

HONOR BOUND TO DEFEND FREEDOM

Left Seat/Right Seat training

Minutes of Fame"

Revisiting the "D" word

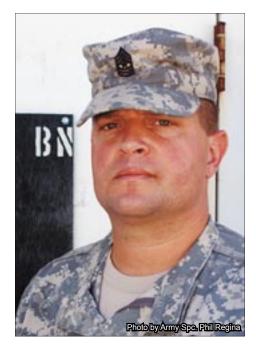
By Army Sgt. Maj. Kevin Robins

525th MP Battalion Ops Sqt. Maj.

Recent local events have caused me to revisit my thinking on professional military discipline. The chief purpose of military discipline is harnessing the capacity of the individual to fit the needs of the group. The sense of cohesion that comes from combining the individual wills of group-members provides unity of purpose. The group that achieves such cohesiveness is truly a "unit." Effective discipline is a critical factor at all levels of the military, and nowhere more so than at the unit level. However, discipline plays a vital role at all levels within the military.

Too frequently, armies treat discipline as a concern regarding the lower levels; a matter to be attended to primarily by non-commissioned officers (NCO's) at the unit level and below. But discipline is important for the proper functioning of the chain-of-command throughout every level of the military. Undisciplined staff NCO's, officers or commanders who hold themselves above the rigors of discipline can do far more harm to the collective effort of the military than any Soldier in the ranks.

Recall the Latin roots of the word discipline, which are derived from the verbs, *discere*: "learn" and *docere*: "teach." Therefore, leaders should not simply correlate discipline with punishment. Leaders should ask themselves, "Do I lead a disciplined life?" and "How do I understand discipline - is it something I am forced to do to get what I want or is it a refined ability to create what I desire?" Discipline is the acquired awareness and



personal implementation of laws, regulations and current situational awareness that affect the good order of a unit. Leaders must also relate discipline to mentoring, learning and the ability to be sensitive to their actions at all times and in all situations.

Within the Joint Task-Force, we find ourselves in the unique position of serving among every branch of the uniformed service and component – Active, Reserve and National Guard. Far too often I have witnessed incidents contrary to what is expected of a professional military organization; incidents defaming a particular service or component of a service. Leaders at every level must find the time to explore the intricacies of each service and share in their respective customs and traditions.

Learn the rank structures and demonstrate your new-found knowledge by properly addressing service members while exchanging daily greetings and have the fortitude to make on-the-spot corrections of those that fail to do so. While my example may seem petty, it is merely a first step or suggestion moving toward a goal of cooperation and unity of effort.

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LEFT SEAT RIGHT SEAT Points to ponder while training for the transition

By Army Spc. Phil Regina

JTF-GTMO Public Affairs Office

As deployment days dwindle for many of the Troopers here, each one looks forward to the time when Guantanamo Bay will switch from a reality to a memory. Before the reality fades, however, each Trooper must ensure that the legacy they leave behind is cemented.

Troopers of the Joint Task Force have taken steps to ensure that the lessons learned are passed on to the next rotation.

This process is known as a left-seat/right-seat ride. This term defines the process of training a replacement. It can be a tedious task, but it is wholly necessary to make sure the transition between units is as seamless as possible.

Ensuring replacements are competent and successful is largely dependent on two things, proper preparation and proper execution.

Proper preparation involves three key things, refining each Trooper's duty assignment, assessing the efficiency and possible improvements and developing a training plan for the incoming unit.

Joint Task Force Inspector General Army Lt. Col. Jim Gribble and Deputy IG Army Lt. Col. Paul Momberger are the two Troopers taking charge of the upcoming left-seat/right-seat ride for the Maryland Army National Guard deployed here.

"When we first arrived here there was no systematic left-seat/right-seat ride plan of action. In order to ensure a proper right-seat/left-seat ride when our replacements arrive, we developed a standardized model for each section here to follow. This model is the Continuity Binder," said Momberger.

"The Continuity Binder serves as both a guide and a reference for replacements. It is a guide for the initial training and serves as a reference for questions that may arise after we leave," added Momberger.

"Within each Continuity Binder we had each Trooper at a duty position define their role, write out their daily routine in detail and put any helpful points of contact for their job," explained Momberger.

