



## Table of Content:

1. Introduction
2. Cancer Overview
3. Cancer in Africa
4. celeBritys4africA
5. Programs offered by celeBritys4africA
  - **eLIT4life©**
  - **UltraV4life©**
  - **UltiMATE Screenings©**
  - **SmokingnAlcohol cessation©**
  - **LingUAfriCA©**
  - **TxMENT delivery©**
  - **Building ProFeSSionalS©**
  - **All Cancer RegistRY©**
  - **Baskets of HoPe©**
  - **RegMAiL4liFe©**
6. Events offered by celeBritys4africA:
  - ❖ **Soccer4LifE©**
  - ❖ **EmpressOFafriCA©**
  - ❖ **African ModeL xPlosn©**
  - ❖ **African Women Cancer Congress©**
  - ❖ **BeachnPool XploSN©**
  - ❖ **African Brothers Cancer Congress©**
  - ❖ **African Energized Cancer Congress©**
  - ❖ **dance African dance©**
  - ❖ **relayPLUS©**
7. Conclusion

## Introduction

This book is intended for general information purposes only. While the publisher and author have utilized their best efforts in preparing this book, they make no claims or warranties with respect to the accuracy or completeness of the contents. The information may not be applicable to you and is intended for general demonstration purposes only. There are many exceptions to the general principles stated herein. Always consult with your doctor who can evaluate the facts of your specific situation and advise you on the proper course of action based on that evaluation.

All rights reserved. No portion of this publication may be reproduced or transmitted in any form or by any means, electronic, mechanical or otherwise, including photocopy, recording, or any information storage or retrieval system now known or to be invented without permission in writing from the author, except by a reviewer who wishes to quote brief passages in connection with a review. Requests for permission should be addressed in writing to the author.

[www.celeBritys4africa.org](http://www.celeBritys4africa.org)

## Cancer Overview

Every year millions of people are diagnosed with cancer. Cancer cells need energy to survive as the healthy cells and they obtain it from the food we eat. Cancer cells need to generate significantly more energy in a short period of time in order to rapidly proliferate. The difference between healthy cells and malignant cells is based on their energy production and cancer cells can be selectively killed by starving them to death.

### Cancer Rate Comparison – over the World

- 1910: 1 in 33
- 1950: 1 in 12
- 1980: 1 in 7
- 2003: 1 in 3\*

\*according to National Cancer Institute

A successful cancer treatment program should contain agents or strategies that target the altered energy metabolism of malignant cells. The next generation of cancer targeting agents will probably be focusing more on the energy metabolism of cancer cells.

The emotional turmoil starts as soon as one is diagnosed with cancer. Dealing with cancer diagnosis itself is so important for coming to terms with the disease. Here are ways to make handling the situation a little easier.

Encourage the person with cancer to talk and communicate. Help such people to express their feelings. Try to engage them in activities that take their minds off the disease. Reading has a great therapeutic effect on people who suffer from some serious illness. Read something that has a positive message. Or better still narrate stories of those, who through their personal experience have learn how to deal with cancer.

Although cancer is increasing at an alarming rate, it can be prevented, by keeping our body's immune system up. Much poisoning of the body has been caused by the use of improper foods, such as meat, dairy products, white sugar, white flour, white rice, along with the use of liquor, tobacco, coffee, soda and all other denatured foods. Good wholesome food builds good blood, where as unwholesome foods build a poor quality of blood. Cancer will not develop where there is a pure blood stream and the body's immune system is functioning at its optimum.

Cancer has to be treated by building the body's immune system then the body's white blood cells will attack and destroy the cancer from within. Cancer cells are weaker than normal cells and will not get out of control if the immune system is high.

There is no one drug, herb, or treatment that will kill cancer. Cancer has to be treated by building the body's immune system. Listed here are some natural ways to help build the immune system.

Eating white sugar will paralyze and hinder your white blood cells from fighting off an infection.

