

# ***THE WIRE***

**A News Magazine**

**HONOR BOUND TO DEFEND FREEDOM**

**Joint Task Force  
Guantanamo's  
Finest News Source**

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**with Navy Cmdr. John R. "Jack" Capra**

# Lead the way with good guidance

By Navy Command Master Chief  
Petty Officer Brad LeVault

JTF-GTMO Command Master Chief

In two previous *The Wire* articles, October 27 and November 3, Adm. James G. Stavridis, Commander, U.S. Southern Command, articulated both his expectations of character traits and top four leadership focus areas. Both articles give excellent guidance for good work ethics as well as excellent guidance for life. I recommend reading them often, and I am providing a review of all of them in this article.

## Character Traits

**Civility:** Don't lose your temper – it only clouds your judgment.

**Quiet Confidence:** Be calm and steady. Establish your reputation through deeds and low-key professionalism.

**Creativity:** Be a sparkplug. Continually ask, "How can I do this better?"

## **Teamwork & Collaboration:**

Work together. Joint Task Force Guantanamo is far more efficient and effective working as a team than as individuals.

**Determination:** Never, never give up.

**Honesty & Integrity:** Tell the truth unflinchingly.

## Top Four Leadership Focus Areas

**Serve Our People:** Care for and empower Troopers.

**Innovate to Improve:** Do not accept the status quo. Strive to invent new approaches in every area.

**Conduct Operations:** Always be ready to conduct prompt and sustained operations.

**Plan for Contingencies:** Be prepared to adapt to branches within the sequels. A coherent planning process is fundamental to our success.

None of this happens in a



vacuum. The JTF must communicate, cooperate and coordinate on every mission and in every area of its responsibility. To succeed in your personal life the same applies. Taking off your uniform neither puts you in a vacuum nor relieves you of responsibilities. While at GTMO you continue to influence and lead Troopers and while at home with your family.

All leaders must take the lead to put guiding principles into effect and keep them effective and all with the focus on mission accomplishment. Away from work you must take the lead and use good guidance to accomplish your personal and family goals and missions.

The mission of the JTF-GTMO is important to the security of our nation. All of us must be at our best to ensure the JTF is effective and efficient. When we continually couple good guidance with the way we lead our Troopers, it becomes a force multiplier. Also, your family's well-being and success depends on your leadership and guidance. Periodically reading the character traits and leadership-focus guidance will keep you focused and make what you do at work and at home more successful. ■

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# Reflections of HONOR

By the Navy Petty Officer 2nd Class Gary Keen

JTF-GTMO Public Affairs Office

United States military Warfare Pins and Badges are reflections of honor signifying rating qualification, accomplishment and serve as identification devices for personnel. Each military service has different regulations on pins and badges. There are too many badges to mention in this article, but we'll take some time to learn about a few of the more common or more recognizable ones.

The Outstanding Airman Badge is an award worn by the winners of the 12 Outstanding Airmen of the Year in the Air Force. It is a temporary badge worn for only one year, but Airman are authorized to wear the Outstanding Airman of the Year Ribbon as a permanent award.

The Enlisted Surface Warfare Specialist (ESWS) and Enlisted Aviation Warfare Specialist (EAWS) pins are two different pins you may see displayed both over and on the left breast pockets of U. S. Navy Sailors. These pins are mandatory for Sailors E-5 and above who are attached to Navy Afloat Commands. Sailors wishing to earn their pin(s) must pass a difficult series of written and oral examinations given to them by senior enlisted personnel. Sailors must display that they are knowledgeable in all areas of their afloat command.

The Army has the Combat Infantryman Badge (CIB) which is awarded to Soldiers who participate in ground combat while assigned as a member of an infantry or special forces unit. Another badge the Army has that can be worn below the CIB is the Parachute Badge. A Soldier is awarded this badge after completing Army Airborne School to show that the Soldier is qualified to conduct airborne operations. The Navy, Marine Corps and Air Force can also earn this Parachute badge.

These are just a few of the many badges in the United States Armed Forces that help you stand out and show you can handle responsibility. I think The Master Chief Petty Officer of the Navy (MCPON), Joe R. Campa, Jr. Said it best, "It reflects the pride and significance rightfully associated with a leadership position." ■

A partial list of badges and pins are listed below.

