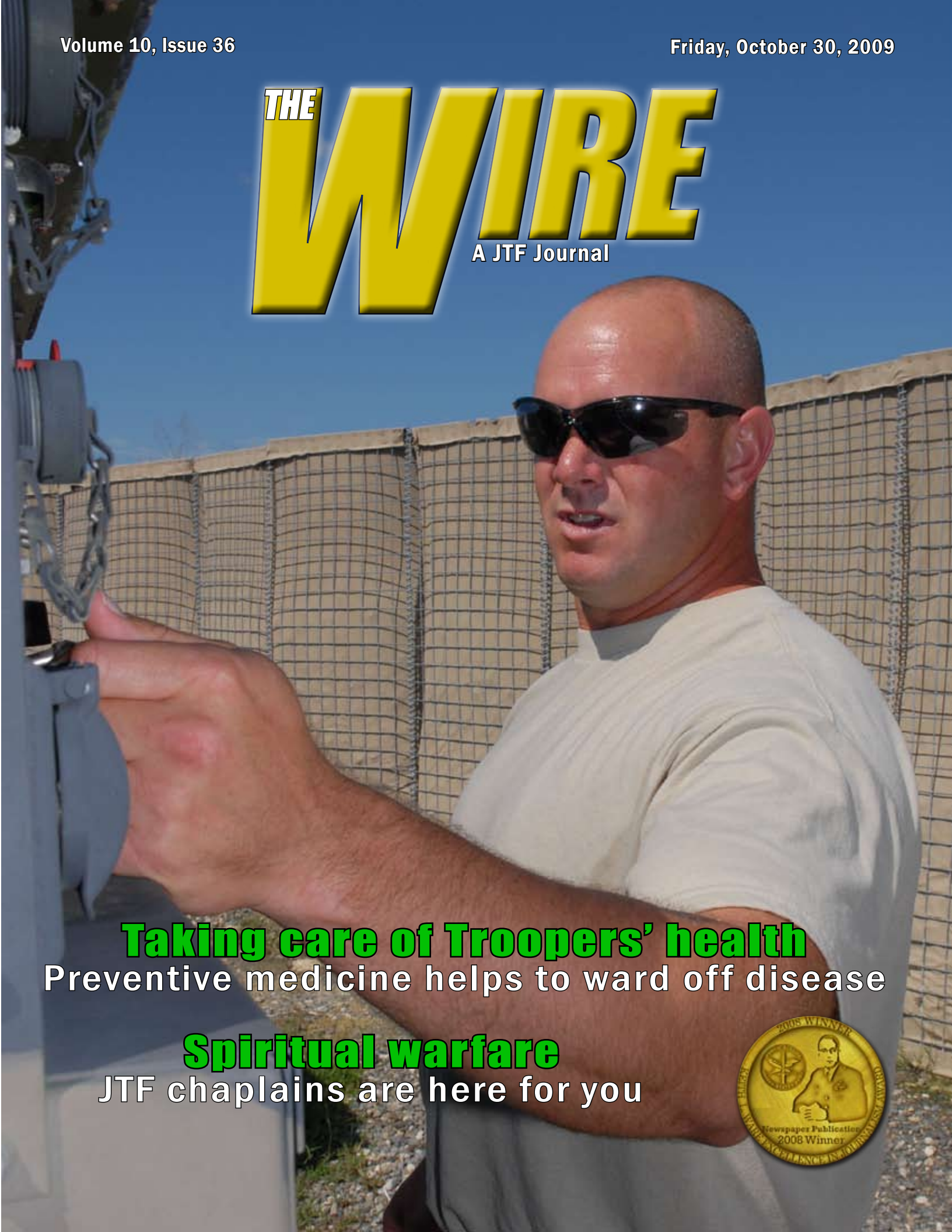


# THE WIRE

A JTF Journal



**Taking care of Troopers' health**

Preventive medicine helps to ward off disease

**Spiritual warfare**

JTF chaplains are here for you



# NCO leadership

## Navy Master Chief Petty Officer Scott Fleming

JTF Guantanamo Command Master Chief

It has been well-advertised that 2009 is the year of the Non-Commissioned Officer in the U.S. Army. Everyone from generals to company grade officers and sergeants major to privates is part of the campaign to promote diverse, enduring NCO contributions to mission readiness, historical achievement and troop welfare. All services share similar views on the criticality of their career enlisted professionals – dedicated men and women who valiantly energize our nation's combat power with precision, prowess and pride around the globe.

While each branch practices its own brand of indoctrination, continuing education, and customs when it comes to NCOs, there are universal truths that genetically bind the collective corps regardless of which camouflage pattern its warriors happen to wear. First and foremost is the concept of accountability – accepting that ascension to leadership demands personal consequence for action or inaction. A steep learning curve can accompany that inalienable equation for NCOs who seek favor and friendship over results and respect. Conversely, Troopers who enthusiastically embrace added responsibility and foster fastidious relationships normally find their stock rising as they engender rigorous standards, discipline and commitment.

Second, effective NCOs understand that tangible success is measured in sustained, selfless service to their unit, not personal accolades or colorful ribbons. NCO business is often dirty, unpleasant, unheralded, and unseen . . . but it makes the mighty military machine move over or through mountains in the most precarious moments. Glory, while epic, is often fleeting and a function of emergent circumstances. Real legacy, though, is built one brick at a time with focus, fortitude, and humility. The best NCOs then, are master masons, methodically solidifying unit cohesion and combat capacity without fanfare or narcissistic motives.

Character counts. Our finest enlisted leaders march as passionate standard bearers in front of the formation. They understand their conduct and decisions are studiously scrutinized by seniors and subordinates, and often emulated for better or worse. They achieve credibility based on personal example more than blind verbatim recitation of regulations. They thrive neck-deep in adversity and environmental constraints, when innovation and integrity are the most precious commodities. They know loyalty is a mutual contract, dependent not on rank but on shared experiences and common goals.

And finally, NCOs continually improve the fortunes of the service members around them. Positive reinforcement is the most proven path toward that end, but there is a time and place for proverbial trips to the woodshed as well. Confrontation, although sometimes difficult, can be a constructive dialogue when done with due regard for dignity and desired results. The key is having insight into the players on your team, and judiciously applying the right motivation in the right situation. One size does not fit all when it comes to putting troops on track for success.