Diets high in refined fats have long been associated with increased cancer risk. Breast cancer is more frequent in women on diets high in both saturated fats, (whole milk), and in animal fat. A low fat diet not only prevents breast cancer but increases the survival of women who already have breast cancer.

This is or will be the hardest single thing to follow, but it is very important. Only raw fruits, vegetables, nuts and sprouted grains are what you will be eating until your cancer is in remission. Nothing cooked, no cooked beans, bread, potatoes, etc. Sounds tough, but let me tell you this is much easier than taking chemotherapy and having your hair fall out, vomiting, being weak, etc. And of course chemotherapy will not build up your immune system. Instead it will tear it down. Raw food is live food and possesses the highest nutritive value. It is full of vitamins, mineral, enzymes, etc. Cooked food is dead food, plant any seed and it will grow. Cook the seed and then plant it and it will not grow, because it's life principle has been destroyed. Place cancer cells in a cooked media and they will proliferate. Now place the cancer cells in a raw matter and they will disappear! This astounding fact is known to the Cancer society, but the public was never informed.

## Cancer in Africa

Cancer is a huge problem worldwide, but in developing African countries it has been a plague comparable only to HIV/AIDS for their populations.

80% of all cancer deaths occur in developing nations, yet only 5% of cancer spending is spent in these countries, unacceptable rate. There is no reason that citizens of low income countries should suffer such high rates of cancer without the resources we have in the Western world.

By 2020, according to the World Health Organization, it is expected that 70% of new cases of cancer will be in developing countries like Africa states and African states will account for more than a million new cancer cases per year out of a total of 16 million cases worldwide.

Unfortunately, in Africa, 80% of cancer cases present in a very late stage. The poor infrastructure of Africa health system will not keep the step with the rate of increasing cancer incidence in the next years.

Treated with early diagnosis, cancer can be cured or can be prevented and the rate of cancer will decrease by 60%.

In Africa, aging and infectious diseases are increasing Africa's cancer incidence.

Cervical and Breast Cancer are the principal causes of death among African Women. Breast cancer occurrence amongst African Women is high between the ages of 30 to 40.

In Africa, 70% of African Women present late for diagnosis and treatment. Cervical cancer is the most common cancer for African women. In these conditions, 32 of the 53 countries in Africa have no radiotherapy services, nor prevention or screening programs.

Presentation is so late that treatment is not beneficial. 5 year survival is 10% for Africa compared to 70% in developed countries.

In the world, 500 000 women are diagnosed with Cervical Cancer every day, 80% of these victims live in the developing world, including sub-Saharan Africa, and the women end in a premature death.

Survival analysis was done for 341 658 patients diagnosed with various cancers from 1990 to 2001 and followed up to 2003, from 25 population-based cancer registries in 12 countries in sub-Saharan Africa (The Gambia, Uganda), Central America (Costa Rica), and Asia (China, India, Pakistan, Philippines, Saudi Arabia, Singapore, South Korea, Thailand, Turkey). For cancers in which prognosis depends on stage at diagnosis, survival was lowest in Uganda and The Gambia. Survival did not exceed 22% for any cancer site in The Gambia. In

Uganda, survival did not exceed 13% for any cancer site except breast (46%). Variations in survival correlated with early detection initiatives and level of development of health services.

Africa remains the continent least prepared to cope with the devastating effects of cancer, having only a few cancer care services available.

Cancer is a horrible thing everywhere and it is our duty to provide affordable drugs for all cancer sufferers to obtain.

In countries like Ghana, there is a generic chemotherapy drug that has a 50% cure rate for Burkitt's lymphoma breast cancer that could cost as little as \$50 per patient. It is not acceptable to turn a blind eye to the struggles of others, we must do something. Cancer rates are growing every year so the casualties are only going to rise.