## Outstanding Airmen of the Year Badge (Air Force)



## Enlisted Surface Warfare Specialist Pin (Navy)



## Enlisted Surface Warfare Specialist Pin (Navy)



## Basic Parachutist Badge (Army)



## Combat Infantryman Badge (Army)



# Army Launches Wounded Warrior, Family Hotline

## Press Release

From American Forces Press Service

WASHINGTON, March 19, 2007

– Army officials this morning launched a new hotline to help wounded warriors and their family members to get information or assistance with medical or other issues.

The “Wounded Soldier and Family Hotline,” 1-800-984-8523, also will help Army leaders improve services to wounded soldiers and their families, officials said.

“We have designed this call center to be able to collectively hear what the soldiers say about their health care issues, so as issues are raised, we can identify systemic faults or problematic areas and senior leaders can better allocate resources,” said Maj. Gen. Sean J. Byrne, commander of U.S. Army Human Resources Command.

“It’s all about serving our wounded and injured soldiers and their families,” he added. “If we can find a way to improve our system, we will. It’s that simple.”

In a statement, Army officials acknowledged that many soldiers wounded in the global war on terror and their families are “enduring hardships in navigating through our medical care system.”

“The Army is committed to providing outstanding medical care for the men and women who have volunteered to serve this great nation,” officials said in the statement.

Care of wounded soldiers has been in the spotlight since a February series of articles in the Washington Post revealed shortcomings in outpatient care at Walter Reed Army Medical Center, here. Since then, the hospital’s commander was relieved, Army Secretary Francis J. Harvey resigned, and the service’s surgeon general submitted his retirement request over the issue.

“Recent events made it clear the Army needs to revise how it meets the needs of our wounded and injured Soldiers and their families,” Army officials said in yesterday’s statement. “In certain

cases, the soldiers’ chain of command could have done a better job in helping to resolve medically related issues.”

Officials stressed that the hotline is not intended to circumvent the chain of command, but is “another step in the direction of improvement.”

“Wounded and injured soldiers and their families expect and deserve the very best care and leadership from America’s Army,” officials said. “The Army’s intent is to ensure wounded and injured soldiers and their families that they receive the best medical care possible. The Army chain of command will ensure every soldier is assisted in navigating the military health care system.

The Wounded Soldier and Family Hotline can be reached from 7 a.m. to 7 p.m. Monday through Friday at 1-800-984-8523. As additional personnel are trained to receive calls and refer them to the proper organization or agency for resolution, the hotline hours of operation will expand to 24 hours a day, 7 days a week, officials said. ■

## Security bulletin: Counter-Elicitation

By Frank Perkins

JTF-GTMO Special Security Office

Elicitation is a commonly used and often highly effective intelligence gathering technique to subtly collect information through face-to-face interaction. Use counter-elicitation in expanding your professional and personal horizons, being mindful not to draw special attention to yourself when meeting new people. A guarded demeanor may actually set you apart and could highlight you as someone of particular importance should you come in contact with a foreign intelligence officer. An obvious and clumsy avoidance of where you work and what you do will seem strange and could draw unwanted attention to you.

Give forethought to what you will say when or if your employment or personal questions come up in conversation. Be ready to tactfully deflect questions that are intrusive or too probing regarding your job, private life, or co-workers. A few helpful hints are:

- Produce a real or created distraction such as a refreshment or restroom break.

- Acknowledge and repeat the “already known” public information, especially referring directly to press reporting. Do not refer to official classified or unclassified US government information.

- Change the topic of the conversation.

- Reply to prying questions with questions of your own. Taking the offensive will increase the tendency to offer quid pro quo. Refusals to honor quid pro quo will often end the conversation, as the collector will view it as a one-way exchange.

- Make the elicitor feel unsettled with responses such as “Why do you ask?”

- Anticipate what information, based on your organization and mission, may be of interest and understand what is sensitive and what is not.

- If you feel uncomfortable in a situation, walk away if practicable.

- Limit your intake of alcohol.

- Report the incident immediately to your security managers or federal law enforcement office.

Mission First- Security Always! ■

# Flags make way from Iraq to America's front yards

By Army Spc. Susan Blair

73rd Cavalry Regiment Public Affairs

NORTHERN IRAQ (Army News Service, March 19, 2007) - Since paratroopers of the 73rd Cavalry Regiment's 1st Squadron set foot in Iraq, they've raised and lowered a new flag every hour on the hour. Each flag has then become available for purchase through the unit's Family Readiness Group.

"(The) flags are flying with pride in many homes," said Christopher S. Italiano from Columbus, Ohio, friend and brother-in-law to Lt. Col. Ross Davidson, commander, 1st Sqdn., 73rd Cav. Regmt. "The 1-73 Cav will forever be honored

as symbols of the country's strength and belief in democracy." Soldiers, family members and friends have purchased the flags as gifts or to show off their patriotism.