At our joint task force, we are privileged to have brilliant examples of NCO leadership from every service . . . superior Troopers versed in the strategic implications and tactical fine points inherent at one of the world's most overtly dissected duty destinations. It's impossible not to be impressed or inspired by so many first-person illustrations of honor in action. Few locations offer such a broad perspective of NCO engagement and impact. Look around – I promise you will be amazed by the view. ☆



## JTF GUANTANAMO

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Navy Rear Adm. Tom Copeman

### Command Master Chief:

Navy Master Chief Petty Officer  
Scott A. Fleming

### Office of Public Affairs

#### Director:

Navy Lt. Cmdr. Brook DeWalt: 9928

#### Deputy Director:

Army Maj. Diana Haynie: 9927

#### Supervisor:

Army 1<sup>st</sup> Sgt. Shellie Lewis: 3649

## The Wire

### Executive Editor:

Army 1<sup>st</sup> Lt. Chris Cudney: 2171

### Command Information NCOIC:

Army Sgt. 1<sup>st</sup> Class Michael Gholston: 3651

### Editor:

Army Staff Sgt. Blair Heusdens: 3594

### Staff Writers:

Navy Petty Officer 2<sup>nd</sup> Class  
Shane Arrington

Navy Petty Officer 2<sup>nd</sup> Class  
Orlando Quintero

Army Spc. Tiffany Addair

Navy Petty Officer 3<sup>rd</sup> Class  
Justin Smelley

Navy Petty Officer 3<sup>rd</sup> Class  
Joshua Nistas

Army Pfc. Christopher Vann

## Contact us

**Editor's Desk:** 3594 or 2171

From the continental United States:

**Commercial:** 011-53-99-3594

**DSN:** 660-3594

**Email:** [thewire@jftgtmo.southcom.mil](mailto:thewire@jftgtmo.southcom.mil)

**Online:** [www.jftgtmo.southcom.mil](http://www.jftgtmo.southcom.mil)

### COVER:

**Air Force Tech Sgt. James Degnan, with the 474<sup>th</sup> Expeditionary Civil Engineering Squadron, test fires an emergency generator, Oct. 26.** – JTF Guantanamo photo by Army Spc. Cody Black

### BACK COVER:

**A mobile guard tower sits outside Joint Task Force Guantanamo's Camp Delta.** – JTF Guantanamo photo by Navy Petty Officer 2<sup>nd</sup> Class Marcos Hernandez



The WIRE is the official news magazine of Joint Task Force Guantanamo. It is produced by the JTF Public Affairs Office to inform and educate the Troopers of JTF Guantanamo through news, features, command guidance, sports and entertainment. The WIRE seeks to provide maximum disclosure with minimum delay with regards to security, accuracy, propriety and policy. This DoD news magazine is an authorized publication for the members of the Department of Defense. Contents of The WIRE are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or Joint Task Force Guantanamo. It is printed by the Document Automation & Production Service with a circulation of 1,000.

# Maintaining the strength of the force

**Army Staff Sgt.  
Blair Heusdens**

JTF Guantanamo Public Affairs

With seasonal flu and H1N1 influenza currently circulating in the U.S., what's being done to prevent these and other illnesses from spreading in our small community?

Preventive medicine specialists work at Joint Task Force Guantanamo to monitor the health and living conditions of Troopers and detainees in order to keep diseases from spreading. Their work ranges from educating Troopers and civilians to inspecting facilities to ensure that proper safety and sanitary conditions are met throughout the JTF.

"Our mission is to prevent and monitor diseases, inspect for environmental issues and sanitation, manage disease programs and influenza immunizations," said Navy Petty Officer 3<sup>rd</sup> Class Nicholas Ullrich, a JTF preventive medicine technician.

Army and Navy preventive medicine professionals work together to maintain health and safety standards both inside the detention facilities and out.

While inspecting facilities at the JTF, preventive medicine technicians look for sanitary issues such as trash on the ground, holes in buildings or any dirty areas which could lead to the infestation of rodents.

"I'm looking for things that will physically harm someone or, in the long run, make them sick," said Navy Petty Officer 2<sup>nd</sup> Class Heather Stiles, the lead petty officer for JTF preventive medicine.

They also inspect the galleys at the JTF to ensure food is prepared and served in a sanitary fashion. The preventive

See **PREVENTIVE MED/12**



(Above) Army Spc. Adrianna DeLeon, a preventive medicine specialist with the Joint Detention Group, takes samples of water to test from the Joint Task Force Guantanamo detention hospital, Oct. 27. Water samples from around the JTF are tested regularly to ensure the safety and purity of the water. (Left) Navy Petty Officer 3<sup>rd</sup> Class Nicholas Ullrich, a preventive medicine technician with the JTF, takes the temperature of food in the salad bar at Kittery Cafe, Oct. 15. The JTF galleys are regularly inspected for sanitation and cleanliness. – JTF Guantanamo photo by Army Staff Sgt. Blair Heusdens



**Army Capt. Eric Bey, the 525<sup>th</sup> Military Police Battalion chaplain, conducts Bible study at Troopers' Chapel, Oct. 28.** – JTF Guantanamo photo by Navy Petty Officer 3<sup>rd</sup> Class Justin Smelley

# JTF chaplains offer care and compassion

**Navy Petty Officer 3<sup>rd</sup> Class  
Justin Smelley**  
JTF Guantanamo Public Affairs

Chaplains have been in the United States military since its beginning. George Washington wanted religious leaders and men who could help troops cope with difficult times during conflict. The chaplains became very important links between the commander and the troops. After more than 200 years, chaplains are still a key link in providing assistance to troops.

“We provide for or facilitate the free exercise of religion and accommodate the religious practices of military personnel, their families and other authorized personnel. In addition to facilitating the religious requirements of personnel of all faith groups and providing the religious requirements of their own faith group, chaplains care for all service members and advise the command,” said Navy Lt. Cmdr. Lee Hellwig, Navy Expeditionary Guard Battalion chaplain.

Chaplains offer other services beyond providing religious practices, by helping to counsel Troopers.

“Counseling is about 90 percent of what we do. Through relationships, you earn peoples’ confidence and trust. They realize that you can help them and we try our best to do so,” said Army Capt. Eric Bey, chaplain for the 525<sup>th</sup> Military Police Battalion.

“In caring for all, chaplains deliver specific institutional care and counseling which attend to personal and relational needs outside

of a faith group-specific context. Some examples of care include visiting Troopers in the camps, crisis prevention and response and counseling for professional, personal and relationship concerns,” said Hellwig.

Military service requires extraordinary sacrifices of those who serve and their families. Chaplains strive to make themselves available and present, day or night.

“I don’t have any set hours for my days at work. I’m supposed to make myself available to the Troopers any time. Most people would be surprised how many calls I get around two or three in the morning. My job requires me to be there religiously or non-religiously, or to just be a friend for the Troops,” said Bey.

Even though being a chaplain is a strenuous job with a non-stop schedule, it is a rewarding job.