The second aspect of a successful left-seat/right-seat ride requires making sure each replacement has a sponsor, implementing the training plan and making sure replacements are capable.

"When our replacements come in, they'll be welcomed by well-trained Troopers that have been doing their job for the past year, as well as a very thorough Continuity Binder. We're setting them up for success," said Gribble.

"Within each continuity binder, there is a task, condition and a standard checklist. The replacements must perform these tasks while the person they're replacing looks on and makes sure they perform it properly. In doing so, we ensure that the efficiency developed after a year of being in GTMO is not lost when a new unit comes in," added Gribble.

Gribble and Momberger look forward to the arrival of everyone's replacements, and given the preparation they have done, everything should go smoothly when they arrive.

"Our main concern is that when the new replacements arrive, they will be walking into a smooth and thorough left-seat/right-seat ride, that way we ensure that everything we've done out here and improved upon continues," added Momberger.



Joint Task Force Troopers peform vehicle maintennace and remain proficient in their basic and job specific tasks. By maintaining proficiency and logging their lessons learned, they are able to help incoming units get up to speed with a smooth transition.

Navy announces Gerald R. Ford class aircraft carrier

Story courtesy Department of Defense

WASHINGTON (NNS) – Secretary of the Navy Donald C. Winter announced Jan. 16, the selection of Gerald R. Ford as the name of the first aircraft carrier in what will be the Gerald R. Ford class of carriers.

The selection honors the 38th President of the United States and pays tribute to his lifetime of service in the Navy, in the U.S. government and to the nation.

"President Gerald R. Ford provided the United States great leadership at a time of constitutional crisis," said Winter. "I am honored to have the opportunity to name the first ship in the new class of aircraft carriers after this great Sailor, this great leader, this great man."

Born in Omaha, Neb., in 1913,

Ford grew up in Grand Rapids, Mich. He starred on the University of Michigan football team where he was a center and team most valuable player in 1934. After graduation he attended Yale Law School, where he served as assistant football coach while earning his law degree.

During World War II he attained the rank of lieutenant commander in the Navy, and served on the light carrier, the USS Monterey. After the war he returned to Grand Rapids, where he began the practice of law, and entered political life.

Ford was the first Vice President chosen under the terms of the Twenty-fifth Amendment and, in the aftermath of the Watergate scandal, succeeded the first President ever to resign; serving as the 37th Vice President (1973-1974)

and the 38th President of the United States (1974-1977). Prior to becoming Vice President, he served for more than eight years as the Republican Minority Leader of the House of Representatives as a representative from Michigan's 5th congressional district.

USS Gerald R. Ford (CVN 78) will be the premier forward asset for crisis response and early decisive striking power in a major combat operation. The carrier and the carrier strike group will provide forward presence, rapid response, endurance on station, and multi-mission capability.

Gerald R. Ford and subsequent Ford class carriers will provide improved war fighting capability, quality of life improvements for sailors and reduced acquisition and life cycle costs.

Security bulletin: Securing Minds

By Frank Perkins

JTF-GTMO Special Security Office

Securing minds is as important as securing data. Our nation's security can be damaged by its everevolving technology, which can work for us as well as against us. It is increasingly commonplace to be connected wirelessly with convenience overriding security consciousness. Many hotels, airports, and other public places offer Internet access service through a Wireless Fidelity (WiFi) hotspot. These networks have been found to put your personal protection and identity at risk of theft. These networks are often poorly configured and allow for uncontrolled accessibility with minimal effort. Potential information thieves could watch as you type an email, pay bills, check your bank account, or conduct other online activities without your knowledge. Even more amazing is that it doesn't take any serious hardware or software "voodoo" to discover or exploit these weaknesses. All that is required is the built-in infrared transmitter that most laptops have, and a piece of software for Linux that is available through a multitude of open sources.

Here are some quick tips for enjoying the convenience of public WiFi while helping to protect your privacy:

- Use a firewall.
- Hide your files. When you use public WiFi, network encryption is often out of your control. Check the privacy statement on the network's Web site to learn about the type of encryption they use. (If they don't have a privacy statement, you're better off not using the network.)
- Don't type in credit card numbers or passwords. If you must enter credit card numbers while using a public wireless network, make sure there is a locked padlock icon at the bottom right corner of the browser window, and make sure the web address begins with https: ("s" for secure).
- Turn off or disable your wireless network when you're not using it.

