



THE WIRE



Honor Bound To Defend Freedom

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Friday, September 2, 2005

15 Minutes of Fame, pg. 11

New detainee psych ward to open soon

By Spc. Dave Lankford

JTF-GTMO Public Affairs Office

In a never-ending effort to improve the quality of care offered to the detainees at GTMO, Camp Delta is preparing to open its new psychiatric ward before the end of the year.

Though the level of treatment the detainees receive has always been top quality, the new facility will be a more comfortable environment for the patients, as well as a more convenient location for the servicemembers working there.

The new facility will be an extension of the detention hospital, and unlike the old ward, will be air conditioned throughout. The new ward will have 20 beds in segregated rooms, unlike the old ward, which was set up much the same as a standard block. This

will enable the staff to provide care in a “conducive, therapeutic atmosphere,” said Navy Capt. Barney Barendse, Deputy Joint Task Force Surgeon.

“[The detainees] are patients and treated accordingly. We treat them the way we would treat any other psychological disorder. They get the same care [JTF Troopers] get, they just have quicker access to it because they live right there,” said Barendse.

Barendse also said the new ward will help in that it will bring both medical facilities together in the camp. At this point



Photo provided by JTF-GTMO Combat Camera

The new detainee psychiatric ward at Camp Delta is expected to be in use by October.

there is a distance between the two facilities. This takes time not only for the medical staff, but also for the guards who have to move the detainees from place to place.

“The thing about this new ward is we have the dedicated guard force there, we’re a tri-service staff running the place and the Navy is the executive agent. Combine all of this together and we have an excellent program,” said Barendse.

The new ward is in the final stage of construction, and should be fully operational in the near future.

“We did the walk through about 10 days ago. We’re just waiting on furniture at the nurses’ station, doctors’ offices, conference room and in the actual segregated rooms. The previous ward was set-up much the same as a standard detention block. It’s built just like a prison psychiatric ward would be built...We used the American Corrections Association as our guide,” said Barendse.

If everything goes as planned, the new psych ward should be opened in early October. ■



Fair winds and following seas

Professionalism. This is the first thing that comes to mind when I think of the Navy Provisional Guard Members who have served the past six months inside and outside of the wire here at Joint Task Force Guantanamo. This professionalism is what the sailors and leaders of the Navy 6.0 Guard Battalion and Companies have displayed, and they have displayed it well. A truly great group of sailors, you arrived here with the eagerness and the desire to perform your duties at the utmost level that you, as individuals and as a team, could manage. I am very impressed with everything you have accomplished and I am proud to have served with each of you.

For the leaders of the Navy Provisional Guard, you have displayed the desire to lead and have set the example for your Sailors; you have lead from the front. Your efforts are evident in the professionalism your Sailors have brought to JTF-GTMO, and I thank you for everything you have done. You are all great leaders. I bid you all farewell and good luck in your future endeavors and urge you to continue your professionalism as you leave Guantanamo Bay and wherever your journeys will take you. Fair winds and following seas.

At the same time I would like to say welcome aboard to the Sailors and leaders of Navy Provisional Guard Battalion 6.5. You have a challenging job ahead of you and your work will not be easy. I encourage you to learn everything you can from your 6.0 counterparts, as their success should be a model for you. Your left seat / right seat ride is critical to a successful transfer of authority and mission accomplishment. This period in your service here at JTF-GTMO will set you on your own road to success. I am already impressed with how you arrived: trained and ready to serve. Your contributions to this task force will make the difference in everything you do.

I will leave you with this encouragement: stay vigilant, stay alert and know your job. Master your duties. Do what is right- the way you were taught- every time, both on and off duty. Your duties are very important and each and every one of you contributes to the success of this mission.

Again, thanks to all who are now leaving us and to those who will now serve.
Honor Bound! ■

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Blogs

ArmyGirl154



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Gender: Female

Age: 23

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Home town: Boston

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To: GTMO

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- Life in this Girl's Army -
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Blog Archive

 [Older Newer]

8 29 2005

Go

Friday, September 2, 2005

By Spc. Seth Myers

JTF-GTMO Public Affairs Office

Current mood:  Amused

Living in GTMO can be quite an experience. Despite the increasing amount of press, the general public still doesn't understand the GTMO life--and how could they? They haven't lived here. Sure, some have visited, but it is one thing to see what goes on down here and another to live it day by day. People don't hear about the personal struggles. They don't see the little idiosyncrasies that make up our every day life. How can we make them see this side of our lives? Some Troopers accomplish this through blogs.

