

Reclaiming Your Voice - Assisting people to improve themselves and the world around them!

(Book 1, coming soon)

www.reclaimingyourvoice.webs.com

Never before in Australia or worldwide has there been a book which combines biographies of Abuse, Personal Development and Self Help... until now!

This comprehensive Self Help guide provides a complete "tool kit" combining survivor's personal biographies, up to date statistical information, a directory of useful Australian contacts and also includes self empowerment exercises and strategies to improve daily life.

This mix of resource material represents the most holistic approach ever undertaken in a single book.

It is easy to read and non-clinical, while the self-help exercises can be done over again rendering the book timeless.

Both confronting and inspirational, Reclaiming Your Voice provides readers with a fresh perspective on controversial and taboo subjects. Most importantly, this upcoming book fills the gap between the trauma and the "where to now?"

The Book, at a glance:

Title: Reclaiming Your Voice (Full title to be released soon)

Author: Patricia Lucy Scelzi

Category: Biographies/ Education/ Inspiration/ Personal Development

Format: A4 manual, soft cover.

Key Note: This holistic healing book and manual of contacts also features 21 biographies from survivors, statistics and interactive exercises rendering the book as a companion tool kit.

Pitch: Never before in Australia or worldwide has there been a book which combines the genres of biographies and self help.

The biographies range from satanic ritual abuse, to survivors of domestic violence, paedophilia and many more taboo subjects.

Reclaiming Your Voice combines up to date statistical information, interactive healing exercises and strategies to improve everyday life.

This complete and holistic tool kit also includes an up to date list of useful contacts.

The Author: Born in Sydney NSW Patricia Lucy is a graduate of Sydney University, as well as the University of Western Sydney (Millperra) and Richmond University (Western Sydney) . It was at the latter where Patricia Lucy obtained her Masters of Applied Science.

Patricia Lucy has written countless articles for an eclectic array of newspapers and magazines.

Patricia has also written, performed, directed for theatre, short films and for many years, P.L.Scelzi was also a volunteer, editor and main contributor for a number of newsletters.

The strategies and wisdom within the book represents the pinnacle of Patricia Lucy's extensive life, work and experiences (volunteer, teacher/co-ordinator, facilitator, writer, artist, healer, social activist and public speaker)

Author lives: Author Patricia Lucy Scelzi lives in Sydney NSW Australia

If you have a survival story which you'd like to share, and possibly feature in book two, please send your story to;

reclaimingyourvoice@hotmail.com

STOP ABUSE!! CHANGE THE WORLD!! YES WE CAN!!

Love and Gratitude

Patricia Lucy xx