

Jane Candace Mitchell (born March 22, 1963) is an American broadcast journalist, author and entrepreneur. She created and hosted the show *One on One with Jane Mitchell* for *Channel 4 San Diego*. She is recognized by her peers and fans as a modern pioneer of the more personable and in-depth sports television interview that goes beyond the stats and sidelines. She is the recipient of 27 Emmy awards.



Early life and education

She was born in [Coronado, California \(San Diego\)](#), and raised in a military family with three siblings. Mitchell's late father, "J" Wallace Mitchell (1919-1994) enlisted in World War II and retired as a Commander after serving 30 years with the U.S. Navy in the aviation maintenance field. Her mother, Ann (Lydieann) Juanita Glick Mitchell is a retired San Diego area public school teacher.

Mitchell, who began her TV Journalism path early with a cable TV show "Coronado Corner" at 17 years old, graduated from Coronado High School in 1981 as Junior and Senior Class President. She graduated from the [University of California in San Diego](#) in 1985 with Political Science honors. In 1986 she earned a Master of Science in Journalism from the [Medill School of Journalism](#) at [Northwestern University](#) in Chicago.

Broadcasting career

She began her professional broadcast career as a reporter and fill-in anchor at [KAUZ](#) (CBS) in Wichita Falls, Texas and at [KOTV](#) (CBS) in Tulsa, Oklahoma. She returned home to San Diego in 1992 as a producer and reporter for the local NBC affiliate [KNSD-TV](#). She joined [Cox Communications](#) in 1996 to produce and report for a non-partisan 14-day channel featuring the Republican National Convention in San Diego. She was then hired to help create [Channel 4 San Diego](#), the television rights holders of the [San Diego Padres](#) that launched March 13, 1997.

From 1997-2011 Mitchell produced and anchored [One on One with Jane Mitchell](#), a television show allowing viewers an in-depth look at top sports figures primarily with the San Diego Padres and San Diego Chargers. Many of her subjects, who came through or made their careers in San Diego, are known nationally throughout the sports world. Although she did not grow up a sports fan, she fell in love with baseball during her first spring training in 1997.

In *One on One*, Mitchell created a unique in-depth sports biography platform that would ultimately lay the foundation for sharing what she calls "The Good Sports Story." Her popular and personable style allowed her to peel back the layers of a player's often rough and tough game-day façade to reveal their struggles, success, triumph, tragedy,

humor and humility that makes them who they are on and off the field. This approach and content are what set Mitchell apart from the standard pre-and post-game athlete interview segments.

Mitchell's other roles at *Channel 4 San Diego* included co-producer and on-air reporter for the pre-game show, [Post-Season](#) coverage (including the [1998 World Series](#)), hosting the non-sports interview program [Forefront](#), producing Cox Presents: [A Salute to Teachers](#) (1996-2004), and co-anchoring parades including the locally and nationally televised [Holiday Bowl Parade](#) for 13 years. She was with the station for the full 15-year duration of the Cox/San Diego Padres television contract.

For her sports and non-sports reporting, producing and writing, Mitchell has received 27 Emmy Awards. One hundred *One on One* shows are in the archives with interviews of greats including [Tony Gwynn](#), [Trevor Hoffman](#), [Ted Williams](#), [Jerry Coleman](#), [Jake Peavey](#), [Junior Seau](#), [LaDainian Tomlinson](#) and [Drew Brees](#). Those and many more are also included in her book—[One on One – My Journey with Hall of Famers, Fan Favorites and Rising Stars](#), published in 2010, with the Foreword by [Dick Enberg](#) and [Tony Gwynn](#).

In 2012, she launched her own production and consulting company (www.JaneMitchellOneOnOne.com) to continue her brand of story telling with athletes, non-profits and corporate clients. She makes frequent speaking appearances and is a guest lecturer for college journalism classes and student athletes. She served as a special correspondent for [NBC 7 San Diego](#)'s on-line coverage of the [2012 London Olympics](#).

Awards and other notable Accomplishments

For her distinct style of personable journalism, Mitchell has been the recipient of:

- (27) [Emmy Awards National Academy of Television Arts & Sciences](#) (Pacific Southwest Chapter)
- (4) [Golden Mike Awards](#)
- (4) [San Diego Press Club Awards](#)
- [American Women in Radio and Television](#) – National Gracie Allen Honorable Mention
- [National CableACE](#)
- [International New York Festivals](#) – Finalist
- [San Diego Business Journal](#) – Women Who Mean Business
- [Metropolitan Magazine](#) – “40 Under 40”

Mitchell volunteers at various community events and, in honor of her father who passed away of [Lou Gehrig's Disease](#), is Board Chairman of the [Greater San Diego Chapter of the ALS Association](#).

Career timeline

- 1986 – 1988: KAUZ-TV, Wichita Falls, TX *Reporter*
- 1988 – 1991 KOTV, Tulsa, OK *Reporter*
- 1992 – 1996: NBC, San Diego, CA *Reporter, Producer*
- 1996 – 2011: Channel 4 San Diego, CA (Cox Communications) *Reporter, Host, Producer*
- 2011 – Present: One on One Enterprises (JCM Communications, Inc.) *President, Host, Producer, Special Assignment Journalist, Author, Speaker*

Books

- *One on One* – [*My Journey with Hall of Famers, Fan Favorites and Rising Stars*](#), Foreword by Dick Enberg and Tony Gwynn, Sweet Dreams Publishing of Massachusetts, 2010. ISBN 978-0-9824461-7-1
- *Covering Tony Gwynn* by Jane Mitchell
Published in [*Gwynn: A Tribute to the Career of Mr. Padre*](#)
PRESSBOX Publication, Word Smith Media Ventures, 2007.
ISBN 10: 0979197511 / ISBN 13: 9780979197512

Website

www.JaneMitchellOneOnOne.com