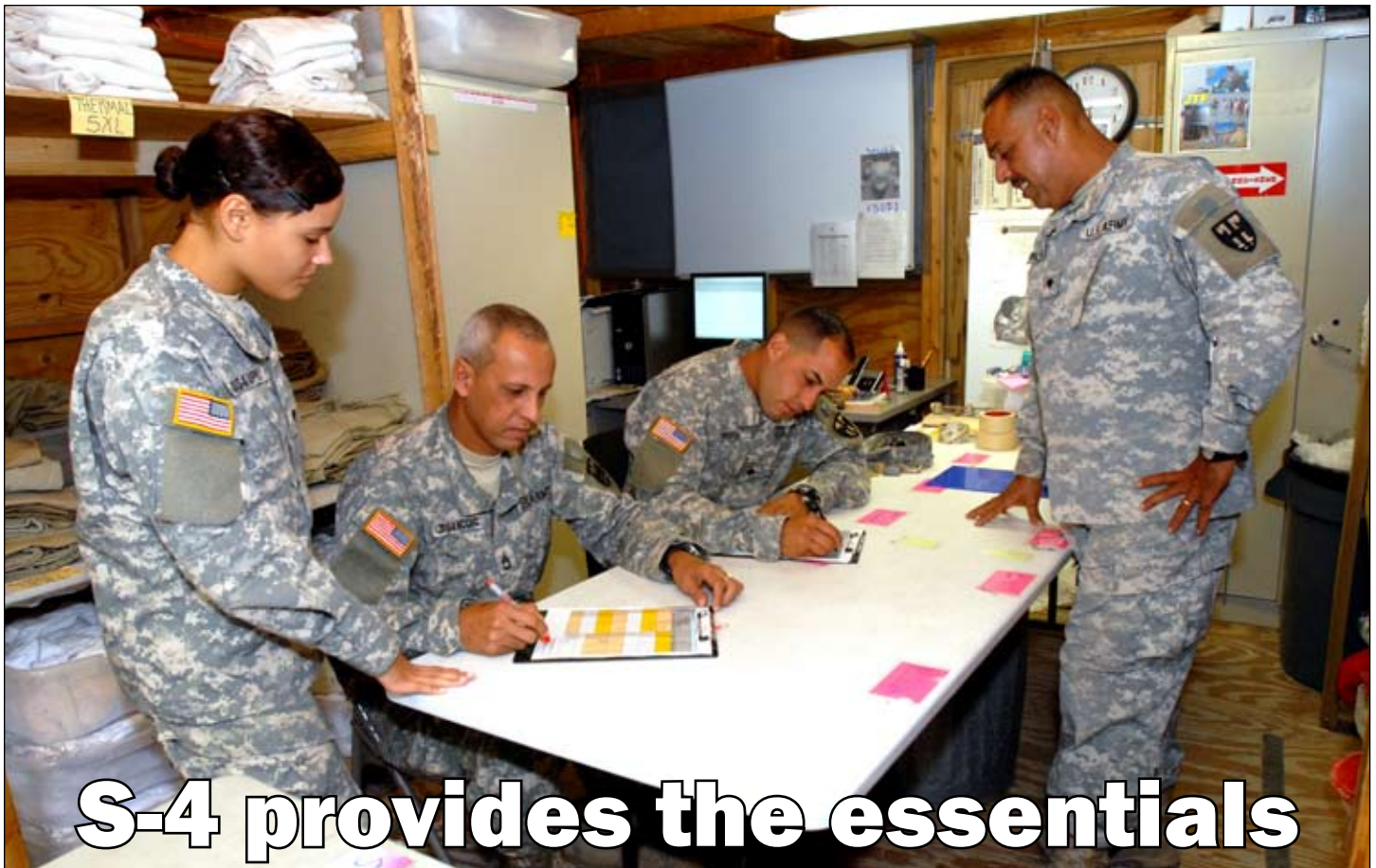
“When you’re explaining something to someone, it could be religious or non-religious, but when you’re helping someone out and you see the burden lift off their shoulders, something they couldn’t foresee when they came in here and the world’s on their shoulders. That’s the best thing about this job,” said Bey.

“The most beneficial part of the job is being able to share in some way in the life of others. Having the only position in the Navy where a member can come and be assured that all communication, without limit, with the chaplain is confidential,” said Hellwig.

Wherever the Troops may be, chaplains are right alongside them. Whether it’s the tents in the desert of Iraq, an aircraft carrier or submarine in the middle of the sea, or just at the barracks back on bases stateside, chaplains are there to help. ★

“**Through relationships, you earn peoples’ confidence and trust.**”

– Army Capt. Eric Bey



# S-4 provides the essentials

Troopers with Joint Task Force Guantanamo's S-4 look over inventory and logs for detention facility supplies. – JTF Guantanamo photo by Navy Petty Officer 2<sup>nd</sup> Class Orlando Quintero

**Navy Petty Officer 2<sup>nd</sup> Class Orlando Quintero**  
JTF Guantanamo Public Affairs

It is an involved operation to maintain supply and inventory for the detention facilities at Joint Task Force Guantanamo. In just one month, the S-4, or supply section, for the JTF delivers approximately 80 pallets of water and 35,000 pounds of laundry to provide adequate supply of resources for the detention facilities.

"You can't put a price tag on the service we provide to the detainees," said Army Maj. Myrna R. Cerezo, the officer-in-charge of S-4 supply. "We at S-4 are an important part of the overall big picture and mission in providing the safe, humane, legal and transparent care and custody of our detainees."

Clean laundry is provided to the detainees in exchange for dirty laundry which is then taken to the S-4 for cleaning. The S-4 must keep laundry separated and organized.

"Twice a week, laundry is picked up and dropped off for the camps. Each camp is color-coded and marked with the detainee's identification number," said Army Spc.

Ninoskka Lopez. "We at S-4 understand that if we do an excellent job, it gives the detainee one less thing to worry about."

Personal hygiene items are also provided for the detainees and are stocked inside the camps for easy access.

"We have everything from shower gel to shower shoes, uniforms, prayer rugs and

important part of our mission."

Keeping up with all of the supplies can be a big task. S-4 personnel enter reports into an inventory control system and place orders for supplies each week. To be successful, they must take into consideration the transit time to the island to maintain an adequate supply of all items.

In addition, S-4 is responsible for purchasing and supplying the JTF Troopers with the tools they need to run camp operations.

"We can do without a few pens or note pads to write on, however, we can never run low or out of supplies for [the detainees]," said Luna.

"S-4 needs to run at 200 percent to support the guard force," said Navy Chief Petty Officer Gregorio Alexander with the Navy Expeditionary Guard Battalion. "The guard force cannot do their jobs without their support."