"Blog" is short for Web log, and in essence, it is an online diary. Authors of blogs are sometimes referred to as "bloggers" and write for all kinds of reasons. Some write because it is an easy way to communicate with loved ones back home. Others use blogs as a venting tool after a hard day's work, and as mentioned before, some just want to get the story out.

"You go out on a mission or patrol, come back and sit down at a computer, and it was kind of a release," said Colby Buzzell in Jonathan Finer's August article in the *Washington Post*. Buzzell is the author of the blog, "My War" (www.cbftw.blogspot.com). In October, Buzzell's blog will be converted into a book about his experiences in Iraq.

"I wasn't writing for a book deal, I was writing for myself. It was a way to deal with the madness and made the days go by a little faster," Buzzell said.

Whatever the reason is and whether it is from here or Iraq, blogs get out a much more specific and personalized tale of Troopers' deeds. One Soldier, Sgt. Elizabeth Le Bel, detailed her experience of when her Humvee has hit by a roadside bomb in her blog, "Life in this Girl's Army."

"I vaguely [*sic*] remember rolling, but the next thing I clearly remember is looking and realizing that I was 1. good and truly [*sic*] stuck, and 2. hanging upside down, and I was alone. I started to scream bloody murder, and one of the other females on the convoy came over, grabbed my hand and started to calm me down. She held onto me, allowing me to place my leg on her shoulder as it was hanging free," Le Bel wrote. "I thought that my face had been blown off, so I made the remark that I wouldn't be pretty again LOL (laugh out loud). Of course the medics all rushed with reassurance which was quite amusing as I know what I look like now and I don't even want to think about what I looked like then."

There are over a hundred military blogs on www.aapavatar.net/blogs.htm alone, and there are many elsewhere. Some believe military blog readership is in the thousands. Le Bel's blog, at www.sgtlizzie.blogspot.com, has been visited 45,000 times since its beginning, according to Finer's article.

However, Troopers must keep in mind they are responsible for what they write when they blog. Department of Defense policy dictates that no classified information can be in their blogs, names of dead troopers whose next-of-kin haven't been notified cannot be mentioned, there can be no speculation on incidents that are still under investigation, and all military blogs from Iraq must be registered. This seems fairly obvious and most Troopers do follow these rules but there have already been problems. A Trooper who violated this policy was demoted and fined for posting classified information on his blog.

If you are thinking about keeping a blog, by all means do so. It keeps loved ones at home informed and helps them understand what you are experiencing on a more personal level. It also keeps our public posted on how Troopers view what is going on, but keep in mind what is appropriate when you are writing to protect yourself and operations security (OPSEC).

For more information on Department of Defense Internet policies go to www.defenselink.mil/webmasters and for information on OPSEC read AR 530-1. ■

4:00 PM - 2 Comments - 2 Kudos - [Add Comment](#) - [Edit](#) - [Remove](#)

Where in the world?

By 1st Lt. Tracey Frink

JTF-GTMO Public Affairs Office

Troopers, do you know where to go to find out travel information for your next set of leave dates? Well, if you don't, try looking in your own back yard to the Information Tickets & Travel office.

The ITT office is located in the lobby of the Bayview Club. When you arrive you will be greeted by MWR's ITT travel coordinator, Andre Gordon.

Where can you go on these trips? Some of the locations available are to the Bahamas, Jamaica, Brazil, Grand Caymans and the Dominican Republic. Trips to Turks and Caicos Island will soon be available, said Gordon. Gordon is working with Darnell Davis, airfield manager, to make other locations available to visit, depending on customer demand.

The services that are available are bookings of package deals and include resort stays and flights, cruise bookings with Carnival and Norwegian cruise lines, group trips to designated locations, coordinated trips with the Jacksonville ITT office for trips to Florida and the surrounding areas, and hotel bookings in certain locations. In early September, a group trip to Montego Bay will be made available through the office. Individuals who book their trips and cruises through the ITT office receive a military rate and each varies with the destination visited or cruise booked.

