

CARE FOR THE PERSONS WITH AUTISM, CEREBRAL PALSY, MENTAL
RETARDATION & MULTIPLE DISABILITIES

LOGO

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ISO 9001:2008 Certified
(First to be certified in India in Charity sector)

(SSOG)

LOGO

SPASTIC SOCIETY OF GURGAON

BACKGROUND OF SSOG

Spastic Society of Gurgaon (briefly known as SSOG hereinafter), was founded in 2008 by some eminent doctors drawn from the super specialty fields of pediatrics, pediatric surgery, neurology, neuro surgery, orthopedics, replacement surgery, physiotherapy, psychology, psychiatry, ophthalmology, dentistry, ayurvedic medicine with support from legal advisors, special educators, and social workers. It is dedicated to the cause of welfare of the spastic children in Haryana with intensive thrust on Gurgaon and the NCR of Delhi. The whole team at SSOG is not only dedicated but is also eager to usher in a transformation in the mindset of the general masses by changing their attitude towards the differently abled children.

SSOG is arranging many facilities for such children. These facilities include identifying such children in the District and then reaching out to them by coordinating supply of all medical facilities, wheelchairs, orthotic devices, standers, walkers, braces, necessary vaccinations, medical check-ups etc. as needed from case to case to enable these children lead better and meaningful lives. As our team (consisting mainly of doctors with super specializations in their respective fields), gets flooded, during course of their medical practice in Gurgaon, with such CP children, who are leading life of not only extreme pain and isolation but also that of extreme penury and neglect.

Services being rendered by SSOG through two separate delivery channels are

- **Centre for Special Children (CSC) and**
- **Centre for Physiotherapy for Senior Ciitzens (CPSS)**

The centers were inaugurated by Sh. Rajender Kumar Kataria, Deputy Commissioner, Gurgaon.. Smt. Asha Hooda wife of Honorable Chief Ministaer of Haryana, Sh. Bhupinder Siongh Hooda also visited the Centers to shower her blessings.

VISION

To help people with developmental disabilities by providing them with quality rehabilitation services to enable them to lead their lives with dignity.

MISSION

Our mission is to protect the rights of the persons with developmental disabilities and to uphold their honor and dignity by making them self reliant.

OBJECTIVES

1. To achieve continuous improvement in services.
2. To improve competence of our staff on regular ongoing basis by imparting them with specialized trainings.
3. To regularly train parents and care givers to enable them to take better care of the persons with developmental disabilities.
4. To make lives of these persons more meaningful by making them more self reliant.

CENTRE FOR SPECIAL CHILDREN (CSC)

This **Centre for Special Children** is equipped with toys, therapeutic toys, equipments and large space provides the following services to persons with disabilities of autism, cerebral palsy, mental retardation and multiple disabilities:

1. Specialized occupational therapy,
2. Development therapy,
3. Special education,
4. Counseling
5. Medical OPD on every Saturday
6. Physiotherapy
7. Vocational Training for self employment
8. Training for employment
9. Medical support
10. Arrangement for special equipments viz. wheel chairs, orthotics, CP stands and CP chairs etc.
11. Special assisting services to persons with disabilities of autism, cerebral palsy, mental retardation and multiple disabilities.

(All the services provided at CSC are free of cost.)

**Timings: Morning 9 to 12, Evening: 5 to 7(summers) 4 to 6 (winters)
Monday to Saturday**

CENTRE FOR PHYSIOTHERAPY FOR SENIOR CITIZENS (CPSC)

This Centre for Physiotherapy for Senior Citizens is providing:

1. Shortwave Diathermy (SWD)
2. Physio consultation
3. Sports medicine consultation
4. Rehabilitation consultation
5. Development physiotherapy
6. Neuro physiotherapy
7. Tens therapy
8. IFT therapy
9. Ultra sonic therapy
10. Paraffin wax therapy
11. Exercise therapy
12. Manual exercises

(Rates as prescribed and approved by Haryana Government are charged per modality/per session)

These exercises are recommended for treatment of low back ache, cervical spondylitis, osteoarthritis, frozen shoulder, rheumatoid arthritis, lumbago, hip replacement, paralysis,

lumber spondylosis, pelvic inflammation, joint pains, sprains and injuries, knee replacement, post fracture stiffness, sciatica, slip disc, general weakness.

**Timings: Morning 9 to 12, Evening 5 to 7(summers) 4 to 6 (winters).
Monday to Saturday**

SPREADING GOOD HEALTH

1. THROUGH MEDICAL CAMPS SPECIAL DRIVES

India does not have adequate numbers of qualified general doctors to look after the mental retarded children seeking medical help in the villages. Thus, for such people, access to specialists in pediatrics and orthopedics who offer quality health care free of cost remains an impossible dream. Spastic Society of Gurgaon's strategy for the clinical services at the doorstep is the topmost tier of its service delivery model. Camps are organized at the doorsteps of the disabled children for their medical care based on their regular records. Various camps for the medical check ups and vaccinations for the disabled children are organized at regular intervals.