The most compliant detainees are provided with an opportunity to do their own laundry, if they wish, but the service and supplies

provided by the S-4 are available to all detainees, regardless of their compliance status. Providing the detainees with these basic necessities contributes to their overall health and welfare. ☆



**Army Spc. Ninoskka Lopez, Maj. Myrna Cerezo, Sgt. Manuel Correa, Spc. Leonardo Melendez, Spc. Luis Luna and Spc. Miguel Moya are part of Joint Task Force Guantanamo's S-4 supply section, which supports many aspects of detainee operations.** – JTF Guantanamo photo by Navy Petty Officer 2<sup>nd</sup> Class Orlando Quintero

toothpaste, which are always in inventory and available for each detainee," said Army Spc. Luis Luna. "Water and detainee supplies is our business. Having what they need when they need it is the most



# The longest yard

**Army Pfc.  
Christopher Vann**

JTF Guantanamo Public Affairs

For the countless number of ‘former’ football stars and those aspiring to finally learn the game, flag football just might be for those individuals.

Nine flag football teams at U.S. Naval Station Guantanamo Bay (NAVSTA) are competing to win the Captain’s Cup trophy.

“We just wanted a team,” said Army Spc. Waddell Tollison, an engineer assigned to Joint Task Force Guantanamo’s Joint Detention Group, who plays for the 525 Enforcers team, “It brings the morale up for people.”

The 525 Enforcers are primarily made up of guards from the 525<sup>th</sup> Military Police Battalion, and with nearly every service of the military being represented in this year’s football league, it’s sure to be an entertaining season.

“Being able to play here is a great feeling. We thought we might not be able to play this year due to us being down here and missing our normal season back in Seattle,” said Coast Guard Petty Officer 2<sup>nd</sup> Class Joshua Pryor, a port securityman deployed with Maritime Safety and Security Team 91101.

Cooper Field, where all the games will be played, is part of the \$2.1 million renovation funded through Morale, Welfare and Recreation.

“This is the best field I have ever played on,” said Tollison, referring to the new artificial-turf field.

While the NAVSTA Security team remains undefeated, teams like the 525 Enforcers and the tied-for-last place Radio GTMO and Commissions Support Group, still have a chance at taking home the trophy.

“Our team has been playing together for a couple years now – plus or minus a few people – and playing here allowed us to keep up with [the flag football season back home] where we normally play. It is kind of a bummer that we might be leaving before the season is over, but it’s the fact that we actually got to play and that we showed up to every game and gave it our all – win or lose – we had fun. If the new Coast Guard has a team and they are up for the challenge, I am sure they will take our spots. It all depends on if they want to get all that GTMO has to offer,” said Pryor.

“I know this season has been a lot more fun than last year,” said Tollison, “I’m looking forward to the playoffs, Army vs. Navy.”

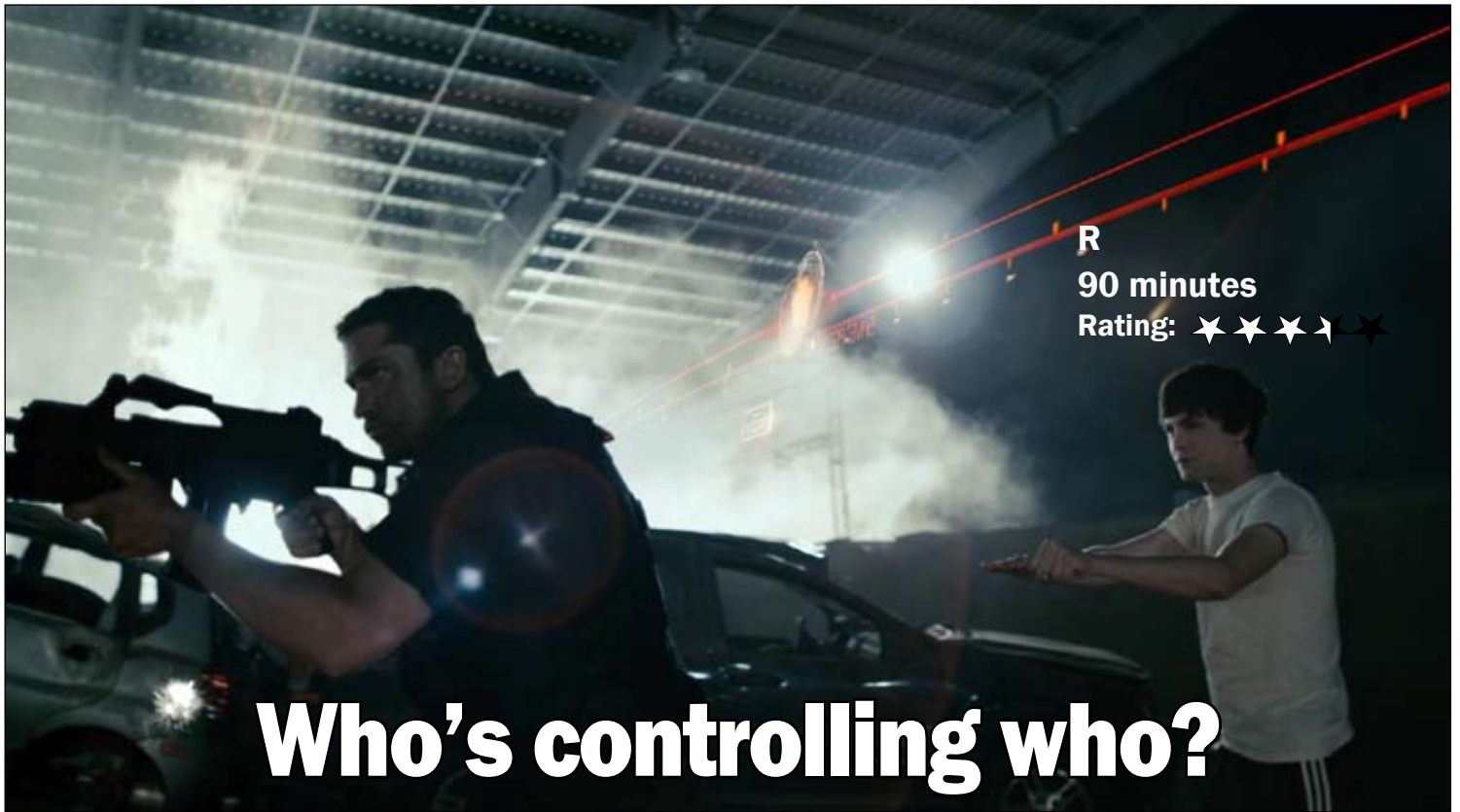
The men’s playoffs will begin on Nov. 10. This will be a seeded tournament in single elimination format.