"When booking a vacation, trip or cruise there are certain stipulations that should be followed," Gordon said. "Call and make an appointment so I can assist you with booking your vacation." Travelers should have an idea of where you want to go so the process can occur smoothly and effortlessly.

"Remember, if you are visiting a foreign country, each person will need a passport or a certified copy of their birth certificate and photo identification for entry upon return to the US and its territo-



Photo by 1st Lt. Tracey Frink

Those who want to travel from GTMO should call Andre Gordon at the Information Tickets and Travel office.

ries," said Gordon.

JTF personnel must be on leave to take the trips offered by the ITT office. "Thirty days prior notice will be necessary to successfully book a confirmed trip if you are considering booking a vacation in the near future," he said.

According to Gordon, many of the customers tend to be contractors, Department of Defense employees or the other residents of the Naval Base.

"Most of JTF does not know where my office is or that the service is even available on the island. I encourage JTF personnel to stop by and visit or call," he said. Anyone interested in using the ITT office's services can call for an appointment at extension 5586 or 90116. ■

Photo contest

By Spc. Timothy Book

JTF-GTMO Public Affairs Office

Troopers and base residents have an opportunity to put their artistic skills to the test with a photo contest in October.

Photographs must have been taken at GTMO from January 2004 to the present and not have been previously published.

The size of the photos should be 4x6 or 5x7. All digital photos should be submitted on a CD. Up to three prints or digital images will be accepted from each entrant.

The contest is open to everyone at GTMO. Don't feel intimidated if all you have a snapshot camera. It is possible to take a great photograph even with one of the disposables they sell at the NEX.

Use some common sense, too! Photos must be in good taste, and of course, must not violate operations security.



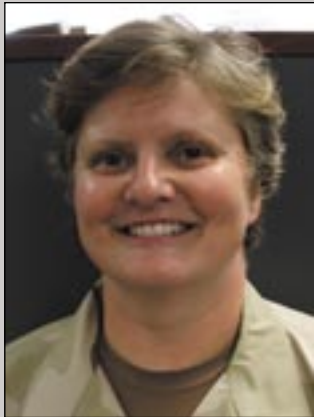
Winning snapshots from our last photo contest included these two, which were taken by Terry Matlock (right) and Harriet Johnston.

There will be two categories, color and black and white. In each will be subcategories: military, extreme, nature, and patriotic. Prize for the best pictures will be courtesy of MWR and include gift certificates for boat rentals.

So dig out your camera or buy a disposable and show off your best work. Don't take too long, though, the deadline is Sept. 30. Drop off your prints or disk to *The Wire*, Building 4106, Camp America. ■

BOOTS ON THE GROUND

Spc. Dave Lankford asked Troopers around the JTF, "What are your financial goals while here at GTMO and what are you doing to achieve them?"



◀“My husband retired from the Air Force recently. My goal was to spend as little money as possible so that we wouldn’t have to dip into savings. He just started a new job and we have managed to get by on his retirement pay and my regular pay. Since I elected not to get any of my deployment pay until I file my final travel voucher, I’m thinking of spending all that on one of those great coffee pots that Lt. Cmdr. Tony De Alicante has in the SJA office.”

—Master Sgt. Barbara Lamb

▶“I just reenlisted, so I got a \$15,000 bonus. With that I’m going to pay off all of my bills. Then I may go active duty and get another bonus..”

—Army Sgt. Anthony Williams



◀“My goal is to continue saving--as always--for my future and my kids’ college. Nothing’s going to change because I’m at GTMO.”

—Navy Chief Petty Officer Warren Canady



▶“My goal while I’m here is to stay busy, not spend money and study to make chief. I’ll make more money and spend less. Besides that, I’m saving a bundle on gas.”