2. THROUGH NIRAMAYA HEALTH CARDS FOR THE DISABLED

Under 'NIRAMAYA' scheme of National Trust, Ministry of Social Justice and Empowerment, our Society mobilized many applications from Gurgaon district for issue of national biometric Identity Cards to the persons with the said disabilities. Person to person contact with children and their parents have been established by us in the Districts of Gurgaon and Mewat.

3. THROUGH EVENT MANAGEMENT AND SALE OF ITEMS PRODUCED BY THE DISABLED

SSOG promotes self reliance of the children and works for their growth as independent individuals. The children are being trained vocationally and being imparted trainings which is conducive in making them independent to the best possible level. The items manufactured by them are also sold by us at different points of sale. SSOG is always exploring employment opportunities for the disabled persons in the district. Many functions and events are arranged for encouraging their active participation in all such functions.

4. THROUGH SPOT ISSUANCE OF DISABILITY CERTIFICATES

With the help of the local administration and the civil hospital authorities many disability camps are organized at regular frequency for expediting the process of issuance of the disability certificates to the disabled. In some of the camps as many as 255 disability

certificates were issued and delivered to the beneficiaries on the same day. This has enabled the Society to clear the backlog which is created due to delays in issuance of such certificates.

SCREENING OF LEGAL GUARDIANSHIPS OF THE DISTRICT

Applications for guardianship received by the LLC Gurgaon are disposed off and certificates are issued after due processing of the applications.

ROLE AS LOCAL LEVEL COMMITTEE MEMBER AT GURGAON

SSOG is appointed as LLC-NGO member for Gurgaon District by National Trust, Ministry of Social Justice and Empowerment, Government of India. The quarterly progress report of the LLC Gurgaon are submitted to the National Trust. The reports highlight the progress made on disability front in the district during the quarter.

TRAINING TO VOLUNTEERS

SSOG is also imparting training to the interested persons / activists and volunteers in occupational therapy, physiotherapy, special education, hospital administration, patient relationship and marketing.

BRINGING WARMTH AND SUNSHINE

It is an occasion of great joy and celebration when a child is born. But in some cases after few months of the birth, the family discovers that the child is not able to hold objects, crawl or walk. A spine chilling news is broken to the parents that the child has an incurable and irreversible condition called 'Cerebral Palsy' and may never be able to hold neck, walk or talk like a normal child next door. A sense of gloom dawns for a few days, at times, it lingers on for many years before the parents get adjusted to the thought of being mother and father of a spastic child. But, then, life is as such. One is to reconcile with the situation and move ahead. 6. Neuro physiotherapy

On the positive side, in the journey of life, parents are blessed with a new companion who is to be taken care of. In case of cerebral palsy, the parents are to be prepared for long term care of the child. But, one feeling which one is unable to overcome as a parent to a spastic child is that what will happen to the child after death of the mother, the father or the caregiver, towards whom the child was always anxiously looking for, for all his daily care and emotional needs. This thought prompted us to take certain initiatives for short term and long term care of these children. We request the reader to wait here for a moment and introspect. Whether this city of Gurgaon and NCR, which is overflowing with wealth and opulence, ever thought of such children who depend upon others for all their daily, emotional and future needs? Let us touch another point. Have you ever met a spastic child and interacted with him for a few moments. Do interact with a spastic child today. You may be taken aback. They are intelligent brains at work in

visibly deformed bodies. They are, by and large, jovial persons despite the fact that they live with severe multiple disabilities. Spastic Society of Gurgaon aims to address certain questions related to welfare of spastic children of Gurgaon, NCR and Haryana. People from various walks of life have joined hands to make efforts to arrange for long term care of such children; and also to help their parents live life fully, purposefully and contentedly by bringing them closer to each other, by creating coordination between various agencies, social workers, professionals and infra-structure providers. Efforts are also being initiated to make environment of Gurgaon, the millennium city of India, more spastic friendly.

ORGANISATIONAL ACCREDITIONS FROM GOVERNMENT

Spastic Society of Gurgaon is duly registered under:

- 1. Societies Registration Act vide Registration no. DR/GGN/166 with Registrar of Societies, Government of Haryana.**
- 2. Section 51 of Persons With Disabilities Act, 1995 with Commissioner of Disabilities, Government of Haryana.**
- 3. National Trust for the Welfare of persons with Autism, Cerebral Palsy, Mental Retardation and Multiple Disabilities of Ministry of Social Justice & Empowerment, Government of India.**
- 4. Income Tax Department , Government of India vide PAN No. AAHTS2630P.**
- 5. NGO Member of LLC Gurgaon alongwith the Deputy Commissioner, Gurgaon vide Govt order no. 0705/RL1A/2008 9725-9729 of National Trust (Ministry of Social Justice & Empowerment, Govt. of India).**
- 6. Income Tax Department registration under section 12AA of the Income Tax Act, 1961.**
- 7. Under section 80G of the Income Tax Act, 1961 at the hands of donors vide Commissioner of Income Tax, Faridabad order no. CIT/FBD/Tech/08-09/80G/88 dated 25.02.09.**