The championship game will be played Nov. 16, at 8 p.m. at Cooper Field.

“The talent and competition here for flag football is bar none,” said Pryor. “It was a great event to be able to be part of and I hope that everyone continues to go and play their hardest and good luck to all teams.” ☆



**(Left) Players from the 525 Enforcers team and the MSST 91101, receive instructions from the referee prior to a flag football game, Oct. 23. The Naval Station Guantanamo Bay flag football league features nine teams in the male division and runs through early December. (Above) Players from the two teams line up for inspection prior to the game.**  
– JTF Guantanamo photo by Army Pfc. Christopher Vann



**R**  
**90 minutes**  
**Rating: ★★☆☆☆**

# Who's controlling who?



**Navy Petty Officer 3<sup>rd</sup> Class  
 Joshua Nistas**

JTF Guantanamo Public Affairs

Before starting off, the reviewer wants to forewarn anyone planning on seeing “Gamer” that this movie has earned the ‘R’ rating which sits quietly on the movie poster hanging up by the theatre complex. The poster itself looks harmless, but five minutes into the movie, after seeing body parts fly and blood spray, it has earned its rating.

Set “some years from this exact moment,” the movie shows how online gaming has evolved from virtual reality to the real thing, becoming a Pay-Per-View event. Players can play games through real people to get the most realistic playing ability ever seen. Going along the premises of “Death Race,” convicts on death row are given the option to participate in the game ‘Slayers,’ where the convicts are the characters which people can play through in a killing spree that reminds the reviewer of “Halo’s” multi-player kill-all mode.

The movie hosts a wide variety of big name people. The story follows along as Kable (Gerard Butler from *300*) closes in on the 30-game mark which allows a convict to be released. This being the first time in the game’s history, creator and multi-billionaire Ken Castle (Michael C. Hall from *Dexter*) is less than thrilled as Kable is his star character. Other known stars that appear in this movie are musical artist Ludacris, John Leguizamo (*Ice Age*), Terry Crews (*Terminator Salvation*), Keith David (*Pitch Black*), and Milo Ventimiglia (*Heroes*).

Another reality game in the movie is “Society,” which is what “The Sims” video game might be if users had complete control over what characters do in the game. One of the issues shown in this game, as shown in the movie “Surrogates,” is you never know if, when you’re talking to a girl online, there is actually a large man sitting in the chair controlling everything.

Overall, the movie was good if you like action that involves a lot of blood and dismembered body parts. Viewers will see how one-way video games might evolve in the future. The action is what keeps the movie going, while the plot is thought out, but in complete. The movie was entertaining, and this viewer recommends it to all who enjoy video games. ★

# An artsy affair

JTF Guantanamo photos by  
Army Staff Sgt. Blair Heusdens

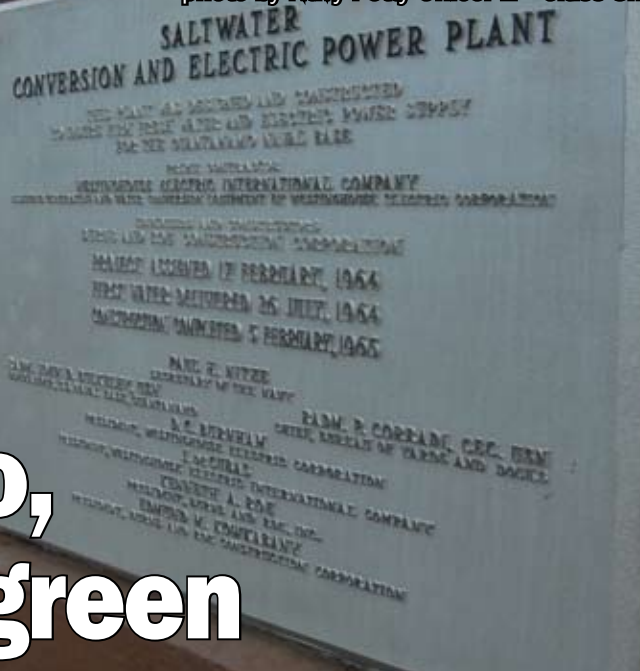


Two Joint Task Force Guantanamo artists exhibited their work at the Naval Station Guantanamo Bay Navy Exchange, Oct. 26-Nov. 1. Army Lt. Col. Miguel Angel Mendez and a civilian contractor who works as the detainee art instructor and goes by the name, Adam, displayed their paintings and drawings for viewing by the Guantanamo community. See page 15 for more of the story.





The Naval Station Guantanamo Bay Saltwater Conversion and Electric Power Plant provides Naval Station Guantanamo Bay with more than a million gallons of water a day and, along with power provided by wind turbines, provides electricity for its approximately 7,000 residents. – JTF Guantanamo photo by Navy Petty Officer 2<sup>nd</sup> Class Shane Arrington



# Guantanamo, tradition of green

**Navy Petty Officer 2<sup>nd</sup> Class  
Shane Arrington**  
JTF Guantanamo Public Affairs

From the wind turbines dotting the ridgeline, to the water and power plant below, Naval Station Guantanamo Bay has a standing tradition of keeping the base green.

“The regional Naval Facilities Engineering Command and the Navy in general have a strong focus on conserving energy,” said Navy Lt. j.g. Jonathon Charfauros, Naval Station Guantanamo Bay’s energy manger and assistant public works manager. “There are many things providing guidelines on this issue. There are presidential mandates, the 2007 Engineering Professional Advisory Committee and the reduction requirements of 30 percent in energy consumption by 2015 set across the Navy.”

The Naval Station has recently kicked off a building energy monitor program which, according to Charfauros, puts someone who knows about energy, and knows what they’re looking for, into every facility. This person is responsible for going through their spaces and finding leaks in all the heating, ventilating and air conditioning units.

In fiscal year 2009, Joint Task Force Guantanamo alone consumed 35,055.3 Megawatts per hour of electricity in its mission of providing safe and humane care and custody of detainees. With the non-renewable resources we’ve used to produce our energy dwindling, it becomes ever more important for places that produce so much energy, such as Naval Station Guantanamo Bay, to continue to introduce and expand

existing conservation programs.

“We already have some alternative energy sources, the main one being the turbines providing wind power,” said Charfauros. “And for fiscal year 2010, we’re going to start designing an incineration plant that takes all the garbage that goes to our landfill, burns it, and turns that into energy. Another project we have in place involves the base’s perimeter lighting. Ten percent of our energy cost goes into lighting the fence line at night and by replacing some of the lights with solar powered lights we’ll probably reduce that by a fifth.”