—Petty Officer 1st Class Vincent Dante Demarco



TRICARE to provide hearing aids

Beginning Sept. 1, active-duty family members (ADFM) who meet specific hearing-loss requirements, will be eligible to receive hearing aids including services and supplies as a TRICARE benefit. This benefit is extended as part of the National Defense Authorization Act (NDAA) for Fiscal Year (FY) 2002. Previously, hearing aids and services were only available to those who were in the Program for Persons with Disabilities (PFPWD). The FY 2002 NDAA provision allows for coverage of a hearing aid to ADFMs diagnosed with a “profound” hearing loss. With the assistance of service physicians and audiologists from both the Department of the Defense and Veterans Affairs, TRICARE has established separate hearing-level thresholds for adults and children. Eligible TRICARE beneficiaries will receive all medically necessary and appropriate services and supplies, including hearing examinations administered by authorized providers that are required in connection with this benefit. Eligible beneficiaries who suspect that they or a family member may have a hearing loss should schedule an appointment with their primary care manager (PCM) for an initial examination. The PCM will then refer the beneficiary to an audiologist for any necessary tests. For more information, beneficiaries may visit the TRICARE Website at www.tricare.osd.mil/ or call the TRICARE Regional Office (TRO) North (1-877-874-2273), TRO South (1-800-444-5445), or TRO West (1-888-874-9378). Overseas beneficiaries may call 1-888-777-8343. For more general information on TRICARE and its programs, visit military.com/Resources.

-- *MilitaryReport.com*



Port Security fires up training

By Spc. Seth Myers

JTF-GTMO Public Affairs Office

Imagine racing around in an extremely fast boat while a huge crew served weapon blasts off round after round at a target buoy. Huge shells are flying all over the place and deafening bangs echo through your ears. Crisp, clear blue water is forced aside by the power of the boat, creating huge splashes of white foamy water in its wake. The boat is rocking around, and amidst all this, the Trooper is not fazed. The buoy appears small because of the distance, but this will not save it from the ensuing punishment.

This was the scene at the live fire exercise the Coast Guard's Port Security Unit (PSU) 311 conducted in the bay Aug. 25.

The exercise was done primarily for weapons familiarization, but the value of the training was immense.

"[The value] is huge. Being able to conduct a live fire exercise allows us to practice in a more 'real' environment. It is rare that we can do a live exercise," said Petty Officer 1st Class John Thompson, PSU 311's weapons petty officer. "This really increases our readiness and sharpens our edge."

The unit is very dedicated to training. In fact, they had gathered for the training well before light and were underway just as the sun began to rise.

The unit takes pride in the job they do here and in any missions they undertake. Since 2001, the 311th has deployed to Bahrain, Kuwait and Iraq.

"We deploy. We are ready to deploy, and we like to deploy any time and any place," said Thompson.

The unit is obviously serious about its job and its training. This considered, they intend on doing this training again.

"At a minimum, we will do it one more time. When the new unit comes in, we will show them the ropes," said Thompson. ■

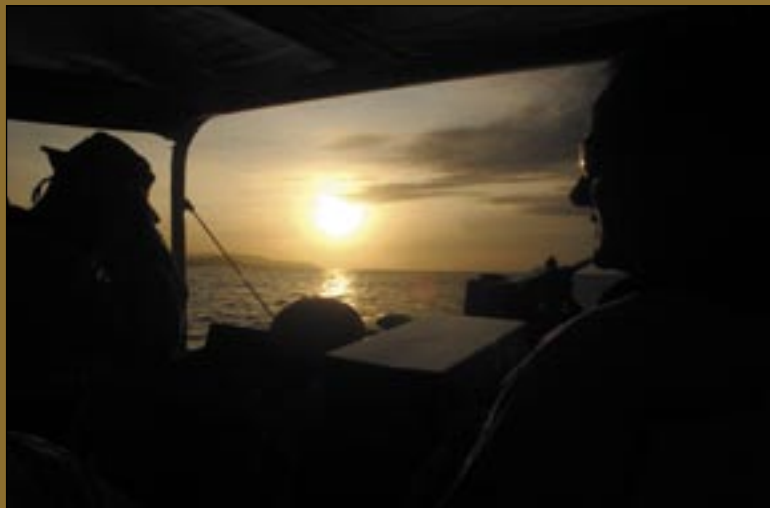


▲▶A Coastie unleashes fire upon the buoy with a crew served weapon from the front of the boat.





◀▲The sun was just starting to rise as they got out in the waters for the training.



▲Direct fire is applied by this Coastie and his crew served weapon from the side of the boat.



▲The Coasties prepare for their run at the buoy.

AFC playoff spots are not easy to come by

Commentary by Spc. Ian Shay

JTF-GTMO Public Affairs Office

We're less than two weeks away from opening kickoff in Gillette Stadium on Sept. 8, and the 2005 National Football League season is finally upon us. Some AFC teams are getting ready for another great season, while others are right back where they started last season.