Troop A First Sgt. Robert Ochsner bought one for a friend whose son is in special forces, and another for his father, who is in the Patriot Guard - a group of motorcyclists that provides security at fallen Soldiers' memorials - and flies his flag whenever they ride, said Ochsner.

"I was stunned by the total reverence I felt when I received the flag, the certificate and the thank you note," said Jayme Parker, a resident of Cypress, Calif., who is Davidson's

cousin. "I cannot describe the feeling I had when I touched the flag. I gave a moment of silence and said a prayer for those who proudly serve, and for those who have given their lives for the freedoms I enjoy."

Danny and Debbie Williams from Augusta, Ga., gave away several of the flags at Christmas and soon received an outpouring of thank you's.

"Just holding this flag and knowing where it has traveled just fills your heart with love for our country and her defenders," said Debbie.

The flags sell for \$25 and each comes with a certificate of authentication signed by Davidson and Command Sgt. Maj. Brian Krabbe, the command sergeant major of 1st Sqdn., 73rd Cav. Regt. For information on purchasing a flag send e-mails to Taskforcebluefalcon@yahoo.com. ■

## Network News

### Unique Passwords

By Air Force 1st Lt. Jim Northamer

JTF-GTMO Information Assurance Office

User identifications (userids) and passwords are the keys we all use to get access to controlled computer systems. To access a government-owned system, you are required to log on using a unique userid and password. Within the DoD, we are oftentimes granted userids for numerous computer systems. One of the caveats for being granted this access is that your passwords for each system must be unique; for example, you cannot use a single password for both the SIPRNET and the NIPRNET. Additionally, you should not have the same password for a DoD system and a commercial system (i.e. a hotmail account or a bank account).

The reason behind this is simple. A compromise of a single account would potentially compromise ALL of your accounts. Let's say you want to grant access to a commercial website to a friend. No problem (although, as far as the system's concerned, you are the one doing whatever is done with your account). You give him/her your userid and password for that account. If this

happens to be the same userid and password that you use for any other system(s), you've just compromised those systems as well. Likewise, if your password is cracked, written down somewhere (say, under your keyboard) and discovered, or otherwise figured out, every account that the password grants you access to is available to the individual who now knows your password.

In addition to ensuring only you know your userids and passwords, it is important to understand that these userids and passwords are classified at the same level as the system they grant you access to. For example, your userid and password that grant you access to the SIPRNET is classified SECRET, because they grant you access to SECRET data. As such, you cannot write down your userid and password and carry it around in your wallet or purse.

Ensuring your userids and passwords are unique for each system minimizes the potential negative consequences of a password compromise. Keep your userids and passwords protected to ensure the integrity of controlled computer systems and their data.

If you ever have any questions or concerns about a computer security issue, please feel free to contact the JTF-GTMO IA Office at j6-ia@jftgtmo.southcom.mil or x3333. ■

# Could college's best beat the NBA's worst?

By Army Spc. Dustin Robbins

JTF-GTMO Public Affairs Office

It's a question raised every year around this time, "Could the best team in college basketball beat the worst team in the NBA?"

Throughout the years there has been a constant allure to this question. It is a long enduring talking point that will never be solved because of pesky NCAA and NBA rules. This allows the question to never truly be answered, but the outcome is pretty clear-cut.

The worst team in the NBA this season is the Memphis Grizzlies, with a record of 17-50. For this comparison, we will say that the Grizzlies are playing at the same ability as one of their better ball games this season, with the express goal of winning.

Just as the NCAA did, we'll choose the Florida Gators as the #1 college team to head up against Memphis. They won it all last season and dominated the Southeast Conference Tournament this year with a standing record of 35-5.

You might be thinking that things are looking bad for Memphis, but comparing each team's starting line-ups, you can see what I mean when I say things actually seem good for those Grizzlies.

At point guard you have NBA's Damon Stoudamire vs NCAA's Taurean Green. Green may have the quickness to keep Stoudamire on his heels defensively, but Stoudamire's savvy and experience will allow him to keep his team running, which is something most college teams don't tend to focus on. The edge goes to the NBA.

For shooting guards there's Rudy Gay vs. Lee Humphrey. Humphrey's three point shot is precise and deadly, but can he get his jump shot off over the 6'9" Gay? Offensively, Gay has the advantage as well as his size and speed would be way too much for Humphrey to handle. Again, the edge goes to the NBA.

