to security.

Is there any advice that you would like to give your fellow Troopers?

Take some time to enjoy your career. The time goes by quickly. Always realize how important the mission really is.

How has 9/11 changed your life?

I was in port on a patrol craft in New York harbor when the planes hit the World Trade Center. My wife called me that day and told me she saw it on the news. We did

not have a TV in front of us, so we were skeptical about it at first. We had a crew of 40, plus a 10-man SEAL team on board. At the time of the attack some of the crew had gone out on a PT run, and during their run they passed the towers. After we saw the second tower get hit we made preparations to get underway. As we got underway, the ship was no more than 800 yards down the Hudson River, and we watched the towers collapse. At that point we coordinated with other ships in the area and began to retrieve civilians out of the water. We did that for a few hours and then were ordered back to home station. Seeing what I saw that day just put the whole mission into perspective for me. ■

15 Minutes of Fame

Know a Trooper worthy of being highlighted in "15 Minutes of Fame?" Call Sgt. 1st Class Sheila Tunney at 3594.



Photo by Army Sgt. Todd Lamonica

▲Members of the Office for the Administrative Review of the Detention of the Enemy Combatants (OARDEC) and Headquarters Company load ammunition into magazines prior to their weapons qualification.

AROUND THE JTF



Photo by Army Sgt. Todd Lamonica

▲Chris "Teach" McNeil, one of the members of Urban Street Bike Warriors, shows the crowd some of his skills at the Downtown Lyceum.



Photo by Army Sgt. Todd Lamonica

▲Army 1st Sgt. Richard Munoz of 1/143rd Field Artillery, California National Guard, goes over some marksmanship techniques with Spc. Richard Holdridge while getting him ready to qualify at the 9 mm pistol range.



Photo by Army Sgt. Todd Lamonica

▲Erica Leighton, a spouse of a civilian contractor who works for the Resident Officer in Charge of Construction, sold some of her prints to Sarah Breazeale at the craft show at the Bayview Restaurant.