Let's start with the **AFC East** and the Super Bowl Champs, the **New England Patriots**. The Patriots have won three of the last four super bowls, but can they make it back this year? I would have to say no. The Patriots have always relied on their dominating defense to make big plays and cause turnovers. Now with the loss of defensive leader Tedy Bruschi along with several other key defensive players, the Pats lose their much relied upon defense. Perhaps the biggest loss is that of defensive coordinator Romeo Crennel, who landed a head-coaching job with the Browns.

For the rest of the AFC East,

look for the **New York Jets** to win the division if Chad Pennington can keep his elbow from getting hurt again. The **Miami Dolphins** look to go under .500 again because the quarterback situation remains a problem. The **Buffalo Bills** will test out their inexperienced quarterback J.P. Losman, and hope he as well as their defense can get them a wild card spot.

The **AFC North** will once again be a tight race with the **Pittsburgh Steelers** hoping to maintain some dominance over the rest of the division. The Steelers will try to get another great season out of "Big" Ben Roethlisberger and veteran back Jerome Bettis. Chances of another 14-1 season happening are slim to none, but they'll probably still win enough games to take the division.

The others, like the **Baltimore Ravens**, will have to rely on their defense again, since Kyle Boller is never going to be the QB Brian Billick thinks he



Images found on google.com

Chad Pennington's offensive line better work hard this year, because when he falls, the Jets will crash with him.

can be. The **Cleveland Browns** have got Crennel and will improve, but not enough to keep them from the bottom of the AFC North. The **Cincinnati Bengals** will make a push for a wild card spot with the help of explosive players like Chad Johnson and Rudi Johnson.

The **AFC South** has some promise. How much? That's up to them. The **Indianapolis Colts** will without a doubt win the division behind Peyton Manning and last year's second ranked offense, even though their pre-season performance says otherwise. The **Tennessee Titans** are banged up and in need of help as usual. The **Houston Texans** still need to get David Carr some more help on the offensive line or his 140 sacks in three seasons is going to increase exponentially. The **Jacksonville Jaguars** are another team looking to get a wild card spot in the playoffs and Byron Leftwich continues to improve along with the Jacksonville defense.

And then there's the **AFC**

West, a tough division where the division title has changed hands three times in the last three years. The **San Diego Chargers** won the title last year after Drew Brees had a breakout season leading the Chargers to a 12-4 record. The Chargers have the number one running back in the league with LaDainian Tomlinson and a great tight end in Antonio Gates. The Chargers have a good shot at the AFC Championship game. The **Denver Broncos**, **Kansas City Chiefs** and **Oakland Raiders** will battle it out for a playoff spot; all have the potential to make it, but an AFC playoff spot is not easy to achieve.

My predictions are the Jets, Chargers, Colts and Steelers will all win their respective divisions with Jacksonville, Cincinnati and New England vying for wild card spots. It's going to be a very close playoff race this season which makes for a very exciting football season. Next week I will highlight the NFC and focus on the teams bound for the playoffs. ■



LaDainian Tomlinson will soon prove why he is the NFL's top fantasy pick

Can't find it at the NEX?

By Spc. Ian Shay

JTF-GTMO Public Affairs Office

Everyone likes to go shopping and buy new things, but sometimes the NEX here does not carry the brand or product you need. So how do you get that book you really want to read or that CD you really can't wait to listen too? Easy. Shop online.

There are millions of possibilities online and you can reach any product with the stroke of a few keys and a few clicks of your mouse. Whether it's something small like a watch or something larger like a laptop, you can find it online. Whether you want something new or something used in order to save a few bucks, it's all at your fingertips.

How do you find the product you want? You can start by asking a buddy. If they don't know where to shop, just run a search for it on Google or Yahoo. If it's a popular chain retail store you're looking for, most have Internet shopping sites from which you can purchase their products. And if you want something rare or used, try shopping on sites like Amazon or Ebay.

At sites like Amazon and Ebay, merchants sell new and used items for prices they set. The key to buying online is to compare prices, especially for sites like these.

It's very common to see 10 or 15 sellers all selling the item you want so make sure you always read the fine print. Find the cheapest price for the item you're shopping for and make sure the seller has a good rating. Once a consumer buys a product from a seller they can leave a satisfaction rating. Always make sure your seller has a good rating because there are always people out there who will try to rip you off.