While the naval station does its job of staying green on the grand scale, Michael McCord, Naval Station Guantanamo Bay’s environmental director, says it’s just as important for individuals to do their part as well.

“People sometimes miss the big picture when it comes to energy conservation,” McCord said. “If you turn the light off or save some water, the downstream effect of not wastefully using these resources is that we reduce the impact on the fuel system as a whole.”

“We burn diesel fuel to produce energy, that energy is used in the reverse osmosis systems to create the water we drink, clean our clothes, cook and water our lawns with. So every drop of water you save is a drop of oil that’s not being consumed to produce the electricity used to make the water.”

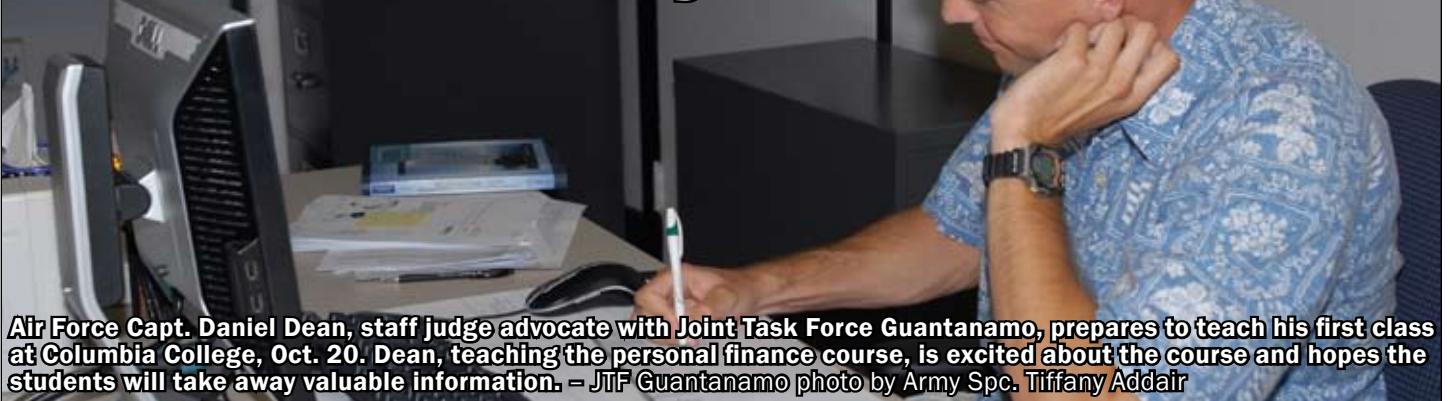
And the less fuel we burn, the less fuel that has to cross the ocean, reducing chances for oil spills. Less fuel burned also cuts down on air admissions, making our air and water cleaner. McCord says not only is this important for the service members and their families stationed at Guantanamo, but also the protected plants and wildlife they share the base with.

October is National Energy Awareness Month. ☆



**Dan Wright, an engineering technician for Naval Facilities Engineering Command Southeast, looks at new switchboards for the Naval Station Guantanamo Bay Saltwater Conversion and Electric Power Plant, Oct. 22. – JTF Guantanamo photo by Navy Petty Officer 2<sup>nd</sup> Class Shane Arrington**

# Columbia College; education is key



**Air Force Capt. Daniel Dean, staff judge advocate with Joint Task Force Guantanamo, prepares to teach his first class at Columbia College, Oct. 20. Dean, teaching the personal finance course, is excited about the course and hopes the students will take away valuable information. – JTF Guantanamo photo by Army Spc. Tiffany Addair**

## **Army Spc. Tiffany Addair**

JTF Guantanamo Public Affairs

In today's uncertain economy, a college degree can be a great jumpstart to a successful future. Columbia College offers a countless amount of resources available to Troopers, dependants, civilians and foreign nationals. All services provided make it possible to start or finish a college degree while deployed to Joint Task Force Guantanamo or stationed at Naval Station Guantanamo Bay.

Columbia College offers a wide variety of services, making it easy for Troopers and residents of the naval station to obtain a degree while staying flexible with work schedules. The college provides in-seat classes at its office on Chapel Hill or online classes. The college also administers testing for students who are taking online classes or are looking to receive credits through College Level Examination Program or Defense Activity for Non-traditional Education Support exams.

"We provide CLEP tests, DANTES

testing and service our online students for their midterms and finals," said Jeff Einhorn, director of Columbia College. "Also, we provide classrooms and support for our in seat students."

The college offers 37 CLEP tests and 36 DANTES tests. There is no fee for military personnel and there is a nominal fee for non-military personnel.

Enrolling with Columbia College is an easy process and part of it can be completed online. The first step is to fill out an application. There is a one-time fee for the application. For a more convenient option, you can fill it out online and it will be electronically transferred to the college's office located in the Chapel Annex on Chapel Hill. The next step is to bring any transcripts or military paperwork to the college's office. After these two steps are complete, an appointment will be made with an advisor to talk about an education path.

Some individuals may be interested in achieving a degree, but may not have the funds to achieve this goal. Multiple options are available for financial aid.

"There are several [tuition] options; the biggest one for us is tuition assistance," Einhorn said. "Probably 98 percent of the students use tuition assistance. The civilians who are attending have a couple options; if they are veterans, they [can use] the G.I. Bill. There are also other forms of financial aid such as grants and loans, or they can just pay for the class."

Army personnel may have difficulties registering dually with the college and through the portal on [www.goarmyed.com](http://www.goarmyed.com). If you have trouble, contact Columbia College and they can either assist or put you in contact with someone to better suit your needs.

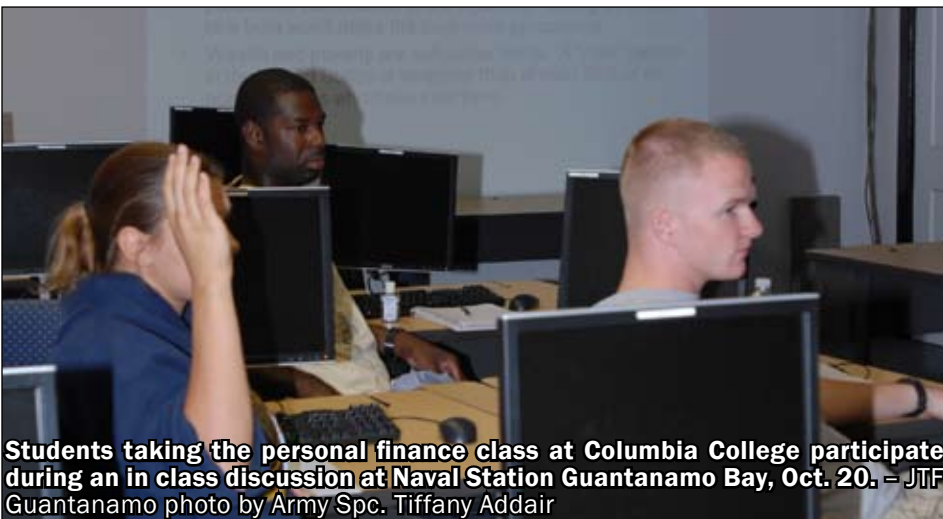
Whether you are interested in seeking an associate, bachelors or masters degree, Columbia College has courses for you. For Navy Petty Officer 2<sup>nd</sup> Class Braudrick Coleman, a Trooper assigned to the Joint Detention Group, Columbia College has provided him with an opportunity to advance himself toward his degree while deployed here.