Mission first, security always! ■

Coast Guard receives approval to move forward with identification system

Story courtesy U.S. Coast Guard

WASHINGTON - The U.S. Coast Guard announced it received formal approval from the Department of Homeland Security to issue solicitations and award contracts to establish initial operating capability for the two-way, maritime data communications system known as the nationwide automatic identification system.

"The nationwide automatic identification system will greatly aid the essential process of identifying, tracking, and communicating with vessels approaching our maritime borders and is a centerpiece in establishing effective maritime domain awareness," said Rear Adm. John P. Currier, the Coast Guard's assistant commandant for acquisitions.

"This is an important milestone for the project as it marks the approval to begin contracting for the initial deployment of this powerful capability," said Capt. Kurtis Guth, automatic identification system project manager. "The nationwide automatic identification system will provide numerous key operational benefits to the Coast Guard, including improved maritime security, navigational safety, and vessel traffic planning. The speed, course and location data collected by this system from vessels carrying international automatic identification system equipment will be used to form an overarching view of maritime traffic within or near the U.S. and its territorial waters."

The nationwide automatic identification system is being developed in three acquisition increments primarily to accelerate deployment of mission critical capabilities. The Coast Guard partnered with the Naval Sea Logistics Center under the first increment to establish receive-only automatic identification system coverage in approximately 60 critical U.S. ports and coastal areas during the current fiscal year. The second increment will involve a full and open competition contract for the design, supply and implementation of a fully integrated system to provide nationwide reception and transmission capabilities. The third and final increment will involve contracts to provide long-range automatic identification system coverage out to 2,000 nautical miles from U.S. shores.

For more information on the project log on to: http://www.uscg.mil/hq/g-a/ais/, and for more information on automatic identification system technology, standards and carriage requirements log on to: http://www.navcen.uscg.gov/enav/ais/.

Network News

Web Filtering Software

By Air Force 1st Lt. Jim Northamer

JTF-GTMO Information Assurance Officer

While surfing the Internet at work, many folks have stumbled, either intentionally or unintentionally, onto a website that's blocked by website filtering software managed by the JTF-GTMO Information Assurance Office. This software, called WebSense, displays this message: "JTF-GTMO's Internet use policy, in accordance with USSOUTHCOM Regulation 1001, restricts access to this web page at this time." The software message displays more information, such as where you were trying to go, why it's blocked, etc. People typically respond to these messages one of two ways. They either panic and think, "I'm going to get in trouble," or get frustrated and think, "Why would these guys block a perfectly legitimate website?" Both of these are reasonable responses. However, this software is not intended to elicit either.

WebSense is a tool that allows the JTF-GTMO IA Office to monitor Internet usage and to block certain websites that

have been known to contain malicious code, prohibited content, or otherwise inappropriate material. It's one of the many programs that run on our network that keep the bad guys out and prevent network users from inadvertently introducing a virus or other vulnerability to our global network. It can, however, become frustrating for you if you cannot access the websites your job requires.

If you ever find yourself blocked from a website that you need to access to perform your official duties, there's a simple way to get to it. When you receive the aforementioned message, you'll also see a message that says, "Click HERE to request access to this site. Please include the URL and a justification." Clicking on the link will generate an e-mail that'll go to the J6 Help Desk and the IA Office. In this e-mail, include a brief justification for needing access to the blocked website. If it's something that should not have been blocked, the IA team will enable access to that website. While web filtering software is a valuable resource that helps us do our jobs, its value is lost if it hinders you from doing yours. When this happens, let us know and we will get you the access your duties require.

If you ever have any questions or concerns about a computer security issue, please feel free to contact the JTF-GTMO IA Office at j6-ia@jtfgtmo.southcom.mil or ext. 3333. ■

Schottenheimer to return to Chargers in 2007

By Bernie Wilson

AP Sports Writer

SAN DIEGO (AP) -- Marty Schottenheimer will return as coach of the San Diego Chargers next season, but turned down a oneyear extension for 2008 worth \$4.5 million.

Three days after the talented Chargers melted down in a 24-21 playoff loss to New England, team president Dean Spanos announced that the embattled coach will be back for the final year of his contact.