Our small forward match-up, Mike Miller vs. Corey Brewer, turns the favor ever so slightly towards the Gators. This is the best and closest match-up for Florida. Both men stack up the same

in height, however Miller is 30 pounds heavier, making Brewer the faster of the two players and has the speed to recover defensively on Miller. This edge goes to the NCAA.

Power Forwards Hakim Warrick and Joakim Noah will dual it out under the rim. However; the Grizzlies will know they do don't have to guard Noah outside of 10 feet from the goal because of his horrendous shot. Warrick has more fluidity and all around skill that makes him dangerous. While Noah is a supercharged beast, and has become the heart and soul of his team, the edge still has to go to the NBA for this one. Grizzlies' center Pau Gasol faces off again Gators' Al Horford. Horford is going to have a long NBA career, but Gasol is one of the best position players in the world. This one's not even close. NBA dominates this one.

As far as I'm concerned, it's a pretty easy prediction to make. That said, it's a shame that we a game like this can't happen anyway, I would still love to watch. ■



# International snatches victory from Henchmen



Photo by Army Pfc. Phil Regina

**With a heart-wrenching three-point shot at the final second of the game, the International Players stole victory away from the Winter's Henchmen, securing a shot at the Morale, Welfare and Recreation Basketball League championship.**

**By Army Pfc. Phil Regina**

JTF-GTMO Public Affairs Office

The International Players stole a one-point victory away from the Winter's Henchman 39-38, in Tuesday night's Morale, Welfare and Recreation Basketball League semi-final.

The game was a nail-biter from start to finish, with both teams showing from the opening tip-off, they belonged in the semifinals. Every basket the International Players would score, the Winter's Henchmen responded immediately with a basket of their own.

The International Players seemed to play more cohesively than the Winter's Henchmen, but what the Winter's Henchmen lacked in cohesion, they more than made up for in explosive plays and raw talent. The cohesiveness of the International Players pushed them to a three-point lead at the half, 23-20.

The second half proved to be more of the same, with both teams showing passion and desire for the win. Both teams remained within two points of each other, but with four minutes left in the second half, the Winter's Henchmen took a commanding five-point lead, the largest point margin in the game.

With the minutes winding down, the Winter's Henchmen held desperately to their lead, but with 15 seconds left on the clock, the Winter's Henchmen had only two points on the International Players. As the final seconds ticked down, the Winter's Henchmen seemed to have the win in the bag, but at the final second, the International Players' leading scorer, small forward, Eric Kraby received the pass, took the jump shot and scored a three pointer to take the game at the buzzer.

Kraby led the International Players with 11 points. The Winter's Henchmen put forth a collective effort with three players scoring eight points respectively.

The win gives the International Players a shot at the championship; their opponents are yet to be determined. ■

# HISTORY OF GTMO

The lighthouse was constructed in 1903 and was operated under the auspices of the Department of Commerce until 1939 when the U.S. Coast Guard took control following a declaration by President Roosevelt. The Coast Guard, which also operates and maintains lights, buoys and other navigational aids, controlled the lighthouse until the mid-1980s. At this time the lighthouse keeper and his family, who lived in the adjacent house, vacated the area. The house is now called the Lighthouse Historical Center and is under the umbrella of the Naval Station Morale, Welfare and Recreation department. Most of the items inside the house have been collected by residents and donated to the center.

The fall of the Soviet Union in 1991 resulted in a loss of economic aid, a ready export market for agricultural goods and a decreasing source of oil for Cuba. This led to a period of migrations of Cubans seeking asylum in the United States which was not regulated by the Cuban government. The various boats located in the courtyard, from the mid-1990s, were the property of Cubans fleeing their homeland. These migrants were intercepted by U.S. Coast Guard and Navy patrols. ■







# MWR offers Troopers a diversion

**By Navy Petty Officer 2nd Class Stephen Watterworth**

JTF-GTMO Public Affairs Office

Morale, Welfare, and Recreation (MWR) offers Troopers a variety of things to do during their precious time away from work that Troopers can use at no cost.

Troopers can play video games, rent bicycles, go to outdoor movies and get their Captain's license for boating. These services and more are available through MWR offices in Camp America and on the Naval Station.

The MWR office in Camp America has lined their walls with movies and video games. Don't have access to an Xbox? No problem. There's one in the office.

Sports play a big role in relaxation on base. There are three fitness centers on base, making it that much easier to stay in shape. Also, you can pick up a map for one of the many hiking and biking trails. While you're out there, look for the more than 100 species of birds, reptiles and mammals. Five and 10k runs are often scheduled for those who have a gift for distance and endurance. Also volleyball, racquetball and other sports tournaments are frequently scheduled.