"I am deployed here for a year so that gives me some time to take a few classes toward my degree," Coleman said.

For those deployed here for a short time period or stationed here for a longer time, gaining an education can be a benefit to you or your family members. If you do not complete your degree in the time frame of your duty, most credits will transfer. A degree is always good to have in your back pocket.

"Education is the key to a person being able to advance themselves," Einhorn said. "I know a lot of Troopers [pursue their education] for promotion points, but there are also some who are looking to get their degrees so they have something to move to when they decide to get out of the service."

For more information contact Columbia College at ext. 75555 or visit the Web site [www.ccis.edu/guantanamo](http://www.ccis.edu/guantanamo). ★



**Students taking the personal finance class at Columbia College participate during an in class discussion at Naval Station Guantanamo Bay, Oct. 20. – JTF Guantanamo photo by Army Spc. Tiffany Addair**

# Preventive medicine promotes good health at JTF

## PREVENTIVE MED from 3

medicine specialists and technicians monitor temperatures of food and take samples of water and ice to make sure they are within safe limits.

Not only do preventive medicine professionals look at the safety of facilities the JTF Troopers live and work in, but they also inspect the conditions for the detainees at JTF Guantanamo for health and safety issues.

“It’s our responsibility to protect the health of the detainees while they are in our care,” said Army Capt. Kathy Babin, the Joint Detention Group preventive health officer.

While preventive medicine does all it can to ensure and protect Troopers’ health and safety, there are things that every person can do to maintain a healthier lifestyle and prevent many infectious diseases.

“It’s our job to clean up after ourselves,” said Stiles. “If you take care of your body and the environment you live in, it will help to keep you healthy.”

According to Ullrich, leaders should tell their Troopers to use common sense for staying healthy by eating right, exercising and practicing proper hygiene. Using a few simple health conscious techniques can prevent the spread of disease within our community.

Babin provided this advice to Troopers; When you sneeze, sneeze into your sleeve, not a tissue. Practice frequent hand washing with soap and water or an alcohol-based cleanser and self isolate yourself if you know you are sick.

“Know your body and know when you are sick so you can take proper precautions right away to prevent the spread of infection,” said Ullrich. ★



Navy Petty Officer 3<sup>rd</sup> Class Nicholas Ullrich takes a sample of ice from the Kittery Cafe, Oct. 14. – JTF Guantanamo photo by Army Staff Sgt. Blair Heusdens

## Don't forget to “fall back”

Daylight saving time ends Nov. 1.

Daylight saving time begins on the 2nd Sunday in March and ends on the first Sunday in November. Clocks are set back one hour at 2:00 a.m. local daylight time which becomes 1:00 a.m. local standard time.

*Also, the Naval Station Fire Department recommends that you use this opportunity to test your smoke detector, change the batteries and practice your emergency escape plan.*



## Morning prayer

Two black birds perch on the concertina wire at a detention facility at Joint Task Force Guantanamo while detainees observe morning prayer below. Detainees at the JTF are afforded the opportunity to pray five times each day and are issued prayer rugs and copies of the Quran. – JTF Guantanamo photo by Navy Petty Officer 2<sup>nd</sup> Class Marcos Hernandez

## Boots on the Ground

by Navy Petty Officer 3<sup>rd</sup> Class Justin Smelley and Army Pfc. Christopher Vann

*Who's your favorite scary movie character and why?*

Army Sgt. 1<sup>st</sup> Class  
Luis Perez



“Dracula, from Bram Stoker’s ‘Dracula,’ because he was more realistic and he had emotions.”

Navy Petty Officer 2<sup>nd</sup> Class  
Timothy McIntyre



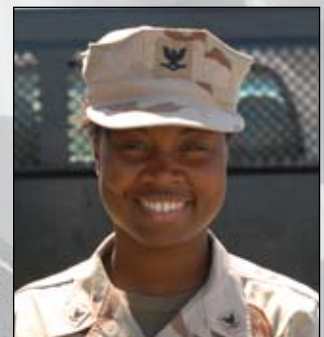
“Michael Myers, from ‘Halloween,’ because he’s a stone cold killer.”

Army Sgt.  
James Pethtel



“Freddy Krueger, from ‘Nightmare on Elm Street,’ because he was able to go into dreams and get people.”

Navy Petty Officer 3<sup>rd</sup> Class  
Toya Monger



“Chucky, from ‘Child’s Play,’ because I used to be scared that my dolls would come alive at night.”

# Come back to the Church

**Army Capt.  
Eric Bey**  
525 MP Battalion Chaplain

The Bible says in Galatians 6:1-5, "Brothers, if someone is caught in a sin, you who are spiritual should restore him gently. But watch yourself, or you also may be tempted. Carry each other's burdens, and in this way you will fulfill the law of Christ. If anyone thinks he is something when he is nothing, he deceives himself. Each one should test his own actions. Then he can take pride in himself, without comparing himself to somebody else, for each one should carry his own load."

So what does that have to do with anything, you ask? Well its relevance is what I want to share with you. Perhaps you already know, but the number one charge that the secular world has against the Church is hypocrisy. Time and time again I hear the charge that someone doesn't go to church because it is filled with hypocrites. Can I tell you that it's true? Well I am and any Christian worth anything should tell you so too. We are the first to acknowledge that we are sinners saved by grace. We acknowledge the flesh's fight for dominance over the spirit.

The principal is sure and true. It is as true as the fact that hospitals are for sick people and grocery stores are where you go if you want to buy food. Church is for sinners. My regret is that many in the Church have forgotten this in a total lack of humility and remembering what the Lord has delivered them from. They have become haughty and judgmental. Instead of following the wisdom of the above verses, they lord it over those who have fallen and look down their noses at those who may have tripped. Instead of nurturing the wounded back to health, they tear them down further and ostracize them. They have portrayed the Church as a place for good people. Nothing could be further from the truth! There is a lesson I heard and learned that I will never forget. It goes, "You can fleece a sheep many times but you can only skin it once!"