Speculation grew following Sunday's loss that Schottenheimer might be fired due in part to the front office's expectations of a Super Bowl run, and to the coach's icy relationship with general manager A.J. Smith.

"I have decided that Marty Schottenheimer is the best person to lead the Chargers in the 2007 season," Spanos said in a statement Wednesday. "General Manager A.J. Smith and I agree on this fundamental point."

Spanos said Schottenheimer was offered a one-year, \$4.5 million contract extension, with a \$1 million buyout.

"He decided not to accept this extension and I respect his decision," Spanos said.

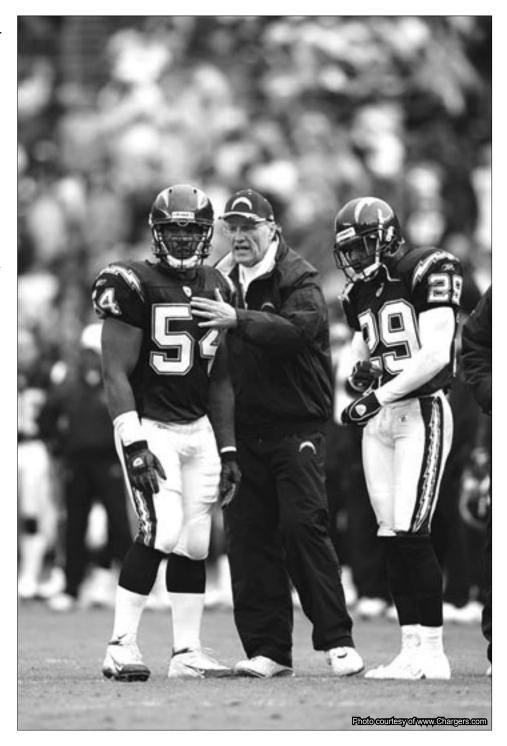
Schottenheimer, the most successful coach never to reach the Super Bowl, didn't give a specific reason for declining the extension.

"I'm very comfortable with fulfilling the contract I signed several years ago," he said at a news conference.

Spanos and Smith did not attend the news conference.

The Chargers failed to advance in the playoffs despite their NFL-best 14-2 record.

Schottenheimer's career playoff record dropped to 5-13. ■



Despite the challenges faced during the post-season this year, San Diego Chargers head coach Marty Schottenheimer will return to helm the team once again in the 2007 season. Schottenheimer was offered a contract extention for the 2008 season worth \$4.5 million, but he turned it down for unspecified reason, although some speculate it may be due to the Charger's lackluster performance in this year's post-season games and his reportedly strained relations with the team's general manager, A.J. Smith. Expectations reamin high for both Schottenheimer and the team he leads onto the field this fall.

With Shaq hurt, Mourning rising in middle for Miami



Age is nothing but a number, in the eyes of Alonzo Mourning, and the only one he's interested in is the number of points his team, the Miami Heat, puts on the score board. He has come into the game as a starter while Shaquille O'Neal heals froom knee surgery.

By Scott Boeck

USA Today

Miami Heat center Alonzo Mourning doesn't care about the number of minutes he racks up or whether he starts. "I just want to win," Mourning says emphatically.

Mourning has been the starting center for 26 of the Heat's 30 games this season while Shaquille O'Neal recovers from knee surgery. O'Neal, who has played in just four games and last played Nov. 12, could return to the lineup Jan. 15 against the Los Angeles Lakers when the Heat complete a six-game road trip. He is expected to start running and practicing soon.

Mourning, a veteran who came back from kidney surgery in 2004, has showed no signs of slowing or his body breaking down despite the additional minutes and pounding.

He keeps his body in great shape. He says he hasn't changed his workout routine to fit his current role as a starter and is not worried about his aging body (he turns 37 on Feb. 8) come March and April.

He is averaging 23.6 minutes a game, nearly four more than last year. The last time he averaged more than 23 minutes was in 2001-02 (32.7).

Coach Pat Riley has been using Michael Doleac about 12 minutes a game to rest Mourning.

"He'll let me know how his body his doing," Riley says of Mourning. "I'm not worried about that."

Mourning, one of the most coveted backup centers in the league, has been filling up the defensive stat sheet on a nightly basis, looking like the Mourning of old, not an old Mourning.