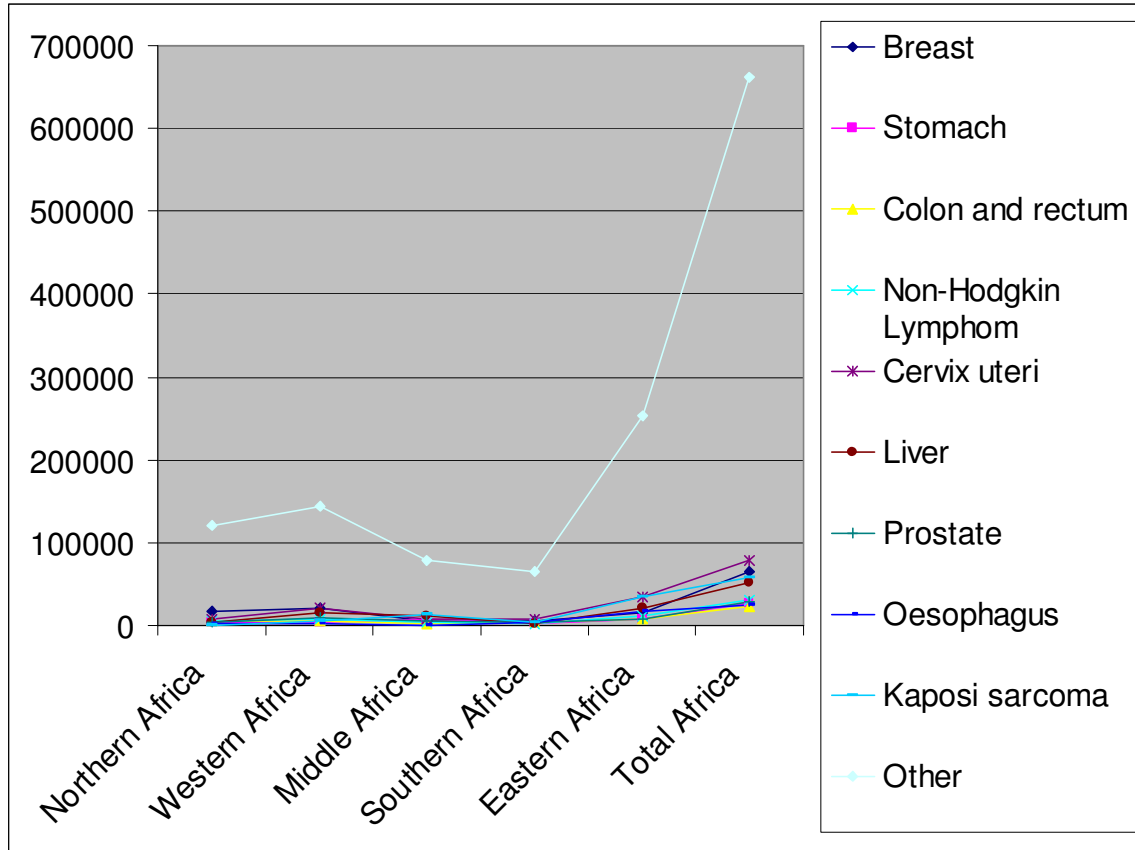
Access to these drugs, increasing awareness, more cancer screening, and the HPV and HBV vaccines can drastically reduce the amount of cancer patients in Africa and other developing continents.



**One Love, One Hope; strengthens families against cancer**

The wide variation in cancer survival between regions emphasize the need for urgent investments in improving awareness, population-based cancer registration, early detection programs, health-services infrastructure, and human resources.