Interested in water sports? The marina offers three different kinds of boats to rent. Just make sure you get a license to operate them; MWR offers the course. Fishing is also very popular here. You can pick up all the bait and tackle equipment you will need at the marina. The beaches offer un-paralleled swimming, snorkeling and scuba-diving, but for those who don't want to swim with fish, there are two swimming pools on base.

Want to do something this evening? The base hosts two free outdoor movie theaters and several eateries.

The Bayview Restaurant, which holds Rick's lounge at the Officer's Club is the place to go if you feel like dressing up a bit. Restaurant chains recognized from the states include McDonalds, Pizza Hut, A&W, KFC and Subway, which is located in the Navy exchange mini-plaza. If you are simply looking for a quiet place to meet friends, consider the "Caribbean, Coffee and Cream" otherwise known as "Triple C," a small coffee shop near the Bayview. It offers a variety of coffee and ice cream, as well as wireless internet.

Troopers needing a reprieve from the duty cycle have plenty of places to turn to. The MWR offices have the resources available to help anyone looking for a diversion from the routine.

More information is available by calling the MWR office at ext. 5225. ■



Photo by Army Spc. Matt Willingham

**Two Catalina 22 Sailboats float on the waters of Guantanamo Bay, Cuba. They are available for rent from the MWR Marina.**

# Only you should be you

## Tips on preventing identity theft

By Navy Lt. Jennifer Blazewick

EURSWA Naval Legal Service Office

NAPLES, Italy (NNS) -- Thieves don't always steal your material goods. Sometimes, they steal your identity instead.

Identity theft happens when someone uses your personal information and your good credit to open new credit accounts so they can run up large bills in your name.

This can have a devastating effect on a victim's life. Usually the victim is not aware of the problem until he or she is denied credit. The victim then usually spends years repairing his or her credit. In the meantime, it can be difficult for the person to obtain loans, get an apartment, or even write checks.

How does identity theft happen? The most common way is to steal a purse or a wallet. Other common methods include looking through your garbage for credit card receipts or bills, grabbing information off of internet sites, stealing your mail, or lifting your social security number from forms you've filled out.

Once the thief has this information, he may open a new credit card account in your name to provide a "new" billing address. The thief may also request replacement cards of accounts you already have, or try to redirect all of your mail.

You can take some very easy steps to protect yourself against identity theft.

\* Minimize the number of credit



and identification cards that you carry. Secure the rest of your cards in a lockbox at home. Do not carry your social security card with you.

\* Pay attention to billing cycles, and follow up with creditors if bills don't arrive on time. Dispose of credit card receipts, credit applications, insurance forms, and bank statements properly. Shred them!

\* Do not give personal information or account numbers to anyone until you have confirmed the identity of the person requesting the information and verified that you actually need to share the information.

\* Put passwords on your credit card and bank accounts. Avoid using easy to guess information like your mother's maiden name, your birth date, or the last four digits of your social security number.

\* Finally, order and examine your credit report at least once a year.

If your wallet or a credit card is stolen or was stolen in the past, you are at higher risk of becoming a victim. Immediately contact each credit reporting agency (CRA) and have a "fraud alert" placed on your file. You may also put a statement in your credit report asking creditors to call you before opening any new accounts or changing existing accounts. Both of these actions will help prevent an identity thief from opening additional accounts in your name. In the case of identity theft, prevention is definitely easier than the cure!

If you would like to meet with a Legal Assistance Attorney to discuss this information, contact your local Navy Legal Services Office to make an appointment. ■

# Reunion Issue #5

**By Army Chaplain (Maj.) Daniel Jones**

JTF Command Chaplain

Deployment Cycle Support (DCS) briefings and specific tasks were created by the military to safeguard the Troopers and their families against the pitfalls of post-deployment reunions. Troopers and their family members have similar experiences, but each has a different way of looking at his experience. The process of reuniting involves each party taking the time to understand the other's point of view: the time of separation, the challenges that were experienced, the anger that was felt and the changes that Troopers and family members have experienced.

The briefings required by all out-processing members of the Joint Task Force are Department of Defense mandated briefings. No one is allowed to leave Guantanamo Bay without completing these DCS briefings.

Our families have similar reunion briefings provided to them with their specific experiences addressed. Simply, our family members did not experience service at GTMO, so they don't receive our identical briefings. Family Readiness (Reserves and National Guard), Family Assistance Centers and Fleet and Family Support Centers (Navy) provide the briefings for our families.