Starting isn't a new role for Mourning. He was a full-time starter and a four-time All-Star during his first 10 seasons in the league.

"We need a back-to-the-basket guy," Riley says. "And he can still, in the right situations, when he's deep, play down low. And we need that game." ■

Pigskin Picks	Army Col. Dennis Army Command Sgt Maj. Plemmons Joint Detention Group	Army Maj. Pearson Army Command Sgt. Maj. Vanwyngarden Joint Detention Group	Navy Cmdr. Winter Navy Command Master Chief Conley Joint Detention Group	Army Col. Tucker Army Sgt. Maj. Diaz Joint Task Force Public Affairs	Army Capt. Hughes Army 1st Sgt. Fitzgerald Headquarters, Headquarters Company
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Sunday 6:30 p.m. New England (14-4) at Indianapolis (14-4)	Indianapolis	0 4 0 5	New England	Indianapolis	Indianapolis

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Photo by Navy Chief Petty Officer Timm Duckworth

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Photo by Navy Chief Pe

By Navy Petty Officer 2nd Class Trevor Andersen

JTF-GTMO Public Affairs Office

Alternative rock band, State of Man, toured Guantanamo as part of their tour for Morale Welfare and Recreation. They performed at Club Survivor, The Bayview and the Windjammer clubs to entertain the Troopers with a positive message.

They felt honored to be here, said John Stringer, lead singer for State of Man. "We play music for people who can use it," he said.

While playing at Club Survivor, the power went out. Dedicated to giving the troops a good show, Stringer picked up an acoustic guitar and played an "unplugged" set with nothing but a flashlight to illuminate the fret board.

During their tour, State of Man gave Troopers the opportunity to download their whole album online for free. ■



The road to financial health How to protect your credit rating

By Navy Petty Officer 2nd Class Trevor Andersen

JTF-GTMO Public Affairs Office

With the recent increase in Hazardous Duty Pay in Guantanamo and promotions for several Troopers in the Joint Task Force, It's easy to take that extra money and blow it on luxury items like a *Nintendo Wii* or the "party-bus" for sale in the Navy Exchange parking lot.

It's easy to do a lot of things, like getting fat or getting into debt, but it's the hard things that ultimately bring us to where we want to be. Taking charge of your finances is one of those hard things.

"The first step to budgeting is to develop a written plan," said Paul Walker, the personal financial management specialist for GTMO.

"There are four areas you need to take into account: your current income, your estimated living expenses, savings and investments, and debt."

Walker recommended "paying yourself first" by putting money in your savings as if it were a monthly bill. "The best way to do that is to take it out electronically," said Walker.

No one wants to take financial advice from someone in the poor house, but Walker takes his own advice and it's served him well.

"I've had this job for almost seven-years and it's helped me personally. With all the classes I've taken for this job, I've learned how to manage my own finances," Walker said. "If you can't save in Gitmo, you'll have a hard time doing it anywhere else."

The Thrift Savings Plan is a great way to contribute to your retirement, said Walker. "Where savings is a short-term investment, TSP is long-term. Everyone

should take advantage of it, especially if they don't already have investments," he said. "It's tax-deferred. That means you don't pay taxes until you cash in at retirement," Walker said.

Investments are tricky, even with something intentionally simple like TSP. That's why Walker teaches classes on everything finance related. "I do regular trainings on TSP, in fact I have one coming up," said Walker.

It may not be easy to take charge of your finances, but as a servicemember, you always have help.

"I encourage you, if you don't have a financial plan, give me a call. I have all kinds of tools to get you set on the right path," said Walker.

You can reach Paul Walker at the Fleet and Family Support Center at ext. 4050. ■

De-Stigmatizing

By Navy Petty Officer 2nd Class Tanniesha Watts

Joint Stress Mitigation and Restoration Team

Everyone deals with a little combat or operational stress in this environment. The pressures of being in an operational zone away from family and friends can build up for any Trooper. While there is a normal amount of daily stress, when stress levels become overwhelming, there is a team of qualified professionals and paraprofessionals ready and willing to help you out.

The Joint Stress Mitigation and Restoration Team (JSMART) /Combat Stress Control are staffed by a clinical psychologist and two psychiatric technicians.