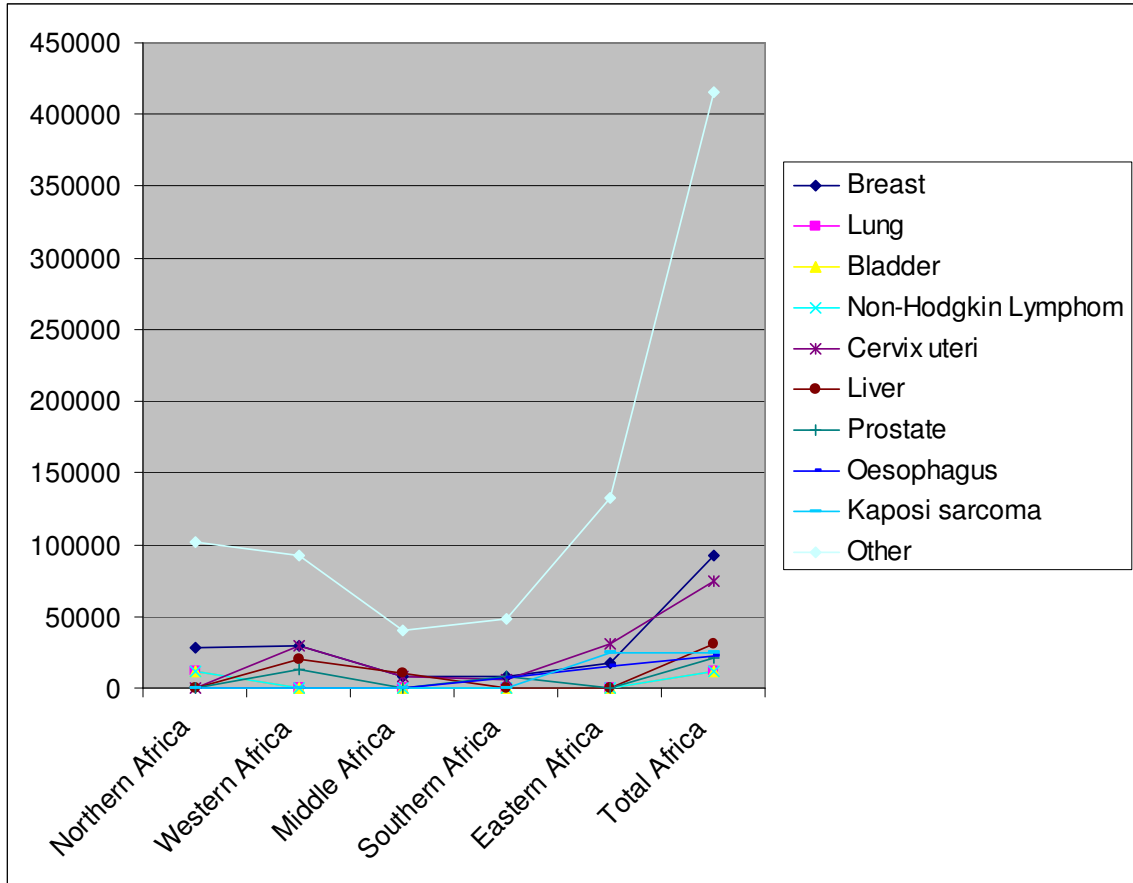
## Cancer in Africa in 2002



Source: <http://www.ncbi.nlm.nih.gov> & <http://info.cancerresearchuk.org>



## Cancer in Africa in 2008



Source: <http://www.ncbi.nlm.nih.gov> & <http://info.cancerresearchuk.org>

## celeBritys4africa

### celeBritys4africa fights against cancer in Africa offering:

- Volunteer involvement
- Different methods to treat cancer, prevent cancer, fight against cancer, and to offer support for patients
- Raise awareness about cancer signs
- More money to invest due to its donation policy to raise funds for better studies, heals remedy, treatment therapy and counseling.

### Programs offered by celeBritys4africa:

- eLIT4life©
- UltraV4life©
- UltiMATE Screenings©
- SmokingnAlcohol cessation©
- LingUAfriCA©
- TxMENT delivery©
- Building ProFeSSionalS©
- All Cancer RegistRY©
- Baskets of HoPe©
- RegMAiL4liFe©

### Events offered by celeBritys4africa:

- Soccer4LifE©
- EmpressOFafriCA©
- African ModeL xPlosn©
- African Women Cancer Congress©
- BeachnPool XploSN©
- African Brothers Cancer Congress©
- African Energized Cancer Congress©
- dance African dance©
- relayPLUS©

## PROGRAMS

### **eLIT4life©**

This program entails the distribution of literature by electronic mail to all Africans on our database on a monthly or bimonthly basis.