The chance of getting ripped off is low, but it does happen, so protect yourself and your money. Always keep your e-mails regarding your payment and shipment of your order until your order is received. If someone ships your order late or not at all, report it to the site and the site will then take action to reimburse you and ban that seller from the site.

Another thing to watch out for is ship-



ping costs. Sometimes you may find what you think is a cheap item on Ebay only to click on the item and find out it has a \$50 shipping price. Besides shipping costs, watch out for foreign versions. If you see three of the same DVD going for \$10 and then one for \$5 dollars check to make sure the cheaper DVD isn't a foreign made version or one your DVD player can't read.

It may seem like online shopping has a lot of pitfalls, but it's just like shopping back home. You don't just pick up a shirt and buy it. You inspect it for holes or tears and make sure it's the right size for you. ■

Money back in your pocket

Story and photo by Army Staff Sgt. Angelo Almodovar

1/18th Cavalry Regiment



Navy Cmdr. William Wright (left) extracts a wisdom tooth from Spc. Rocky Stone, 1/18th Cavalry Regiment, with help from Navy Petty Officer 3rd Class Jesus Diaz.

But, one of the largest savings he will realize will be from medical and dental treatment. In fact, a National Guardsmen or Reserve Trooper who has oral surgery here may save thousands of dollars.

As the syringe punctures the lower gum line to numb Spc. Rocky Stone before a wisdom tooth extraction, one can only wonder what is going through his mind.

Most likely, he's *not* thinking about how much he's saving in medical and dental expenses while deployed at GTMO or how much this surgery would cost him in the civilian world.

Back in the chair...Stone is well anesthetized and at this stage of the oral surgery he doesn't feel a thing.

"In most cases, wisdom tooth extractions are as simple as any other tooth extraction," said Cmdr. William Wright, head oral surgeon at Guantanamo Bay Naval Hospital. "However, in some cases wisdom teeth can be tough to pull...They have to be sectioned and extracted in many pieces."

Wisdom tooth removal is one of Wright's specialties. He said that after 22 years in service and over 30,000 patients, he has seen all types.

As he continues with the surgery, he carefully explains every detail. Sometimes he stops to explain the process as he and his assistant pull out pieces of the wisdom tooth from Stone's gums.

(After observing for about 20 minutes, this writer's stomach could not handle it and they decided to step outside to wait for the final suture...)

It can take up to an hour to remove a tooth if it is a tough one, is infected or if stitches are needed. But, in Wright's hands one is guaranteed to have a pleasant visit. Oral surgery is one of the few specialty services provided at the hospital and if taken advantage of will save money for Reserve component Troopers.

Editor's note: Staff Sgt. Almodovar is a unit public affairs representative; editorial assistance with his article was provided by members of the 326th Mobile Public Affairs Detachment. ■

Work

By **Chaplain (Lt. Col.) Stephen Molnar**
JTF-GTMO Chaplain

One issue that really seems to irritate troopers with whom I speak is someone in their work area who simply will not "pull their share of the load." Everyone knows this type of person. The one who is the last to arrive and the first to leave. I think of someone who is never there when there is work to be done. The one who always seems to dump his workload onto someone else. You get the idea.

Labor Day weekend is a good time to pass on a few thoughts on the subject of work.

A better word for work, in the sense of which I would like to speak of it, is vocation. Vocation comes from the Latin *vocare*, to call, and it means the work a person is

called to by God.

There are all different kinds of voices calling you to all different kinds of work and the problem is to find out which is the voice of God rather than of society, say, or the ego, or self-interest.

A good rule to follow when trying to determine the right "voice" to listen to is this: The kind of work to which God calls you is (a) that work you need most to do in life and (b) that work the world most needs to have done. If you really get a kick out of your work, you have probably met requirement (a), but if your work is writing deodorant commercials for TV, chances are you have probably missed requirement (b). On the other hand, if your work is being a doctor in a cancer ward, you have probably met requirement (b), but if most of the time you are depressed and bored by the work, then chances are you have not only missed requirement (a) but probably aren't helping your patients much either. The place God calls you to is the place where you

deep gladness and the world's deep hunger meet.