The JSMART team always has the Trooper's mental health and the organization's mission in mind. Basically, our job is to keep you on your job. We give our members the tools and support to cope with stress.

When you come to JSMART for any issue or just for some advice, your disclosures are confidential, unless there is a significant violation of the Uniform Code of Military Justice or the mission is at risk.

Personal information of members seen by JSMART may not be shared with persons, offices or organizations outside of those not directly involved with the member's care.

In addition to "GTMO-stress," JSMART can evaluate members for mental health conditions (e.g., anxiety, depression) and provide diagnosis, documentation and treatment of combat-related post-traumatic stress disorder.

Sometimes members just want to come by and ask questions about what they are experiencing, to find out if they are "normal." Many troopers drop by to vent, to get a bottle of water or just to grab a free Frisbee. So, walking through our door is not a sign of mental illness.

Drop by any time, or call ext. 3566 to schedule an appointment. ■

Credit where it's due

Young or old, realizing the importance of maintaining your credit rating while practicing fiscal responsibility is one of the keys to a bright future free of financial woes and worries.

By Army Spc. Jonathan Mullis

JTF-GTMO Public Affairs Office

If you've ever applied for a credit card, a personal loan or insurance, then there's a file about you. This file, while it may seem innocuous, is anything but. It contains information on where you live and work, how you pay your bills, and whether you've been sued, arrested or filed for bankruptcy.

The most common agency to have this information is called the credit bureau. The credit bureau is generally referred to as a Consumer Reporting Agency and the information CRAs sell about you goes to creditors, employers, insurers, and a myriad of other businesses.

If you haven't begun to grasp the gravity of your credit report, picture this; you're 36 years-old and married with two kids. You and your spouse have recently decided to stop renting and want to get a place of your own. As is often the case, the two of you don't have enough money to buy the house all at once and need to take out a loan from the bank in order to help fund your "next big step."

Unfortunately, your late cell phone payments and his delinquent car bills have collectively damaged your credit report and you are going to be charged a much higher interest rate on your loan. Over the years the two of you will end up spending thousands of extra dollars on your mortgage and will have to forfeit things like the family vacation or your son's braces. In a nutshell, your credit report is an in-depth look at you and your money and, in particular, how good you are about paying back borrowed money.

Just as there are lots of ways to damage your credit, there are lots of ways to improve it as well. Any time you purchase something with a payment plan, you have a chance to positively affect your credit.

Whether it's a brand new car or something as simple as a gym membership, your ability to make the payments on time will raise what's referred to as your credit score. The higher your credit score the better your name looks on a piece of paper, and consequently the better interest rate you will get on any loans you apply.

If by reading this article you're now interested in finding out about your credit score and where you stand in today's consumer market, visit one of the following sites to learn more. The more you know, the more you stand to be prepared for the



future. It's also an extremely helpful tool in the fight against identity theft. Checking your credit report regularly will enable you to track the progression of your credit score. It will also make you aware of any erroneous purchases made in your name.

Your financial standing can make or break many of the plans in your life, which is why it's essential to continually educate yourself and plan for the future.

http://www.ftc.gov/bcp/conline/pubs/credit/freereports.htm

http://www.credco.com

http://www.equifax.com/cs/ Satellite?pagename=Home

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Reunion Issue #5

By Army Chaplain (Lt. Col.) Ron Martin-Minnich

JTF Command Chaplain

Deployment Cycle Support (DCS) briefings and specific tasks were created by the military to safeguard the Troopers and their families against the pitfalls of post-deployment reunions. Troopers and their family members have similar experiences, but each has a different way of looking at his experience. The process of reuniting involves each party taking the time to understand the other's point of view: the time of separation, the challenges that were experienced, the anger that was felt and the changes that Troopers and family members have experienced.

The briefings required by all out-processing members of the Joint Task Force are Department of Defense mandated briefings. No one is allowed to leave Guantanamo Bay without completing these DCS briefings.

Our families have similar reunion briefings provided to them with their specific experiences addressed. Simply, our family members did not experience service at GTMO, so they don't receive our identical briefings. Family Readiness (Reserves and National Guard), Family Assistance Centers and Fleet and Family Support Centers (Navy) provide the briefings for our families.