Against the warning of the above verse, they harbor unforgiveness and pass judgment instead of realizing that sin could have easily deceived them. In fact, sin has deceived them into thinking that they are better and impervious to sin's temptation. Woe unto them! The Bible further admonishes us to "take heed" lest we who think we stand secure, fall. It is very clear that the mistakes of those who have gone before us were written down as warnings for us. So, like the verse above says, check yourselves; your thoughts, intents, motives and actions to see if they are right and virtuous. If you judge yourself – honestly judge yourself – you will not be judged.

So all of you who have stayed away from the Church because of the hypocrites and sinners, we are probably better off without you, but for those of you who have been deceived by sin into this mindset, lay it aside and come back to church where humble hypocrites are waiting to worship with you, and one in particular is aching to preach to you! You think about that. ☆

## JTF CHAPEL SCHEDULED PROGRAMS

**Catholic Mass**  
**Sunday - Friday:**  
6:30 a.m. Mass

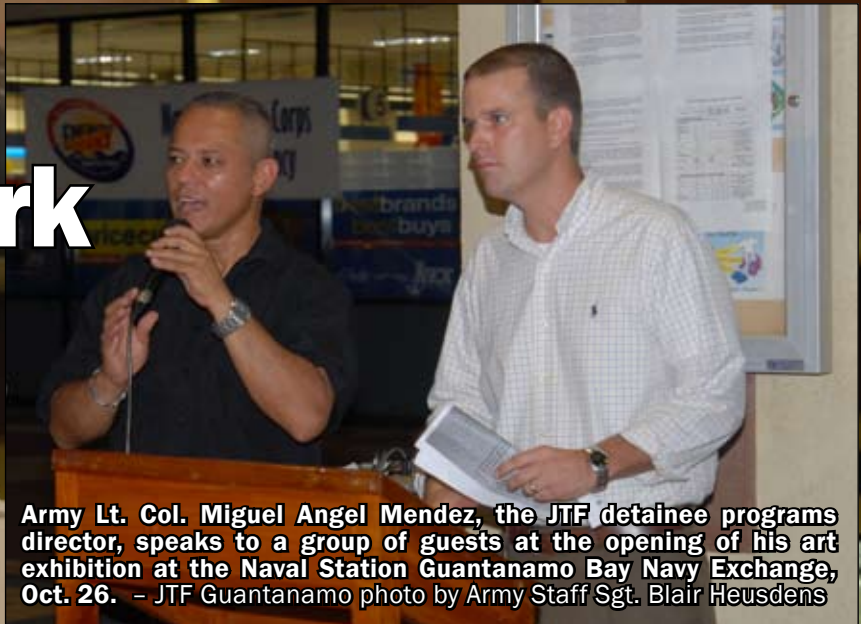
**Spanish Catholic Mass**  
**Sunday:** 5 p.m.  
at NAVSTA Chapel

**Protestant Worship**  
**Sunday:** 9 a.m.

**Spanish Protestant  
Worship**  
**Sunday:** 11 a.m.

**Bible Study**  
**Sunday:** 6 p.m.  
**Wednesday:** 7 p.m.

# JTF artists exhibit work



Army Lt. Col. Miguel Angel Mendez, the JTF detainee programs director, speaks to a group of guests at the opening of his art exhibition at the Naval Station Guantanamo Bay Navy Exchange, Oct. 26. – JTF Guantanamo photo by Army Staff Sgt. Blair Heusdens

## Army Staff Sgt. Blair Heusdens

JTF Guantanamo Public Affairs

It's no New York City, but culture exists at Naval Station Guantanamo Bay. Residents can regularly enjoy dancing, poetry, music or art from some of the diverse groups of people who reside on the base. For the artists and art lovers, an art exhibition is currently underway, featuring two artists from Joint Task Force Guantanamo.

Two local artists are being featured in a special exhibit at the Naval Station Guantanamo Bay Navy Exchange atrium. The exhibit, which runs from Oct. 26–Nov. 1, features art from Army Lt. Col. Miguel Angel Mendez, the detainee programs director, and a civilian contractor and instructor for the detainee art class, who prefers to go by the name, Adam.

Mendez, a member of the Puerto Rico Army National Guard, held an exhibition in 2007 during a previous deployment to Naval Station

Guantanamo Bay and decided to hold another exhibition during his current deployment. The exhibition features various paintings and drawings done while at Joint Task Force Guantanamo.

Mendez has been interested in art since he was a child, but started participating in art exhibits during high school. Back home in Puerto Rico, Mendez designs museums and has worked with the Puerto Rico National Guard to build two of its museums. With a bachelor's degree in fine arts and master's in education as well as education as a museum curator, Mendez brings extensive experience in the arts to his work at JTF Guantanamo as the detainee programs director, in charge of library programs and art and language classes for the detainees.

"There is much to admire in Mendez's style," said Army Maj. James Crabtree, deputy director of the JTF public affairs directorate and also an artist. "His work makes strong use of colors, which adds to the vibrancy of his paintings. Mendez is also versatile; painting everything from portraits to street studies to non-objective

pieces."

Mendez does not reveal the meanings behind his works, he prefers to let viewers make their own interpretations.

"I never explain my paintings. I like to let people think whatever they want," said Mendez.

The second artist, Adam, works as an art instructor for the detainee art program at JTF Guantanamo. He is an Iraqi-American artist with a master's degree in fine arts.

Each artist has a unique style and talent, which is shown in the various pieces on display. From color to black and white and paint to pencil, a wide variety of art is among those featured at the exhibit.

"I think we both have different traits of art," said Mendez.

The MWR- and NEX-sponsored event will continue through Nov. 1 in the Navy Exchange atrium. Troopers and residents of Naval Station Guantanamo Bay are encouraged to come out and view the artwork. ☆

# Around the JTF



Troopers from the 525<sup>th</sup> Military Police Battalion hang targets prior to firing at a 9 mm pistol range at Windward Range, Oct. 22. - JTF Guantanamo photo by Navy Petty Officer 1<sup>st</sup> Class Edward Flynn



Air Force Master Sgt. Kevin Rice, with the liquid fuel management section of the 474<sup>th</sup> Expeditionary Civil Engineering Squadron, operates a bulldozer at Camp Justice, Oct. 28. - JTF Guantanamo photo by Army Spc. Tiffany Addair

Troopers from the JTF supply shop inventory newly arrived supplies at Camp America, Oct. 26. - JTF Guantanamo photo by Army Pfc. Christopher Vann