The difference with them is that no one can order them to attend. Our personal encouragement may be the

deciding factor in their participation. The benefit for them, and for the troopers, is a smoother, better informed reunion process. For example, the more they understand why we may have problems sleeping at first and the more we understand their desire for us to take back some of our responsibilities to them, the sooner our feelings about being home will return to normal.

Seek professional and sympathetic support if you are having a difficult time adjusting to your stateside life through your chaplain and family readiness and support programs and staff. ■

## SURVIVING SEPARATION

**By Army Chaplain (Maj.) Daniel Jones**

JTF Command Chaplain

This week's action item is:

**Action Item #5 – Attend Reunion Briefings.**

Tell Your Family to attend their Reunion Briefings back home. Family members need the same information that we are required to have. ■

## WEEKEND WEATHER FORECAST

Weather forecast provided by [www.weather.com](http://www.weather.com)

### Saturday, Mar. 24

A few thunderstorms possible. Highs in the mid 80's, and lows in the low 70's.



Scattered T-Storms

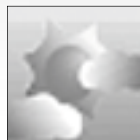
Sunrise: 7:07 a.m.

Sunset: 7:11 p.m.

Chance of Rain: 30%

### Sunday, Mar. 25

Slight chance of a thunderstorm. Highs in the mid 80's, and lows in the low 70's.



Isolated T- Storms

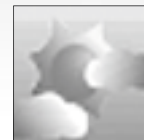
Sunrise: 7:07 a.m.

Sunset: 7:11 p.m.

Chance of Rain: 30%

### Monday, Mar. 26

Partly cloudy with chance of overnight showers. Highs in the upper 80's, and lows in the low 70's.



Isolated T-Storms

Sunrise: 7:06 a.m.

Sunset: 7:11 p.m.

Chance of Rain: 30%



# Movie Review Corner

**This week's movie review of "300" by Navy Petty Officer 2nd Class Trevor Andersen**

"Go tell the Spartans, stranger passing by, that here, obedient to their laws, we lie."  
 –Stone epitaph in Thermopylae, Greece, commemorating 300 Spartan warriors who sacrificed their lives in an epic battle against the invading forces of the Persian king Xerxes in 480 B.C.

Frank Miller, the man who brought us Sin City and wrote the story Batman Begins was based on, wrote a graphic novel called 300 based on the real events at Thermopylae.

Xerxes (Rodrigo Santoro) demanded submission from Greece but they refused and chose rather to face his 100-nation forces (hundreds of thousands of warriors).

Sparta's king, Leonidas (Gerard Butler), defied the oracle and the laws of his country and took 300 of his warriors to face Xerxes' forces alone. Bravery falls short as a description of these warriors' fearlessness. Dying on Sparta's behalf was the highest possible honor. Leonidas' wife said as he left for battle, "Come back with your shield ... or on it."

In the end, these few were able to do the impossible. I give this movie five stars out of five. There was a clear battle between good and evil which is rare in movies lately.

300 is rated R and for good reason. People couldn't manage to hold on to their arms, legs, hands or heads in this movie. The Spartans kept cutting them off. Also, there are a few graphic sex scenes. ■

**- 300 -**  
**Rating: ★★★★★**

**Rated: R**

**Duration: 117 minutes**

## Boots on the Ground:

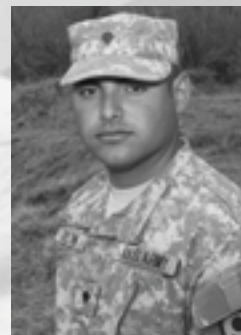
**"Who is your favorite historical military figure?"**



**"Colin Powell."**  
 -Army Pfc. Holvin Perez



**"Colin Powell."**  
 -Army Spc. Luis Jimenez



**"My favorite figure in American military history is George Washington."**  
 -Army Spc. Pablo Colon



**"George Washington."**  
 -Army Spc. Roberto Rojas

# ZOUNDS!

By Army Chaplain (Capt.) David Meyer

525 Military Police Battalion Chaplain

Zounds! Have you ever heard that word before? I used to encounter it often in old comic books, but it has now fallen out of use. A dictionary defined it as a “mild oath” expressing surprise, anger or indignation. The word is a shortening of the phrase “His wounds!” referring to the wounds of Christ. Someone wanting to express strong conviction might have said once “By His wounds I would never lie to my Mother!” for instance. With usage it came to be “Zounds! I would never...”

