

Diamond intramuscular space

Popliteal artery
Popliteal Vein
Tibial nerve
Peroneal nerve

from medial to lateral

Popliteal fossa

Contains

popliteal vessels
common peroneal nerves
Common tibial nerves
small saphenous vein
Posterior Cutaneous nerve of thigh
C.T
Lymph nodes popliteal L.N

Boundaries

superomedially semitendinosus
superolaterally semimembranosus
inferolaterally biceps muscle
inferomedially lateral head of the gastrocnemius
femur plantaris muscles
floor medial head of the gastrocnemius
oblique popliteal ligament
popliteus muscle