### **UltraV4life©**

This program encourages African women to get vaccinated against cervical cancer and HPV. It encourages both African men and women to get vaccinated against hepatitis.

### **UltiMATE Screenings©**

This program encourages African men and women to get screenings for the breast, cervix, prostate and colorectal cancers.

### **SmokingnAlcohol cessation©**

The program shall encourage Africans to denounce alcohol and tobacco products as they are one of the major causes of certain types of cancer. It shall incorporate youth campaigns totally targeted against smoking and alcohol consumption.

### **LingUAfriCA©**

This program strives to present cancer literatures in native dialects.

### **TxMENT delivery©**

This program strives to create in the near future, diagnostic and cancer treatment centers in Africa. This shall have as a goal to be able to diagnose cancers at early stage and provide upscale treatment effectively and efficiently.

### **Building ProFeSSionalS©**

This program shall train Africans in the area of radiation therapy, medical dosimetry and oncology nursing. It shall further encourage Africans to specialize in oncology specific disciplines so as to be able to eliminate the shortage of oncology professionals in the continent.

### **All Cancer RegistRY©**

This program implements cancer registry system in cancer centers, area hospitals and community health centers. It shall train registry personnel in the areas of registry management, data analysis and statistics.

### **Baskets of HoPe©**

Show them we care! The Baskets of Hope program provides healthy organic food basket to cancer patients.

**RegMAiL4liFe©**

This program enables the distribution of cancer literature by regular mail to all private Corporation, non- governmental organizations, businesses, and government offices in rural and urban Africa.

**EVENTS**

**Soccer4LifE©**

The soccer4lifE program organizes soccer tournaments to create awareness of certain cancers such as prostate, lung and liver.

**EmpressOFafriCA©**

This program is an African beauty pageant event dedicated to create awareness and prevention of breast cancer.

**African Model xPlosn©**

This program is an African model event dedicated to create awareness and prevention of cervical cancer.

**African Women Cancer Congress©**

This event brings all women of Africa together in one arena to strengthen the fight against breast and cervical cancers affecting a growing number of African women and to encourage the incorporation of healthy diets and physical exercise in their daily lives.

**BeachnPool XploSN©**

This event brings all Africans together to further the awareness of breast, lung, liver, colorectal, prostate and cervical cancers in an environment that is refreshing and away from home.

**African Brothers Cancer Congress©**

Congress shall seek to bring all African men together to encourage a change in lifestyle including diet, mono-sexuality and physical exercise as a means of preventing and fighting certain cancers plaguing African men.

**African Energized Cancer Congress©**

Congress shall seek to bring all Africans to examine and adopt ways of fighting the cancer epidemic in the African society. It shall encourage participants and community leaders to take responsibility in educating their communities about habits and life styles that are detrimental to their health.

**dance African dance©**

This is a gala fund raising night to support our fight against cancer. It will showcase African music and dance.

### **relayPLUS©**

This program shall be a relay walk event to raise cancer awareness. It shall be hosted across our target cities in the diaspora including rural and urban Africa.

### **celeBritys4africaA is empowering people to beat cancer by:**

- Offering information on complementary **Cancer Therapies** - from exercise, to energy therapies, from vitamins to herbs and on alternative cancer therapies – including here a good daily diet based on natural food.
- Offering information on **Cancer Prevention** - others seem unable to acknowledge available research by experts casting concern over Environmental Toxins, EMF's and chemicals as possible causes and drivers of cancer
- We often forget that botanical medicine provides a complete system of healing and prevention of disease. It is the oldest and most natural form of medicine. Its history of efficacy and safety spans centuries and covers every country on the planet.
- Because herbal medicine is holistic medicine, it is, in fact, able to look beyond the symptoms to the underlying systemic imbalance.

### **Your Diet is the Single Biggest Influence on Your Cancer Condition!**

#### **The main benefits of natural food are:**

- Increase the immune support to help fight cancer
- Improve liver function
- Stress-Relief
- Detoxification-support
- Provide the body with vitamins, minerals, enzymes etc.