For me, a Christian, this is the season I consider how Christ was crucified and resurrected and what that means for us. My pondering this year got me to thinking about the stories that referred to Jesus’ wounds as a sign of the resurrection. Why are the wounds so important? Why in the divine plan didn’t Jesus get a body overhaul when he was resurrected? I think I know why, and the truth of why is of value to you no matter your faith.

The truth: Every moment we experience is absolutely important to us. We may wish some terrible thing had never happened. But if we could wipe it away, there would be a gaping hole in our lives. For good or ill everything that happens to us works into our identity and shapes what we value. The key is not to forget something that troubled, injured, shamed or even embarrassed us. Instead we should ponder it and incorporate it into our hearts, to learn and grow from it.

A couple of Chaplain colleagues of mine were running during a visit to D.C. Their course took them by the Pentagon, which had been restored practically to its original condition after the September 11, 2001 plane crash. One of the Chaplains was there when the plane crashed into the building. The restoration troubled him.

He was asked why, “Because it looks as though nothing had happened.”

Only a slight variation in the color of the stone gave a clue to that fateful event. My friend was pastor to many hurting people in the days that followed Sept. 11. The event cut deep into his soul, even if the building was restored. People lost fathers, mothers, husbands, wives, sons, daughters, brother sisters, and friends. There will be no restoration of broken families and lost relationships. I am sure my friend wished none of that happened.

But because it did, he is not the same person. Because it did happen, he must feel properly sorrowful for the loss that he felt and the losses of others. He was anxious to see the completion of the memorial planned for the area next to the Pentagon. That way his world would acknowledge the powerful, though painful, chapter that changed him profoundly.

Perhaps no one can get through life without regret. No one can live life without having had some terrible thing happen to him or her, something a person would wish had never happened. Even so, a person’s mental, emotional and spiritual well-being is at greater risk for those who try to sweep away or ignore the trials, troubles and traumas of life. Troubles and traumas alone do not destroy a person’s emotional health. But what they do with those experiences, or what they don’t do, can be the most injuring. For Christians, the resurrection would be nothing wonderful if it negated the cross on which Jesus died and made it as though nothing had ever happened. The same holds true for all of us. We are the strong people because we have endured and risen above, even triumphed over, our trials. Zounds!

If you need some help processing some difficult times that is why we are here. Give us Chaplains a call and come talk to us. You can triumph over troubles. ■

## CAMP AMERICA WORSHIP SCHEDULE

<b>Sunday</b>	9:00 a.m.	Protestant Service	Troopers’ Chapel
	5:45 p.m.	Confessions	Troopers’ Chapel
	6:30 p.m.	Catholic Mass	Troopers’ Chapel
	7:30 p.m.	Evening Prayer	Troopers’ Chapel
<b>Wednesday</b>	7:30 p.m.	Soul Survivor	Camp America North Pavilion

## NAVAL BASE CHAPEL

<b>Sunday</b>	8:00 a.m.	Pentecostal Gospel	Room 13
	9:00 a.m.	Catholic Mass	Main Chapel
	9:00 a.m.	Church of Jesus Christ of Latter-day Saints	Sanctuary A
<b>Monday</b>	9:30 a.m.	Protestant Sun. School	Main Chapel
	10:00 a.m.	Protestant Liturgical	Sanctuary B
	11:00 a.m.	Protestant Service	Main Chapel
	1:00 p.m.	Gospel Service	Main Chapel
	5:00 p.m.	Pentecostal Gospel	Room 13
<b>Monday</b>	7:00 p.m.	Prayer Group Fellowship	Fellowship Hall
	7:00 p.m.	Family Home Evening	Room 8
<b>Mon. to Fri.</b>	6:00 p.m.	Daily Mass	Main Chapel
<b>Wednesday</b>	7:00 p.m.	Men’s Bible Study	Fellowship Hall
<b>Friday</b>	12:30 p.m.	Islamic Prayer	Sanctuary C
<b>Saturday</b>	4:15 p.m.	Confessions	Main Chapel
	5:00 p.m.	Vigil Mass	Main Chapel

*Jewish Shabbat Services held every second Friday at 7:30 p.m. in the Naval Base Chapel complex Room 11.*

# 15 Minutes of Fame

NAVY CMDR. JOHN "JACK" CAPRA



**By Army Pfc. Phil Regina**

JTF-GTMO Public Affairs Office

On September 11, 2001, the lives of Americans changed forever. With a single, terrible gesture, the true dangers of terrorism were made known. Since then, the U.S. has been waging its Global War on Terrorism. This war has many fronts. From the scorching windswept sands of Iraq, to the detention centers of Guantanamo Bay, every front plays a pivotal role in the War on Terror.