Serving in the armed forces of your country is an honorable vocation. It clearly meets requirement (b), and can, for some, meet requirement (a). Working in JTF-GTMO is challenging in many ways. As you meet those challenges take a moment to consider if this is your life's vocation. Even if it isn't, that is, it doesn't meet requirement (a), service in the JTF-GTMO meets requirement (b). Your hard work is needed. When you shirk you hurt your shipmate, buddy, friend, the mission capability of the JTF, and your country. I can assure you that God isn't too happy either. St. Paul condemns idleness saying, "If a man will not work, he shall not eat." My prayer for each of you is that sometime in the tower, on the cell block, in the cubicle, moving supplies, or sitting in your fifth meeting of the day a light will go on in your head, "Now I know what I was meant to do." ■

Remembering 911

The Commanding General of JTF-GTMO, Maj. Gen. Jay W. Hood, will remember the events of Sept. 11, 2001 with a very brief ceremony, his comments and a moment of silence to be conducted Sun. Sept. 11, 2005 from 8:30 a.m. to 8:40 a.m. at the flagpole in front of the JTF Headquarters (IOF). The uniform for those on duty will be duty uniform, and for those off duty, it will be civilian clothes. Come for a few brief moments to remember those who have died and those who continue to sacrifice themselves in the struggle in which we are now engaged. ■

A New Worship Opportunity Protestant Liturgical Worship

In response to requests by members of the Guantanamo Bay community, a Liturgical Protestant Service will be added to the opportunities for worship at the NAVBASE Chapel. The worship will be conducted in Sanctuary B at 10:00 a.m. beginning Sun., 4 Sept. Army Chaplain (Lt. Col.) Chris Molnar and Navy Chaplain Lt. Cmdr. Karl Koch will lead the services. Those who attend can expect a formal worship much like they would experience in Lutheran and Episcopal or Anglican Churches around the world. The worship services will include Scripture readings and hymns that reflect the seasons of the church year. The Eucharist will be offered. You may direct your questions to Chaplain Molnar @ 3202 or MolnarSC@JTFGTMO.southcom.mil. ■

CAMP AMERICA WORSHIP SCHEDULE

Sunday	9 a.m.	Sunday School	Troopers' Chapel
	10 a.m.	Protestant Service	Troopers' Chapel
	6:00 p.m.	Confessions	Troopers' Chapel
	6:30 p.m.	Catholic Mass	Troopers' Chapel
	7:45 p.m.	Protestant Service	Troopers' Chapel
Tuesday	7 p.m.	Bible Study	Building 3203
Wednesday	7:30 p.m.	Soul Survivor	Camp America North Pavilion

NAVAL BASE CHAPEL

Sunday	8 a.m.	Pentecostal Gospel	Room 13	
	9 a.m.	Catholic Mass	Main Chapel	
	9 a.m.	Church of Jesus Christ of Latter-day Saints	Sanctuary A	
	9:30 a.m.	Protestant Sunday School	Main Chapel	
	10 a.m.	Protestant Liturgical	Sanctuary B	
	11 a.m.	Protestant Service	Main Chapel	
	1 p.m.	Gospel Service	Main Chapel	
	5 p.m.	Pentecostal Gospel	Room 13	
	Monday	7 p.m.	Prayer Group Fellowship	Fellowship Hall
		7 p.m.	Family Home Evening	Room 8
Tues. to Fri.	12 p.m.	Daily Mass	Cobre Chapel	
Wednesday	7 p.m.	Men's Bible Study	Fellowship Hall	
Friday	1 p.m.	Islamic Prayer	Room 12	
Saturday	4:30 p.m.	Confessions	Main Chapel	
	5:30 p.m.	Vigil Mass	Main Chapel	

Jewish Services held every third Friday at 7:30 p.m. in the Naval Base Chapel complex.

Hebrew classes are being offered at the Naval Base Chapel complex Thursdays 7-8 p.m. in Room 11.

15 Minutes of Fame

with Air Force Staff Sgt. Trisha Plummer

By Spc. Dave Lankford

JTF-GTMO Public Affairs Office

Members of the military encounter many people in their careers, whether that career lasts four years or 30. When it's all said and done, some of those people will have made an impression. Air Force Staff Sgt. Trisha Plummer is one of them.

Behavioral health services may be one of the most difficult jobs in the Joint Detention Group, but after almost nine years of service, Plummer has the patience and professionalism to do a stand out job. In addition to her duties at the detention hospital, or perhaps because of them, Plummer is in tune with the needs of those around her. She is always willing to take time out to listen to someone who needs to talk.