YOU CAN HELP THE CAUSE THROUGH

- Associate with us as a part of CSC/CPSC
- Sponsor events/ persons
- Sponsor equipments

- Volunteer: If you can commit time, and have a soft corner and an aptitude in field of interest and if you think it could benefit the children or the ailing adults, feel free to discuss with us.
- Volunteer in the field of-----
- Buy and gift products made by the society
- Sponsor an event or a programme run by society
- Donate in the form of equipments/objects/monthly cash contribution for salary account.
- Donate a cash of Rs.-----
- Supply essentials on a regular basis.eg. Provide hygienic Snack/food items to be distributed among children.
- Any specific contribution of your choice
- For e.g. declare a medal or scholarship/award for a performer from the society –a student/ a parent/ staff/ open to all on behalf of the society in your name for outstanding contribution in the field of disability
- Contribute to enable us to provide best possible infrastructure and care to each of the spastic child to enable him to lead a normal life.
- Contribute to enable us to arrange for medical, surgical, visual sight correction, physiotherapy, occupational therapy, speech therapy, dental care and special education for the spastic children.
- Contribute to enable us to arrange for various equipments including wheelchairs, orthotic devices, walkers and braces etc. for the needy spastic children.
- Sponsor a mentally and physically handicapped person.
- Sponsor an employee working with SSOG.

VOLUNTEER SUPPORT FOR DEALING WITH MENTAL ILLNESS

Spastic Society of Gurgaon strongly advocates that more and more people should volunteer for helping these people in their own interest because people closely associated with such spastic or severely disabled children are more spiritually inclined as their level of consciousness gets heightened and prayer and meditation comes naturally to them. They get closer to the inner core of their being. It is also observed that the persons connected with such children develop more emotional control and better understanding of human problems, shun trivia and focus on more useful issues facing society. It unfolds further dimensions of their heart and mind.

Governing Body Members

Dr. Rajesh Bhola	Dr. Ajay Arora	Dr. Prem Chand	Dr. Kapil Midha
Dr. Kapil Vidyarathi	Dr. Sumeeta Grover	Dr. Ramesh Goyal	Mr. Anil Arora
Mr. Ashish Wadhwa	Mr. Jatin Batra	Mr. Arun Chhabra	Mr.

AN APPEAL

Be kind, for every disabled you meet is fighting a hard battle. The smallest act of kindness is worth more than the grandest intention. Truly said, your small gesture of kindness can bring around a change in the lives of these silent, slow and meek children who look towards you through their melancholy and wet eyes for support for kindness is the language which the deaf can hear and the blind can see.

We at SSOG endeavor to remember that

*What we have done for ourselves dies with us;
What we have done for others remains immortal.*

Therefore, the kindness may be done soon for one never knows how soon it will be too late.

I would like to help

REPLY CARD

You can contribute whatever you wish to :

(a) Sponsor a mentally handicapped person

For four years	Rs.48000.00	For Three years	Rs. 36000.00
For Two years	Rs.24000.00	For One year	Rs.12000.00

(b) Rs.2000.00 Rs.5000.00 Rs.10000.00 Rs. 24000.00

(b) My organization can help SSOG in specific ways

Machinery/Equipment Sponsor a wheel chair Event Management
Sponsor prizes/Adaptive devices Sponsor Medical/Surgical procedure Volunteer

I am enclosing a crossed Cheque/Demand Draft in favour of

“SPASTIC SOCIETY OF GURGAON” which should be sent at the Registered Office address of SSOG given below.

Or you can remit through RTGS/NEFT at

SPASTIC SOCIETY OF GURGAON
SB ACCOUNT NUMBER 0877201 1010133
With Oriental Bank of Commerce,
Sector 5 Branch, Gurgaon.

MICR Code: 110022135

RTGS Code ORBC0100877

Name Mr/Mrs/Ms

Designation

Address

Pin

Tel (Off)

(Res)

Date

(Please cut and mail the REPLY CARD)

(Do a kindness soon for you never know how soon it will be too late. Donate for a social cause. All donations to SSOG are exempt under section 80G of Income Tax Act)

SPASTIC SOCIETY OF GURGAON

Centre Address: First Floor, Old Age Home, Sector 4, Gurgaon – 122001

Phone: 0124-2254150

Registered Office: 842, Sector 4, Gurgaon – 122 001 (Haryana)

Contact no. 9818131737, 9810215055, 9811300013

spasticsocietyofgurgaon@yahoo.com

Kindly visit us at www.ssog.in