A healthy body has to avoid sugar, sweets, biscuit, crisps, chocolate, cola and soft drinks, fats, oils, cigarettes and alcohol, pharmaceutical drugs, chemicals, pesticides, and preservatives.

**The essential nutrients** to be consumed for a healthy body are: 20 or 21 minerals, 13 vitamins, 8 amino acids (10 for children, 11 for premature infants) and 2 essential fatty acids.

**Eat live food in its natural form:** fruit, vegetables, grains, nuts, and seeds in their natural form are the most likely to be food. If it comes out of a can, box, or bag, and not straight out of the ground, you create doubt. If your health is in crisis, try to avoid doubt. Fresh is best, frozen is second best. Buy most of your food from the outside isles of the supermarket or health food store where fresh organic produce is sold.

Natural products are essential for your overall health. When you reach for a medicine or a prescription drug, look to nature instead. There is a natural product out there that works and doesn't have unnecessary the side effects. Make your own natural home remedy or find a product that suits your needs.

The human body is generally “designed” to be self-healing and will heal (often accompanied by an uncomfortable healing crisis involving the increased shedding of toxins) if the proper conditions conducive to healing are re-established. Did you know for instance that the Chinese have been healing cancer and other “incurable” disease solely via an increased supply of life force energy to the organism, or that there is a connection between fever and spontaneous remissions?

“The body is self-healing” (also the central tenet of the healing system known as Natural Hygiene) and according to various “esoteric” sources, disease can also be (subconsciously) deliberately created to allow the indwelling spirit to leave physical existence, for instance in the presence of a (probably mostly unconscious) death wish before a reality considered too unpleasant to be worth continuing. A good illustration of this kind of determination to “go” may be found in those instances where people are healed from one disease only to succumb to a traffic accident shortly thereafter. This kind of “death wish” (also see Dr. Jürgen Buche’s lucid comments on purpose for living) is obviously also amenable to being uncovered and healed.

Source: <http://www.healingcancernaturally.com/natural-hygiene-nature-heals.html>

How to fight cancer:

- **Attitude influence cancer cure** Attitude *may* be one factor in *some* cases, but it's important that you know that you do not have to live up to some psychological or spiritual ideal to survive!
- **Surviving cancer is not as simple as having a “positive attitude”.** Being pessimist or optimist who is in deep denial might not seek out the best treatment. There is no one right personality for surviving cancer.
- **Having cancer does not mean guilt!** Nobody could answer to the question why somebody has cancer. But it's always “what now?”

While fighting cancer is not an easy task, millions of people worldwide have done it successfully and achieved a cure. Fighting cancer is much easier if you are mentally prepared and have all the information on the subject.

One of the views of **celeBritys4africA** amongst others is that, a successful cancer treatment program should contain agents or strategies that target the altered energy metabolism of malignant cells. The next generation of cancer targeting agents will probably be focusing more on the energy metabolism of cancer cells. It is worthwhile to dig into this area for patients seeking alternative treatments who have exhausted most other options without significant benefits.

**HELP PREVENT AND CURE CANCER IN AFRICA.**

**HELP PREVENT CANCER IN AFRICAN COMMUNITIES  
IN THE DIASPORA.**

**DONATE NOW**

**[www.celeBritys4africA.org](http://www.celeBritys4africA.org)**

## Conclusion

I hope you've enjoyed this e-book and all the information in it.

**Should you want to learn more about cancer in Africa, donate to help prevent and cure cancer in Africa or donate to prevent cancer in the African communities in the diaspora, feel free to contact us at**



Email me at [actnow@celeBritys4africa.org](mailto:actnow@celeBritys4africa.org)  
Follow me on **Twitter** [cIBritys4africa](#)  
Find me on **FaceBook** and **LinkedIn**  
Call me on 702.425.8058  
Skype me at [celeBritys4africa](#)  
Find out more on [www.celeBritys4africa.org](http://www.celeBritys4africa.org)

In closing, we want to wish you and your family the very best of luck and success on your journey ahead.