"Trisha is a great friend. She is there when I need someone to talk to or when I need a hug. She is honest

and funny and she's nice to people who are nice to her. She can tell how my day was even before I open my mouth. What a cool gal. I am so lucky to know her," said Spc. Kay Izumihara.

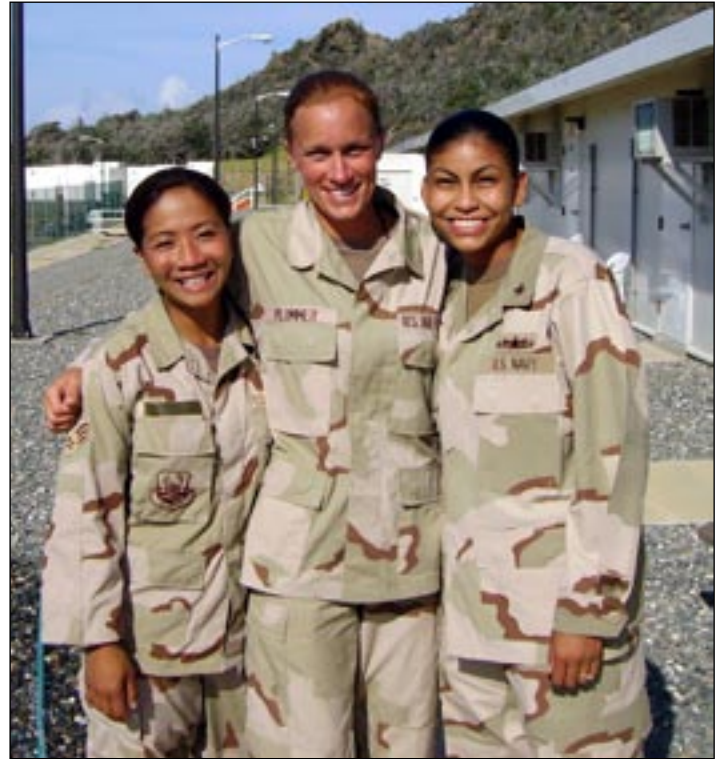
In her duties at the detention hospital, Plummer is not only responsible for the welfare of the detainees, but the welfare of her subordinates as well.

"Trish is all about looking out for her coworkers and is the epitome of leadership by example," said Tech. Sgt. Donald "Ike" Dyer.

On a more personal level, Dyer said, "Trish is a good friend to a lot of people. She's just a real good person."

In her off time Plummer enjoys a vast array of activities including bowling, swimming, cooking out, playing volleyball and golfing. With such a wide variety of interests, Plummer has the opportunity to interact with a lot of people. With her pleasant personality she has a tendency to

make a lot of friends. "Trish is an amazing person with an even more amazing heart. Although I do not know much about what she does at work, I do know that having her here as a friend has been a great privilege to anyone who had the opportunity to meet her. She will be greatly missed when she leaves the island, and I look forward to keeping in touch with her and her family to see



Photos by Spc. Dave Lankford

Air Force Staff Sgt. Trisha Plummer has made friendships in her short time at GTMO that will last a lifetime.

where life will bless her next," said Army Sgt. Alan Epley.

It's clear when speaking to anyone who has had the opportunity to know Plummer as a coworker or a friend, she has truly made a lasting impression, as well as some friends for life. ■

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It's clear when speaking to anyone who has had the opportunity to know Plummer as a coworker or a friend, she has truly made a lasting impression, as well as some friends for life. ■



15 Minutes of Fame

Know a Trooper worthy of being highlighted in "15 Minutes of Fame?" Call Sgt. 1st Class Sheila Tunney at 3594.



AROUND THE JTF

◀B-Troop, 1/18th Cavalry Regiment Soldiers qualify at the range regularly to ensure mission readiness.



▲A coffee pot owned by Navy Lt. Cmdr. Tony DeAlicante of SJA has become famous at HHC, and one can be yours for the low, low price of just \$900.



▲A brass band led by Army Capt. Edward Johnson entertained Troopers at the Aug. 24 prayer breakfast.



◀Several members of the 1/18th Cavalry Regiment were promoted Monday at Club Survivor. Among them was newly promoted Staff Sgt. Mark Rock from C-Troop, 1st Platoon.