

18/5 AIS Athletics Inst.

Michelle Ernichello T42

Scott Reardon T42

Sam Handing T13

Evan O'Hanlon T38

Nathan Dickinson Belleni T44

10. 48 Athletes warm up. others on track
need to be careful with media coverage

According to coach, paralympics really took off after
1996 games because the technology really
improved. (she is ~~a~~ a paralympic classifier)

buy a pair of shoes & use second for leg. for
spikes, Reardon(?) said they cut the bottom
of other set and attach to prostheses.

According to Scott, being a paralympian,
does not make it easier to pick up girls.

Occasionally tells people his leg bitten by shark
but really lost in tractor accident on farm
mostly according to him, people born with
disabilities tell stories to make more interesting

Image #6386 Scott Reardon

Coach told ~~players~~ ^{Runners} to be in AIS gear at start.

Coach said support by AIS was good, no real difference between AIS abled and non-abled Athletes.

Team mates (guy) made fun of O'hanelon. They made plans for fun ride on Stromlo & discussed things like getting car fixed when waiting for coach.

100 days left until Paralympics.

Midelle is gray long sleeved shirt prostheses

Athletes, according to coach, need to find balance between press & getting ready.

Coach is from Soviet System.

Ollie is taking a course on business management

Evan O'hahlan (sp) was in white long sleeve
shirt & tape over logos on his shoes

Coach was telling Michelle about her arm movements
& needing to improve these.

O'hahlan & coach yelled at each other in Czech,
not Ukranian.

runners repeatedly played with phones during practice.

O'hahlan (sp) gave advice to Michelle, trying to
interpret coach's instructions for her.

had two training sessions scheduled today
runners also were going to spend time in the recovery
centre.

O'hahlan did shorter & longer distance runs.

Lauren Boden is 4/60 m

Reardon does not do hurdles

100 & 200m & relay reardon

Sisters style his legs to paint his toenails

Family is supportive.

Someone suggested he come here about 10 years ago & then met after 2008 with coach.

Internet makes easier to find stuff

used to water skiing but not so much.

does not drink

Accident was when he was 12

farm was mostly grain.

officially on scholarship in 2009

loves canberra to train Tamara (sp)

going to Baginland for a month in Tugan.

reasons spent a week total in London.

Australia has some sort of competing like
country something.

They have tried to recruit military

Eveningstar.com has his blog

Corporate sponsorship. Athletes can make
change. Pipe over his shoe is to hide
endorsement Paralympic athletes should
get a deal according to O'hara Wang
other guy