The difference with them is that no one can order them to attend. Our personal encouragement may be the deciding factor in their participation. The benefit for them, and for the troopers, is a smoother, better informed reunion process. For example, the more they understand why we may have problems sleeping at first and the more we understand their desire for us to take back some of our responsibilities to them, the sooner our feelings about being home will return to normal.

Seek professional and sympathetic support if you are having a difficult time adjusting to your stateside life through your chaplain and family readiness and support programs and staff.

SURVIVING SEPARATION

By Army Chaplain (Lt. Col.) Ron Martin-Minnich

JTF Command Chaplain

This week's action item is:

Action Item #5 - Attend Reunion Briefings.

Tell Your Family to attend their Reunion Briefings back home. Family members need the same information that we are required to have.

WEEKEND WEATHER FORECAST

Veather forecast provided by www.weather.com

Saturday, Jan. 20

Partly cloudy. Highs in the upper 80's, and lows in the upper 60's.



Windy/Partly Cloudy

Sunrise: 6:38 a.m. Sunset: 5:45 p.m.

Chance of Rain: 20%

Sunday, Jan. 21

Partly cloudy with a chance of showers overnight. Highs in the upper 80's, and lows in the lower 70's



Partly Cloudy

Sunrise: 6:38 a.m. Sunset: 5:46 p.m.

Chance of Rain: 20%

Monday, Jan. 22

Partly cloudy. Highs in the upper 80's, and lows in the upper 60's.



Partly Cloudy

Sunrise: 6:38 a.m. Sunset: 5:47 p.m.

Chance of Rain: 20%



- Stranger Than Fiction -Rating: ★★★★

Rated: PG13

Duration: 113 minutes

MOVIE REVIEW (ORNER

with Navy Petty Officer 2nd Class Trevor Andersen's review of: "Stranger Than Fiction"

Imagine walking through life, following your daily routine with no real plan for the future. Now imagine you start to hear a voice narrating your life. Even worse, the voice keeps foreshadowing your impending death.

That's exactly what Harold Crick, played by Will Ferrell, is dealing with in the new cinematic feature, *Stranger Than Fiction*. Harold, an IRS employee, tries to evade the death his narrator has promised him in any way he can. In so doing, he finally comes alive, follows his dreams and falls in love.

Ferrell was excellent as Harold Crick, but if you're looking for another *Talladega Nights*, this is not it. It is, however a great film worth watching at least once.

If nothing else, I left encouraged and in a good mood.

This movie was entertaining and had an interesting premise. I really enjoyed it, but I thought the ending was a little unsatisfying.

That being said, I give Stranger Than Fiction four stars and I recommend seeing it when you're in the mood for a light-hearted comedic drama.

Boots on the Ground:

"What have you learned by being deployed to GTMO?"



"Serving here has help me grow as an officer in a joint environment."

-Air Force 1st Lt. Kevin McNeely



"Being out here helped me realize how fragile our freedom is and changed the way I think about the liberties we have in the states." -Army Sgt. Robert Artis



"Serving here in GTMO has helped me appreciate my family more."

-Petty Officer 2nd Class Leilani Degruy



"Serving at GTMO has given me a greater apprecaition for each service's contribution to the War on Terror."

-Air Force 1st Lt. Sherri Carr

TIME IS TIMELY

By Army Chaplain (Lt. Col.) Ron Martin-Minnich

JTF Command Chaplain

Here are a few one-liner thoughts dealing with time. Why this word? Well, because it seems to be a word we all use often. "We don't have time." "We need more time." "It is time to do something." "It's about time." Get the point? Well, it's about time.

1. If you want your dreams to come true, don't oversleep.

Wake up! Get started in making the dreams come true. It can only happen if you take the time to put effort into thoughts. Dreams are often and quickly forgotten, but not reality. Make the dreams a reality.

2. One thing you can't recycle is wasted time.

Once a moment goes by, it will never return again as it came. Lost moments and opportunities fill our memories. Can you imagine the lost opportunities you are not even aware of? Relaxing or working is not wasted if it is what you need to do. Seize the moment.

3. The heaviest thing to carry is a grudge.

It is time to let go. It is time to feel peace and healing. Your heart has been broken but it doesn't have to remain so. Take time to bring the pieces together. This can only be done if you remove the poison of grudges and hatred. You have been forgiven, why can't you do the same for others?