No matter the front, nor the dangers involved, Navy Cmdr. John R. "Jack" Capra, the Joint Task Force Deputy Staff Judge Advocate, has been on the frontline of the War on Terrorism.

Capra is a member of the Navy Reserve and since September 11, he has been mobilized four times.

These mobilizations have taken him to the Middle East on multiple occasions and put him in some very dangerous situations.

"My first deployment was in February 2002. I served as the Staff Judge Advocate for Mobile Security Group Two. I went all around the Middle East, Kuwait, Bahrain, The United Arab Emirates, etc., helping to set up forward deployed operation centers for small boat units. It was the beginning, so it helped lay the groundwork for what continues today," explained Capra.

Capra's second mobilization with the reserves was a unique, challenging and at times extremely dangerous mission.

"In January 2004 I was imbedded with coalition forces in southern Iraq. I assisted in leading forces to stem smuggling and other illegal activities that took place in

Iraqi waters. I also served as the international legal liaison for Fifth Fleet to Combined Joint Task Force 7, Baghdad, Iraq," added Capra.

It was during this mobilization that Capra was wounded while riding in a convoy by an improvised explosive device.

"My vehicle was the second in the convoy and the IED exploded right beside it. Luckily, no one in the vehicle was killed or seriously wounded. Honestly, it wasn't the blast itself that was the worse thing, it was the fact that the people in the surrounding buildings began to riot and surround our vehicles. I was the only officer present at the situation, so I had to maintain control, I had the British soldiers accompanying me set up a perimeter around the vehicle and we tried to keep control as we waited to get evacuated. I think it took about 25 minutes for them to arrive, but it was probably the longest 25 minutes of my life," said Capra.

With Capra serving as the deputy SJA here, he has an opportunity not many individuals can say they have experienced; being a firsthand witness to almost all aspects of the War on Terror. But regardless of his accomplishments and experiences, Capra maintains a sense of modesty.

"I'm no different than any other individual serving in uniform to support the war. I am very proud to be one of these individuals, to be a part of history and to be able to support my country in so many different ways during its time of need. Although I've done a lot, everyone who serves and has served does the same, every one piece makes up the whole," commented Capra. ■

# AROUND THE JTF



Photo by Army Sgt. Maj. Oscar Diaz

Navy Lt. Mike McComb won the males' St. Patty's Day Run with a time of 19:54. His running skills were featured in Vol. 7, Iss. 42 of *The Wire*.



Photo by Navy Petty Officer 2nd Class Stephen Watterworth

Air Force Staff Sgt. Lakisha Exley takes a break from her responsibilities in the travel office for a photo.

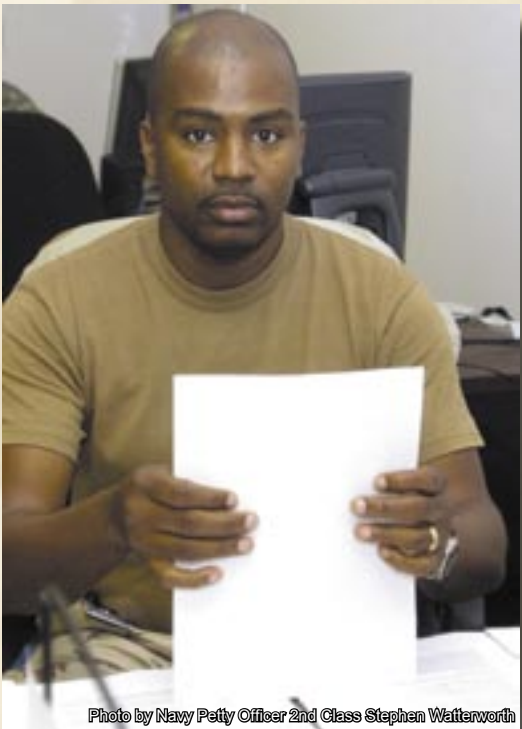


Photo by Navy Petty Officer 2nd Class Stephen Watterworth

Navy Petty Officer 2nd Class Isiah Douglas assembles a handbook for a new bus driver course.



Photo by Navy Petty Officer 2nd Class Stephen Watterworth

Navy Petty Officer 3rd Class Joseph Jackson maneuvers a pallet of water bottles into position on a delivery truck this week.