I hope these thoughts are timely and I hope it didn't take too much time to read. However, it will take much more time to do. Start now.

Never forget that the tasks you have to complete to redeploy and reunite with your family and friends require action before you leave an assignment. You can't think through thoughts and plans while the chaos of readjusting to home and loved ones is taking place. The tasks of redeploying can't not be put off until tomorrow. If you fail to plan, you plan to fail.

Ironically, the Sermon on the Mount (Matthew 6: 25-34) does assure us that God knows what we need and is always looking after us. Still, this does not mean that God does everything for us as though we are helpless infants in a cradle. It means don't be crippled by worry and get to the tasks of daily life with the promise of God's support assured.



CAMP AMERICA WORSHIP SCHEDULE

Sunday	9:00 a.m.	Protestant Service	Troopers' Chapel
	5:45 p.m.	Confessions	Troopers' Chapel
	6:30 p.m.	Catholic Mass	Troopers' Chapel
	7:30 p.m.	Evening Prayer	Troopers' Chapel
Wednesday	7:30 p.m.	Soul Survivor	Camp America
			North Pavilion

Naval Base Chapel							
9:00 a.m. Ca 9:00 a.m. Ch		Pentecostal Gospel Catholic Mass Church of Jesus Christ of Latter-day Saints	Room 13 Main Chapel Sanctuary A				
Monday	11:00 a.m.		Main Chapel Sanctuary B Main Chapel Main Chapel Room 13				
Mon. to Fri. Wednesday Friday Saturday	7:00 p.m. 6:00 p.m. 7:00 p.m.	Fellowship	Fellowship Hall Room 8 Main Chapel Fellowship Hall Sanctuary C Main Chapel Main Chapel				

Jewish Shabbat Services held every second Friday at 7:30 p.m. in the Naval Base Chapel complex Room 11.

DAVID EVANS





By Army Spc. Phil Regina

JTF-GTMO Public Affairs Office

Though the concept of home may mean different things to different people, for many Troopers home is a shaggy-faced friend. Whether it's the soothing sound of a cat's meow or a saliva-laden kiss of a canine companion, pets are often a source of great happiness. Being deployed to Guantanamo Bay takes Troopers far away from friends and family, and often the simple joy of petting a dog is all it takes to bring you nome.

For David Evans, joy is bringing this reminder of home to the Troopers.

Evans, the senior performance assessment representative for public works here, is an amateur dog trainer. He has been here for 18-months and he, along with his dog, Briar, has done a lot to help boost the morale of the Troopers.

Briar is an Airedale Terrier He has an American Kennel

about 10 years now, and 1 m nappy to be able to snare that with the residents here at GTMO," said Evans.

"I'm a part of a program called Human Animal Bonding It is done through the Red Cross. The program aims at boosting the morale of the Troopers stationed here by bringing dogs around the Troopers in Camp America," explained Evans.

Though the Troopers here may have left behind a lot. Evans' efforts are a simple, sublime gesture that helps bring joy to Troopers who need it.

"When Briar and I go out to the camps, and I see the Troopers' faces just light up when we come around, that has to be just about one of the most rewarding feelings. My whole aim was to bring a little bit of home to the Troopers. they're far away from friends and family and I know giving the Troopers the opportunity to interact with a pet means lot." Evans said. ■



Army Spc. Peter Butkus of the 29th Infantry Divison, Maryland Army National Guard, cuts open a box of vehicle supplies as part of a routine inspection late Tuesday morning.

AROUND THE



Army Spc. Steven Deitchman lends a helping hand to a friend by checking his oil and giving him some well-needed pointers on routine vehicle maintenance.



Coast Guard Petty Officer 2nd Class Mike Henckler and Coast Guard Petty Officer 2nd Class Benjamin Olson of the U.S. Coast Guard Port Security Unit 301, change throttle and shift cables for the upward engine on a Viper Boat.



Navy Petty Officer 1st Class Laurence E. Lewis receives the Navy and Marine Corps Achievement Medal from Navy Expeditionary Guard Battalion commander, Navy Cmdr. Kris Winter, for his exceptional service and dedication to duty while inside the wire.